

# You Are Reliable

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Ron Bloye (UK) April 2018

**Music:** I Turn To You - by Melanie C (Stonebridge R&B Radio Mix) 3.36min - E.P. slow version

## Music available on Amazon & iTunes

**Intro : 16 Counts 1 Restart: Wall 6 after 16 counts**

**Sect: 1 - Side Together - Chasse Right - Cross Rock -  $\frac{1}{4}$  Shuffle (9 o'clock).**

1 - 2      Step Right to Right Side - Close Left beside Right.

3&4      Step Right to Right Side - Close Left beside Right - Step Right to Right Side.

5 - 6      Cross Left over Right - Recover on Right.

**7&8 $\frac{1}{4}$  Turn Left Shuffle Forward - Left - Right - Left. (9 o'clock).**

**Sect: 2 -  $\frac{1}{4}$  Turn Left - Right Shuffle Forward - Rock Recover Coaster Step.**

1 - 2      Step Forward Right - Turn  $\frac{1}{4}$  turn on Left. (6 o'clock).

3&4      Right Shuffle Forward - Right - Left - Right. .

5 - 6      Rock Forward Left - Recover on Right.

7&8      Step back Left - Step Right next to Left - Step Forward Left.

**Sect: 3 - Rock Recover -  $\frac{1}{2}$  Turn Shuffle - Walk - Walk - Mambo Step.**

1 - 2      Rock Forward Right - Recover on Left.

**3&4 $\frac{1}{2}$  Turn Shuffle (over Right Shoulder) - Right - Left - Right. (12 o'clock).**

5 - 6      Walk Forward Left - Walk Forward Right.

7&8      Mambo Step - Left Forward - Recover on Right - Step Left Back.

**Sect: 4 - Walk Back - Right - Left -  $\frac{1}{4}$  Turn Sailorstep - Rock Rec - Coaster Cross.**

1 - 2      Walk Back Right - Walk Back Left.

3&4      Cross Right Behind Left  $\frac{1}{4}$  turn - Rock Left to Left - Step on Right (3 o'clock).

5 - 6      Rock Forward Left - Recover on Right.

7&8      Step Back Left - Step Right Beside Left - Cross Left Over Right.

**Restart on Wall 6 after 16 counts.**

**Ending: Last wall Starts on (3 o'clock) Dance 16 counts then Rock Rec turn  $\frac{1}{4}$  (12 o'clock)**

**Dance intended to introduce - a  $\frac{1}{4}$  Turn Sailorstep to Beginners**

**Music:- On iTunes type in Melanie C E P - click on " see all" and scroll down to No 34 (3.36)**

**Many thanks to Ann-Kristen Sandberg (Norway), who sent me the music.**