

Silent Wings

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Count: 64 **Wall:** 2 **Level:** Improver

Choreographer: David Sinfield (March 2013)

Music: On Silent Wings by Tina Turner (105 bpm - iTunes)

Note: Choreographed in memory of my dancer Joan who lost the battle with cancer

Start dance on Lyrics

WEAVE LEFT, CROSS SHUFFLE, SIDE ROCK

- 1-2 Cross right over left, step left to left
- 3-4 Cross right behind left, step left to left
- 5&6 Cross right over left, step left to left, cross right over left
- 7-8 Rock left to left side, replace weight on right

BEHIND, SIDE, CROSS SHUFFLE, SIDE ROCK, SAILOR ¼ TURN RIGHT

- 1-2 Cross left behind right, step right to right
- 3&4 Cross left over right, step right to right, cross left over right
- 5-6 Rock right to right, replace weight onto left
- 7&8 Cross right behind right, step left to left, step right into ¼ turn right

ROCK FORWARD, SHUFFLE ½ TURN LEFT X 3

- 1-2 Rock forward on left, replace weight onto right
- 3&4 Shuffle ½ turn left stepping left-right-left
- 5&6 Shuffle ½ turn left stepping right-left-right
- 7&8 Shuffle ½ turn left, stepping left-right-left

ROCK STEP, COASTER, SIDE TOGETHER, LEFT CHASSE

- 1-2 Rock forward right, replace weight onto left
- 3&4 Step right back, step left beside right, step right forward
- 5-6 Step left to left, close right beside left
- 7&8 Step left to left, close right beside left, step left to left

FORWARD ROCK, BACK ROCK, STEP HOOK WITH ½ TURN LEFT, LEFT SHUFFLE

- 1-2** Rock forward right, replace weight onto left
- 3-4** Rock back right, replace weight onto left
- 5-6** Step right forward, on the ball of right turn $\frac{1}{2}$ turn left hooking left over right
- 7&8** Step left forward, close right beside left, step forward left

CROSS POINT, CROSS POINT, CROSS UNWIND $\frac{1}{2}$ TURN, KICK BALL CHANGE

- 1-2** Cross right over left, point left to left
- 3-4** Cross left over right, point right to right
- 5-6** Cross right over left, unwind $\frac{1}{2}$ turn left(keeping weight onto left)
- 7&8** Kick right forward, step right down, step left in place with right

SIDE, BEHIND, SHUFFLE $\frac{1}{4}$ TURN RIGHT, STEP PIVOT, SHUFFLE $\frac{1}{4}$ TURN RIGHT

- 1-2** Step right to right, step left behind right
- 3&4** Shuffle $\frac{1}{4}$ turn right stepping right-left-right
- 5-6** Step left forward, pivot $\frac{1}{2}$ turn right
- 7&8** Shuffle $\frac{1}{4}$ turn right stepping left-right-left

CROSS ROCK, CHASSE RIGHT, CROSS ROCK, CHASSE $\frac{1}{4}$ TURN LEFT

- 1-2** Cross rock right over left, recover on left
- 3&4** Step right to right, close left beside right, step right to right
- 5-6** Cross rock left over right, recover on right
- 7&8** Step left to left, close right beside left, step left into $\frac{1}{4}$ turn left