

# Wings

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**Count:** 64      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Anne Herd (March 2012) Version 2

**Music:** Wings by Delta Goodrem. CD: Single (120bpm) 3:27 - iTunes

## **Intro: Start on lyrics 16 counts in, weight on L - CW**

### **S1: WALK FORWARD, CROSS SAMBA, WALK FORWARD, CROSS SAMBA**

**1-2-3&4**      Walk fwd stepping R L. Cross R over L, Step L to side, Step R to side

**5-6-7&8**      Walk fwd stepping L R. Cross L over R, Step R to side, Step L to side

### **S2: ½ PIVOT, FULL TURN, ROCKING CHAIR**

**1-2-3-4**      Step fwd on R, Turn ½ L, Weight to L, Make a full turn over L shoulder stepping R L.

**5-6-7-8**      Rock fwd on R, Recover to L, Rock back on R, recover to L

### **(Easier option for the full turn, walk forward RL)**

### **S3: RIGHT AND LEFT CROSS, SIDE, BALL JACK**

**1-2-3&4&**      Cross R over L, Step L to side, Cross R behind L, Step L to side, Touch R heel out at 45 degrees, Step R beside L

**5-6-7&8&**      Cross L over R, Step R to side, Cross L behind R, Step R to side, Touch L heel out at 45 degrees, Step L beside R

### **S4: ROCK/ RECOVER, & HEEL & TOUCH & HEEL, HOLD & HEEL & TOUCH**

**1-2&3&4&**      Rock fwd on R/Recover to L, Step back on R, Touch L heel fwd, Step L beside R, Touch R beside L instep, Step back on R

**5-6&7&8&**,      Touch L heel fwd, Hold, Step L beside R, Touch R beside L instep, Step back on R, Touch L heel fwd, Step L beside R

### **S5: ROCK/ RECOVER, HEEL DROPS,**

**1-2-3-4&**      Rock fwd on R/Recover to L, Touch R toe behind L, Drop heel, Step L beside R

**5-6&7-8&**      Touch R toe behind L, Drop heel, Step L beside, Touch R behind L, Drop heel, Step L beside R

### **S6: SIDE ROCK, CROSS UNWIND ¾, V STEP**

**1-2-3-4** Rock R to side, Recover to L. Cross R over L and unwind  $\frac{3}{4}$  L over two counts (Take weight to L)

**5-6-7-8** Step R on the R diagonal, Step L on L diagonal, Step R back to centre, Step L beside R

### **S7: KICK AND POINT, KICK AND POINT, JAZZ BOX**

**1&2-3&4** Kick R fwd, Step R beside L, Point L to side, Kick L fwd, Step L beside R, Point R to side

**5-6-7-8** Cross R over L, Step back on L, Step R to side, Step L beside R

### **S8: SIDE ROCK, CROSS SHUFFLE, $\frac{1}{4}$ , $\frac{1}{4}$ , STEP, SCUFF**

**1-2-3&4** Rock R to side, recover to L, Cross shuffle R over L stepping RLR

**5-6-7-8** Turn  $\frac{1}{4}$  R stepping back on L, Turn further  $\frac{1}{4}$  R stepping R to side, Step fwd on L, Scuff R fwd

### **[64] Begin again**

**Restart: On wall 2 dance to count 48 and restart dance**

**Ending; Dance to count 12 and pivot another  $\frac{1}{2}$  L to 12:00 then continue with the rocking chair.**

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**Last Site Update - 4th Sept 2015**