

STRETCH YOUR LEGS

LINEDANCE.COM

Count: 32

Wall: 2

Level: Beginner / Intermediate

Choreographer: Larry Bass

Music: Bad For Good by Deryl Dodd

KICK & ROMP & STEP ¼ TURN; SAILOR SHUFFLES

- 1&2** Kick right foot forward, & step right foot back; touch left heel forward
- &** Step left foot beside right
- 3-4** Step right foot forward; turn ¼ turn left onto left foot
- 5&6** Step right foot behind left, step left foot to left, step right foot diagonally forward to right
- 7&8** Step left foot behind right, step right foot to right, step left foot diagonally forward to left

SYNCOPATED BEHIND CROSS STEPS; SAILOR SHUFFLE, SAILOR SHUFFLE WITH HEEL TOUCH

- 9&** Cross right foot behind left, step left foot to left
- 10&** Cross right foot behind left, step left foot to left
- 11&** Cross right foot behind left, step left foot to left
- 12** Cross right foot behind left
- 13&14** Step left foot behind right, step right foot to right, step left foot diagonally forward to left
- 15&16** Step right foot behind left, step left foot to left, touch right heel diagonally forward to right

VAUDEVILLE STEPS; CROSSOVER SHUFFLE, SIDE ROCK, ¼ TURN

- &17** Step right foot slightly back, cross left foot over right
- &18** Step right foot slightly to right, touch left heel diagonally forward to left
- &19** Step left foot slightly back, cross right foot over left
- &20** Step left foot slightly to left, touch right heel diagonally forward to right
- &21** Step right foot slightly back, cross left foot over right
- &22** Step right foot slightly to right, cross left foot over right
- 23-24** Step right foot to right; rock onto left foot while turning ¼ turn left

FORWARD SHUFFLE, STEP PIVOT; TURNING SHUFFLE, ROCK STEP

- 25&26** Shuffle forward right, left, right

27-28 Step left foot forward; turn ½ turn right onto right foot

29&30 Shuffle left, right, left while turning ½ turn right

31-32 Step right foot back; rock forward onto left foot

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=40874