

STAND ON IT

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Count: 32

Wall: 4

Level: beginner dance

Choreographer: A.T. Kinson

Music: Stand On It by Mel McDaniel

VINE RIGHT, KICK OUT TO RIGHT, VINE LEFT, KICK OUT TO LEFT

1-4 Left step behind right, right step to right side, left step in front of right, kick right out to right side

5-8 Right step behind left, left step to left side, right step in front of left, kick left out to left side

LEFT FOOT STEP FORWARD, HOLD, PIVOT ½ RIGHT, RIGHT STEP FORWARD, HOLD, REPEAT

1-4 Left step forward, hold count, pivot ½ right, right step forward hold count

5-8 Left step forward, hold count, pivot ½ right, right step forward hold count

TOE STRUTS- 6 COUNTS, FORWARD ROCK RECOVER

1-2 Touch left toe forward, drop left heel down take weight

3-4 Touch right toe forward, drop right heel down take weight

5-6 Touch left toe forward, drop left heel down take weight

7-8 Rock right forward, recover weight

TAP-TAP, TOUCH, TOUCH, LIFT ACROSS BEHIND, TOUCH TO SIDE, LIFT ACROSS BEHIND WITH ¼ TURN RIGHT, STEP SIDE

1-4 Tap right toe back twice, touch right toe forward, touch right toe out to right side

5-6 Lift right foot up across behind left knee, point right toe out to right side

7-8 Lift right foot up across behind left knee and turn ¼ left, step on right to right side

REPEAT