

Strong Is The Man

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Count: 48

Wall: 2

Level: Newcomer - Rise & Fall

Choreographer: Miguel Sastre (22 November 2016)

Music: Strong is the Man by The Murphy's

Start on Lyrics or 24 Counts

S1: Twinkle L , Twinkle $\frac{1}{4}$ Turn R to R

1,2,3LF Cross Step Diagonal R , RF Step Side, LF Step Fwd Diagonal L

4,5,6RF Cross Step Diagonal L , LF Step Side, RF $\frac{1}{4}$ turn Step Fwd

S2: Basic Waltz Fwd & Back

1,2,3LF Step Fwd , RF Step near LF , LF Step in place

4,5,6RF Step Back, LF Step near RF, RF Step in place

S3: Basic Waltz $\frac{1}{2}$ turn to L , Basic Waltz Back

1,2,3 $\frac{1}{8}$ turn LF Step Fwd, $\frac{1}{4}$ turn RF Diagonal Step back, $\frac{1}{8}$ turn Lf Step Back

4,5,6RF Step Back, LF, Lf Step near RF, RF Step in place

S4: Step Fwd , Point R , Hold , Step Back , Cross Touch , Hold

1,2,3LF Step Fwd, RF Point Side, Hold

4,5,6RF Step Back, LF Touch Cross Fwd RF, Hold

S5: Step Fwd , Hich , Kick , Step Back , Point Back Diagonal L , Hold

1,2,3LF Step Fwd , RF Hich & Kick Diagonal R

4,5,6RF Step Back , LF Point Back Diagonal L , Hold

S6: Step L & R Fwd , $\frac{1}{4}$ Turn to L , Wave to L

1,2,3LF Step Fwd , RF Step Fwd , $\frac{1}{4}$ turn to L With LF Step in place

4,5,6RF Cross Step over LF , LF Step Side , RF Behind Step To L

S7: Step Side To L , Touch , Hold , $\frac{1}{2}$ Step Point to R , Hold

1,2,3LF Step Side , RF Touch Together LF , Hold

4,5,6 $\frac{1}{4}$ turn RF Step Fwd , $\frac{1}{4}$ turn LF Point Side , Hold

S8: $\frac{1}{2}$ Step Point to L , Hold , Step Back , Point , Hold

1,2,3 $\frac{1}{4}$ turn LF Step Fwd , $\frac{1}{4}$ Turn to RF Point Side, Hold

4,5,6RF Step Back Diagonal L , LF Point Back Diagonal , Hold

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