

Move Na Na Na

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Lisa McCammon (USA) - May 2021

Music: - KID SOMETHING

Intro : 32 counts - Start on the lyrics - Bodyweight on the left foot

Séq: A32 - B32 - C16 - 4TAG - A16R - B32 - C16 - B16R - B32 - C16 - B16R - B16 - FINAL

PART A: 32 COUNTS

S1A: MODIFIED DOROTHY STEP RIGHT, TRIPLE STEP LEFT, STEP RIGHT FWD, 1/2 TURN LEFT WITH KICK LEFT, LEFT COASTER STEP

- 1-2&** Stomp Right Fwd on diagonal Right (1) - Lock Left behind Right (2) - Step Right slightly on diagonal Right (&) [12 o'clock]
- 3&4** Step Left Fwd (3) - Step Right behind Left (&) - Step Left Fwd (4)
- 5-6** Step Right forward (5) - Make 1/2 turn left (keep weight onto RF) & kick Left forward (6) [06 o'clock]
- 7&8** Step Left back (7) - Step Right next to Left (&) - step Left Fwd (8)

S2A: KICK BALL POINT RIGHT AND LEFT, JAZZ BOX 1/4 TURN RIGHT MODIFIED CROSS

- 1&2** Kick Right Fwd (1) - Step down Right ball (weight on Right) (&) - Point Left to Left side (2)
- 3&4** Kick Left Fwd (3) - Step down Left ball (weight on Left) (&) - Point Right to Right side (4)
- 5-8** Cross Right over Left (5) - Step Left Back (6) - Make 1/4 turn Right Steping Right to Right side (7) - Cross Left over Right (8) [09 o'clock]

RESTART here part A to B on the wall 4 facing 9 o'clock

S3A: SLIDE RIGHT, DRAG LEFT, CROSS TRIPLE RIGHT, 1/4 TURN LEFT, 1/2 TURN LEFT, TRIPLE STEP LEFT BACK

- 1-2** Big step Right to Right side (1) - Drag Left next to the Right (Weight Ends On Left) (2)
- 3&4** Cross Right over Left (3) - Step Left to Left side (&) - Cross Right over Left (4)
- 5-6** Make 1/4 turn left stepping Left Fwd (5) [06 o'clock] - Make 1/2 turn left stepping Right Back (6) [12 o'clock]

7&8 Step Left back (7) - Lock Right over Left (&) - Step Left back (8)

S4A: ROCK STEP BACK RIGHT, RECOVER LEFT, FLICK RIGHT, STEP RIGHT FWD, TURN 1/2 LEFT, SWEEP LEFT, BEHIND, SIDE, CROSS TRIPLE LEFT

1-2& Step Right back (1) - Recover on Left (2) - Flick Right up behind (&)

3-4 Step Right forward (3) - Make 1/2 turn left (keep weight onto RF) (4) [06 o'clock]

5-6 Make a circular movement with the Left leg from front to back (5) - Cross Left behind (6)

&7&8 Step Right to Right side (&) - Cross Left over Right (7) - Step Right to Right side (&) - Cross Left over Right (Weight Ends On Left) (8)

PARTIE B: 32 COMPTES

S1B: MODIFIED V STEP, HEEL GRIND 1/4 TURN RIGHT, ROCK STEP BACK RIGHT, RECOVER LEFT

1-2 Step Right Fwd into Right diagonal (Out) (1) - Step Left Fwd into Left diagonal (Out) (2) [06 o'clock]

3-4 Step Right back (IN) (3) - Drag Left together (Drag IN) (4)

5-6 Step Right Heel Fwd (5) - Make 1/4 Turn Right stepping Left slightly back (6) [09 o'clock]

7-8 Step Right back (7) - Recover on Left (8)

S2B: MODIFIED V STEP, HEEL GRIND 1/4 TURN RIGHT, ROCK STEP BACK RIGHT, RECOVER LEFT

1-2 Step Right Fwd into Right diagonal (Out) (1) - Step Left Fwd into Left diagonal (Out) (2) [09 o'clock]

3-4 Step Right back (IN) (3) - Drag Left together (Drag IN) (4)

5-6 Step Right Heel Fwd (5) - Make 1/4 Turn Right stepping Left slightly back (6) [12 o'clock]

7-8 Step Right back (7) - Recover on Left (8)

RESTART here part B on the wall 7 and 10 facing 9 o'clock

S3B: MODIFIED CHARLESTON STEP 1/8 TURN LEFT, MODIFIED CHARLESTON STEP 1/8 TURN LEFT

1-2 Point Right Fwd with 1/8 turn Left (1) - Step Right back (2) [10:30]

3-4 Point Left Back (3) - Step Left Fwd (4)

5-6 Point Right Fwd with 1/8 turn Left (5) - Step Right back (6) [09 o'clock]

7-8 Point Left Back (7) - Step Left Fwd (8)

S4B: MODIFIED V STEP, HEEL GRIND 1/4 TURN RIGHT, ROCK STEP BACK RIGHT, RECOVER LEFT

1-2 Step Right Fwd into Right diagonal (Out) (1) - Step Left Fwd into Left diagonal (Out) (2) [09 o'clock]

3-4 Step Right back (IN) (3) - Drag Left together (Drag IN) (4)

5-6 Step Right Heel Fwd (5) - Make 1/4 Turn Right stepping Left slightly back (6) [12 o'clock]

7-8 Step Right back (7) - Recover on Left (8)

PARTIE C: 16 COMPTES

S1C: STEP LOCK STEP RIGHT AND LEFT, STEP RIGHT FWD, STEP LEFT FWD, TOUCH RIGHT, STEP BACK RIGHT, KICK LEFT, LEFT COASTER STEP

1&2 Step Right Fwd on diagonal Right (1) - Lock Left behind Right (&) - Step Right Fwd on diagonal Right (2)

[12 o'clock]

&3&4 Step Left Fwd on diagonal Left (&) - Lock Right behind Left (3) - Step Left Fwd on diagonal Left (&) Setp Right Fwd (4)

5&6& Step Left Fwd (5) - Touch Right Behind (&) - Step Right Back (6) - Kick Left Fwd (&)

7&8 Step Left back (7) - Step Right next to Left (&) - Step Left Fwd (8)

S2C: STEP RIGHT FWD, 1/2 TURN LEFT, TRIPLE STEP 1/2 TURN LEFT, COASTER STEP LEFT, WALK RIGHT, WALK LEFT

1-2 Step Right Fwd (1) - 1/2 Turn Left (Weigh On Left) (2) [06 o'clock]

3&4 Make 1/4 turn Left step Right to Right Side (3) [03 o'clock] - Step Left next to the Right (&) - Make 1/4 turn Left step Right Back (4) [12 o'clock]

5&6 Step Left back (5) - Step Right next to Left (&) - Step Left Fwd (6)

7-8 Step Right Fwd (7) - Step Left Fwd (8)

TAG here end part C on the wall 3 facing 12 o'clock

TAG: SNAP R - SNAP L - CLAP - SNAP R&L

1 Snap Right hand above shoulders (1)

2 Snap Left hand above shoulders (2)

- 3 Clap hands (3)
4 Snap with both hands above the shoulders (4)

FINAL : Add 1/4 TURN LEFT SIDE RIGHT to finish at 12 o'clock

INTRO 32

A - 32 (Start 12 o'clock - End 06 o'clock)

B - 32 (Start 06 o'clock - End 12 o'clock)

C - 16 (Start 12 o'clock - End 12 o'clock)

T - 4 (Start 12 o'clock - End 12 o'clock)

A - 16 (Start 12 o'clock - End 09 o'clock) RESTART

B - 32 (Start 09 o'clock - End o'clock)

C - 16 (Start 03 o'clock - End 03 o'clock)

B - 16 (Start 03 o'clock - End 09 o'clock) RESTART

B - 32 (Start 09 o'clock - End 03 o'clock)

C - 16 (Start 03 o'clock - End 03 o'clock)

B - 16 (Start 03 o'clock - End 09 o'clock) RESTART

B - 16 (Start 09 o'clock - End 03 o'clock) FINAL

Start again with a smile

V1-UK-FM le 03/04/2021

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