

I Don't Need A Man

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Count: 32 **Wall:** 4 **Level:** High Improver

Choreographer: In Sun Yoo (KOR) - February 2022

Music: - The Pussycat Dolls

Intro: 24 counts.

Start: In Promenade position (man's R hand in lady's L hand. The partners are face LOD.

[1-8] M: STEP, 1/4 TURN R, WEAVE to L, ROCK BACK, RECOVER, SHUFFLE FWD

[1-8] L: STEP, 1/4 TURN L, WEAVE to R, ROCK BACK, RECOVER, SHUFFLE FWD

1-2M: Step R forward, 1/4 turn to right and step L to left side OLOD

L: Step L forward, 1/4 turn to left and step R to right side ILOD

***** On count 2, the partners are in Double Hand Hold position facing face to face.**

3&4M: Cross step R behind L, step L to left side, cross step R over L

L: Cross step L behind R, step R to right side, cross step L over R

5-6M: Rock back with L, recover on R

L: Rock back with R, recover on L

7&8M: Shuffle forward with LRL

L: Shuffle forward with RLR

***** On count 7, without letting the hands go, the man raises the lady's R hand over her head.**

***** On count 8, the man with his L hand hold the lady's R hand behind her head.**

[9-16] M: SIDE, TOGETHER, COASTER STEP, 1/4 TURN L, STEP FWD, SHUFFLE FWD

[9-16] L: SIDE, TOGETHER, COASTER STEP, STEP FWD, PIVOT 1/2 TURN L, 1/4 TURN L and SHUFFLE FWD

1-2M: Step R to right side, step L together R

L: Step L to left side, step R together L

***** On count 1, the lady keeps her L arm straight to left side (shoulder height).**

Letting the hands go while the man slides his L hand toward the lady's L hand.

***** On count 2, the man holds with his L hand the lady's L hand (shoulder height).**

3&4M: Step R back, step L together R, step R forward

L: Step L back, Step R together L, step L forward

5-6M: 1/4 turn to left and step L forward, step R forward LOD

L: Step R forward, pivot 1/2 turn to left ILOD

***** On count 5, the man raises the lady's L hand over her head.**

***** On count 6, the lady passes under the man's L arm.**

7&8M: Shuffle forward with LRL

L: 1/4 turn to left and shuffle forward with RLR LOD

***** On count 7, the man does a hand change and take with his R hand the lady's L hand.**

You are now in Promenade position.

[17-24] M: STEP FWD, PIVOT 1/2 TURN L, STEP-LOCK-STEP FWD, ROCK STEP, RECOVER, STEP-LOCK-STEP BACK

[17-24] L: STEP FWD, PIVOT 1/2 TURN R, STEP-LOCK-STEP FWD, ROCK STEP, RECOVER, STEP-LOCK-STEP BACK

1-2M: Step R forward, pivot 1/2 turn to left RLOD

L: Step L forward, pivot 1/2 turn to right RLOD

***** On count 2, let go the hands and the man take back with his L hand the lady's R hand.**

You are now in Reverse Promenade position.

3&4M: Step R forward, lock step L behind R, step R forward

L: Step L forward, lock step R behind L, step L forward

5-6M: Rock step L forward, recover on R

L: Rock step R forward, recover on L

7&8M: Step L back, lock step R over L, step L back

L: Step R back, lock step L over R, step R back

**[25-32] M: 1/2 TURN R STEP FWD, 1/4 TURN R STEP SIDE, SAILOR STEP, TOUCH, PIVOT
1/4 TURN L, SHUFFLE FWD**

**[25-32] L: 1/2 TURN L STEP FWD, 1/4 TURN L STEP SIDE, SAILOR STEP, TOUCH PIVOT
1/4 TURN R, SHUFFLE FWD**

1-2M: 1/2 turn to right and step R forward, 1/4 turn to right and step L to left side OLOD

L: 1/2 turn to left and step L forward, 1/4 turn to left and step R to right side ILOD

***** On count 1, let go the hands and the man take back with his R the lady's L hand.**

***** On count 2, take back the free hands. You are now in Double Hand Hold position.**

3&4M: Cross step R behind L, step L to left side, step R on place

L: Cross step L behind R, step R to right side, step L on place

5-6M: Point L together R, pivot 1/4 turn to left and keeping point L in place LOD

L: Point R together L, pivot 1/4 turn to right and keeping point R in place LOD

***** On count 5, the man let go the lady's R hand. You are now in Promenade position.**

7&8M: Shuffle forward with LRL

L: Shuffle forward with RLR

**[33-40] M: ROCK STEP, RECOVER, 1/4 TURN R and ROCK SIDE, RECOVER in 1/4 TURN L,
3/4 TURN L, WEAVE to R**

[33-40] L: ROCK STEP, RECOVER, 1/4 TURN L and ROCK SIDE, RECOVER in 1/4 TURN R, 3/4 TURN R, WEAVE to L

1-2M: Rock step R forward, recover on L

L: Rock step L forward, recover on R

3&4M: 1/4 turn to right and rock side with R, recover on L, 1/4 turn to left and step R forward

L: 1/4 turn to left and rock side with L, recover on R, 1/4 turn to right and step L forward

***** On count 3, the man with his L palm touch the lady's R palm.**

***** On count 4, the man let go the palms.**

5-6M: 1/2 turn to left, 1/4 turn to left and step R to right side OLOD

L: 1/2 turn to right, 1/4 turn to right and step L to left side ILOD

***** On count 5, let go completely the hands.**

***** On count 6, the man takes back the lady's hands in Double Hand Hold position.**

7&8M: Cross step L behind R, step R to right side, cross step L over R

L: Cross step R behind L, step L to left side, cross step R over L

[41-48] M: ROCK BACK, RECOVER, SHUFFLE in 1/4 TURN R, 2X (1/4 TURN R and WALK FWD), SHUFFLE FWD

[41-48] L: ROCK BACK, RECOVER, SHUFFLE in 1/4 TURN R, 2X (WALK FWD), SHUFFLE FWD

1-2M: Rock back with R, recover on L

L: Rock back with L, recover on R

3&4M: Shuffle forward in 1/4 turn to right with RLR (to the lady's right side) RLOD

L: Shuffle forward in 1/4 turn to right with LRL (to the man's right side) LOD

***** On counts 3&4, keep hands with arms in extension (shoulders height).**

**5-6M: 1/4 turn to right and walk forward with L, 1/4 turn to right and walk forward with R
LOD**

L: Walk forward with RL

***** On count 5, the man with his R hand raise the lady's L hand and let go the lady's R hand.**

***** On count 6, you are now back in Promenade position.**

7&8M: Shuffle forward with LRL

L: Shuffle forward with RLR

[49-56] M: ROCK STEP, RECOVER, GIANT STEP BACK, SLIDE TOGETHER, COASTER STEP, STEP FWD, PIVOT 1/2 TURN L

[49-56] L: ROCKSTEP, RECOVER, GIANT STEP BACK, SLIDE TOGETHER, COASTER STEP, STEP FWD, PIVOT 1/2 TURN R

1-2M: Rock step forward with R, recover on L

L: Rock step forward with L, recover on R

3-4M: Giant step back with R, slide point L toward R

L: Giant step back with L, slide point R toward L

5&6M: Step L back, step R together L, step L forward

L: Sep R back, step L together R, step R forward

7-8M: Step R forward, pivot 1/2 turn to left RLOD

L: Step R forward, pivot 1/2 turn to right RLOD

***** On count 7, let go the hands. On count 8, the man with his L hand take back the lady's R hand.**

[57-64] M: 1/4 TURN L and SIDE, CROSS, CHASSÉ to R, CROSS ROCK STEP, RECOVER, 1/4 TURN L and SHUFFLE FWD

[57-64] L: 1/4 TURN R and SIDE, CROSS, CHASSÉ to L, CROSS ROCK STEP, RECOVER, 1/4 TURN R and SHUFFLE FWD

1-2M: 1/4 turn to left and step R to right side, cross step L behind R OLOD

L: 1/4 turn to right and step L to left, cross step R behind L ILOD

***** On count 1, the man with his R hand take back the lady's L hand. You are now in Double Hand Hold position.**

3&4M: Chassé to right with RLR

L: Chassé to left with LRL

5-6M: Cross rock step L over R, recover on R

L: Cross rock step R over L, recover on L

7&8M: 1/4 turn to left and shuffle forward with LRL LOD

L: 1/4 turn to right and shuffle forward with RLR LOD

***** On count 7, the man with his L hand let go the lady's R hand. You are now back in Promenade position.**

Restarts: -

At the 1st repetition of the dance, do the first 48 counts and restart the dance from the beginning.

At the 3rd repetition of the dance, do the first 32 counts and restart the dance from the beginning.

Restart the dance from the beginning!

HAVE FUN!

NANCY, GUY, PEGGY & JÉRÉMY