

Bare My Soul

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Count: 32

Wall: 2

Level: Intermediate

Choreographer: Darren Bailey (UK), Fred Whitehouse (IRE), Roy Verdonk (NL) & Daniel Trepát (NL) - July 2022

Music: - Thundermother

Intro: 20 Counts, Start at approx 21 secs

SEC 1: Back Rock, ¼ Side, Behind Hitch, Behind, ¼ Step, Step, ½ Pivot Sweep, Step Sweep, Weave

1-2a Rock right back, recover weight onto left, turn ¼ left step right to right (9:00)

3-4a Step left behind right hitching right, step right behind left, turn ¼ left step left forward (6:00)

5-6 Step right forward, pivot ½ left transferring weight onto left sweeping right from back to front (12:00)

7 Step right forward sweeping left from back to front

8&a Cross left over right, step right to right, step left behind right

SEC 2: Side Rock, Cross, ¼ Step Sweep, Twinkle, Cross ¼ Hitch, Walk Run Run ½ Hitch, Run Run Run

1-2 Rock right to right, recover weight onto left

a3 Cross right over left, turn ¼ left step left forward sweeping right from back to front (9:00)

4&a Cross right over left, rock left to left, recover weight onto right,

5 Cross left over right turn ¼ left hitching right (6:00)

6a7 Step right forward, step left forward, step right forward turn ½ right hitching left (12:00)

8&a Step left forward, step right forward, step left forward

SEC 3: Push, Push, Push, Step, Step, ½ Pivot, Push, Push, Push, Twinkle

1 Push right toe to right, recover to center

2 Push right toe to right, recover to center

3 Push right toe to right, recover to center

4&aStep right forward, step left forward, pivot $\frac{1}{2}$ right transferring weight onto right (6:00)

5 Push left toe to left, recover to center

6 Push left toe to left, recover to center

7 Push left toe to left, recover to center

8&aCross left over right, rock right to right, recover weight onto left

SEC 4: $\frac{1}{2}$ Walk Around, Out, Out, Back, Back, Hook, Step, Step, $1\frac{1}{2}$ Rolling Turn

1-2-3 Turn $\frac{1}{8}$ left step right forward, turn $\frac{1}{4}$ left step left forward, turn $\frac{1}{8}$ left step right forward (12:00)

4&aStep left to left, step right to right, step left back

Restart Here on Wall 5

5 Step right back hook left over right

6-7 Step left forward, step right forward

8&aTurn $\frac{1}{2}$ right step left back, turn $\frac{1}{2}$ right step right forward, turn $\frac{1}{2}$ right step left back (6:00)

Tag: At the end of Wall 2

Back Rock, $\frac{1}{2}$ Back, Back Rock, $\frac{1}{2}$ Back

1-2aRock right back, recover weight onto left, turn $\frac{1}{2}$ left step right back

3-4aRock left back, recover weight onto right, turn $\frac{1}{2}$ right step left back

Choreographers Note:

Many thanks to Annette R. Dam (DK) for pointing out this amazing music to us!