

# ROLLY POLY

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**Count:** 32                      **Wall:** —                      **Level:** —

**Choreographer:** David Camm

**Music:** Roly Poly by The Dixie Chicks

- 1&2&**        Jump both feet out, jump both feet together, jump both feet back, slap both hands on thighs
- 3&4&**        Step forward on right, scuff left, step forward on left, scuff right
- 5&6&**        Cross right over left, step left to left side, rock back to right, cross left over right
- 7&8**         Step right to right side, rock weight to left, cross right over left
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- 9-10**        Touch left toe to left side (don't take weight), pop right knee (take weight on left)
- 11&12**      Pop left knee (take weight on right), pop right knee (take weight on left), pop left knee (take weight on right)
- 13&14**      Take weight on left as you twist left heel out & step right to right side, step ball of left foot beside right, twist left heel out as you step right to right side
- &15-16**     Step ball of left foot beside right, twist left heel out as you step right to right side, step left beside right
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- 17&18&**     Step left to left side, step right behind left, step left turning  $\frac{1}{4}$  turn left, tap right toe beside left
- 19&20&**     Step right to right side, step left behind right, step right to right side, tap left beside right
- 21&22&**     Step left to left side, step right behind left, step left turning  $\frac{1}{4}$  turn left, hitch right leg turning  $\frac{1}{4}$  turn left
- 23&24&**     Step right to right side, hitch left leg and turn  $\frac{1}{4}$  turn left, turn  $\frac{1}{2}$  turn left stepping forward on left, scuff right
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- 25&26&**     Rock forward on right, rock back on left, turn  $\frac{1}{2}$  turn right stepping onto right, hitch left leg turning  $\frac{1}{4}$  turn right

- 27&28&** Step left to left side, hitch right leg while turn  $\frac{1}{4}$  turn right, turn  $\frac{1}{2}$  turn right stepping onto right, scuff left foot forward
- 29&30&** Rock forward on left, rock back on right, turn  $\frac{1}{2}$  turn left stepping on to left, hitch right turning  $\frac{1}{4}$  turn left.
- 31&32&** Step right to right side, hitch left leg turning  $\frac{1}{4}$  turn left, turn  $\frac{1}{2}$  turn left stepping on to left, step right next to left.

**REPEAT**