

# That's Alright Mama

LINEDANCE.COM

**Count:** 40      **Wall:** 2      **Level:** Improver

**Choreographer:** Mal Jones (UK)

**Music:** That's Alright Mama by Alan Gregory

**Music available as free download at: [www.alangregory.me.uk](http://www.alangregory.me.uk)**

## **FORWARD MAMBO, BACK LOCK STEP, BACK MAMBO, FORWARD LOCK STEP.**

- 1 & 2**      Rock forward on right. Recover on Left. Step Right beside Left.
- 3 & 4**      Step back on Left. Cross Right over Left. Step back on Left.
- 5 & 6**      Rock back on Right. Recover on Left. Step forward on Right.
- 7 & 8**      Step forward on Left. Cross right behind left. Step forward on left.

## **STEP ¼, CROSS SHUFFLE, FORWARD ROCK, ¼ COASTER TURN.**

- 1, 2**      Step forward on Right. Pivot ¼ turn Left.
- 3 & 4**      Cross Right over Left. Step Left to Left side. Cross Right over Left.
- 5, 6**      Rock forward on Left. Recover on Right.
- 7 & 8**      Sweep Left foot from front to back making ¼ turn Left step back on Left. Step back on Right. Step forward on Left.

## **SIDE TOGETHER FORWARD, SHUFFLE FORWARD, ROCK RECOVER, RIGHT ½ SHUFFLE.**

- 1 & 2**      Step Right to Right side. Step Left next to Right. Step forward Right.
- 3 & 4**      Step forward on Left. Step Right next to Left. Step forward on Left.
- 5, 6**      Rock forward on Right. Recover on Left.
- 7 & 8**      Right shuffle making ½ turn Right stepping Right. Left. Right .

## **TOE HEEL STEP, SHUFFLE FORWARD, ROCK RECOVER, LEFT ½ SHUFFLE.**

- 1 & 2**      Touch toes of Left foot, with toes turned in towards right instep . Touch heel of Left foot forward. Step and place left foot forward.
- 3 & 4**      Right shuffle forward stepping. Right. Left. Right.
- 5, 6**      Rock forward on Left. Recover on Right.
- 7 & 8**      Left shuffle making ½ turn Left stepping Left. Right. Left.

## **SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, BEHIND SIDE STEP.**

- 1, 2** Side rock on Right. Recover on Left.
- 3 & 4** Cross right over Left. Step Left to Left side. Cross Right foot over Left.
- 5, 6** Side rock on Left. Recover on Right.
- 7 & 8** Cross Left behind Right. Step Right to Right side. Step forward on Left.

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=87363](https://www.linedance.com/index.php?f=dance_view&id=87363)