

# Zig Zag

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Scott Blevins (USA) & Fred Whitehouse (IRE) - February 2022

**Music:** - FITZ & Fitz and The Tantrums : (Album: Head Up High)

**(Start dancing on lyrics/16 counts intro)**

**[S1] R Diagonal Fwd-Together, Heel Twist R, L Diagonal Fwd-Together, Heel Twist L, Quick Rumba Box-Toe Strut Back**

- 1&2&** Step diagonally forward on R, Step L together, Twist heels to the right, Return heels to the centre
- 3&4&** Step diagonally forward on L, Step R together, Twist heels to the left, Return heels to the centre
- 5&6** Step R to the side, Step L next to R, Step forward on R
- &7&** Step L to the side, Step R next to L, Step back on L
- 8&** Touch R toes back, Drop R heel

**[S2] Back Rock-1/4R Side Toe Strut, Behind-Side-Cross Rock, Side Toe Strut, Cross Toe Strut, 1/4L-1/4L-Fwd Rock**

- 1&2&** Rock back on L, Replace weight on R, Make a 1/4 turns right touch L toes to the side, Drop L heel down (3:00)
- 3&4&** Step R behind L, Step L to the side, Rock/across R over L, Replace weight on L
- 5&6&** Touch R toes to the side, Drop R heel down, Touch/across L toes over R, Drop L heel down
- 7&** Make a 1/4 turn left stepping back in R, Make a 1/4 turn left stepping forward on L (9:00)
- 8&** Rock forward on R, Replace weight on L

**[S3] Back-Scissor-Cross, 1/4L Back-Scissor-Cross, 1/4L Back-Scissor-Cross, Point Side-In-Monterey 1/4R**

- 1&2&** Step back on R, Step L to the side, Step R close to L, Cross L over R
- 3&4&** Make a 1/4 turn left stepping back on R, Step L to the side, Step R close to L, Cross L over R (6:00)
- 5&6&** Make a 1/4 turn left stepping back on R, Step L to the side, Step R close to L, Cross L over R (3:00)

**7&8&** Point R to the right, Touch R next to L, Point R to the right, Make a 1/4 Monterey turn right stepping R together (6:00)

**[S4] Point Side-In-Side-Together, Modified Figure 8 (Side-Kick-Behind-1/4R-Step-Pivot 3/4R-Side-Kick-Behind-1/4L) -Step-Pivot 1/2L**

**1&2&** Point L to the left, Touch L next to R, Point L to the left, Step L together

**3&4&** Step R to the side, Kick L to the side, Step L behind R, Make a 1/4 turn right stepping forward on R (9:00)

**5&6&** Step forward on L, Make a 3/4 turn right recover weight on R, Step L to the side, Kick R to the side (6:00)

**7&** Step R behind L, Make a 1/4 turn left stepping forward on L (3:00)

**8&** Step forward on R, Make a 1/2 turn left recover weight on L (9:00)

**#2 counts Tag at the end of Wall 5 (9:00) - Step-Pivot 1/2L-1/2L Hitch**

**1&2** Step forward on R (1), Make a 1/2 turn left recover weight on L (&), Make a 1/2 turn left on ball of L foot/hitching R knee (2)

**Ending suggestion: The last wall (wall 6) starts facing 9:00. Dance up to S4 count 8 (omit the last & count, stay at 12:00 o'clock.)**

**Please feel free to contact me if you need any further information.  
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**(updated: 9/Mar/22)**