

The Dock of The Bay

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Count: 32 **Wall:** 2 **Level:** Beginner / Improver

Choreographer: Debra Ciavarella , Melb., Victoria, AUS. (Jan 2017)

Music: (Sittin' on) the Dock of the Bay by Otis Redding, Album: The Definitive Soul Collection: Dock of the Bay 1992 - iTunes

INTRO: 16 Counts in on vocals 2.41 min

Weight on Left, No Tags or Restarts

SEC. 1: R DOROTHY, L DOROTHY, R CROSS ½ UNWIND L, R HEEL GRIND

1-2&R Dorothy: step R forward 45% R, lock L behind R, step R together,

3-4&L Dorothy: step L forward 45% L, lock R behind L, step L together,

5-6R Cross R foot over L, pivot ½ left, right unwind weight on L,

7-8R Step R heel forward grind heel, step back onto L. (6:00)

SEC. 2: R BACK ROCK, R SKATE, L SKATE, R SAILOR, L ¼ SAILOR TURN L

1-2R Step R back, rock forward onto L,

3-4R Skate R forward, Skate L forward,

5&6R Behind L, L beside R, R next to L,

7&8L Turn ¼ left L behind R, R beside L, L next to R. (3:00)

SEC. 3: R PIVOT ½ L, R SHUFFLE FWD, L PIVOT ½ R, L SHUFFLE FWD

1-2R Pivot turn L: step R forward, turn ½ L take weight onto L,

3&4R Shuffle forward R L R,

5-6L Pivot turn R: step L forward, turn ½ R take weight onto R,

7&8L Shuffle forward L R L. (3:00)

SEC. 4: R KICK BALL CHANGE X 2, R WALK ¾ CIRCLE LEFT DIRECTION R,L,R,L.

1&2R Kick R forward, step R together, step L beside R,

3&4R Kick R forward, step R together, step L beside R,

5-6R Step R forward, step L slightly less $\frac{1}{4}$ L,

7-8R Step R slightly less $\frac{1}{4}$ L, step L slightly less $\frac{1}{4}$ L (6:00)

Music fades facing the front!!

REPEAT

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Last Update - 13th Jan 2017