

My Bestie

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Count: 32 **Wall:** 4 **Level:** High Improver

Choreographer: Colin Ghys (BEL) & José Miguel Belloque Vane (NL) - May 2021

Music: - Justin Wellington

Intro : 32Counts (Start on lyrics)

Note : No Tag No Restart

Section 1 - KICK & TOUCH X 2, STEP CROSS TOUCH X 2

1&2RF Kick forward, RF Step place, LF Touch side

3&4LF Kick forward, LF Step place, RF Touch side

5-6RF step cross, LF Touch side

7-8LF step cross, RF Touch side

Section 2 - PRESS R TOES TO R SIDE, HEEL TWIST IN & OUT X 2, R-L BACK POPPING

1-2 Press R toes to R side Twist R heel in, Twist R heel outward

3-4 Press R toes to R side Twist R heel in, Twist R heel outward

5-6 Step RF back popping L knee forward, Step LF back popping R knee forward

7-8 Step RF back popping L knee forward, Step LF back popping R knee forward

Section 3 - R SIDE STOMP, HOLD, L BEHIND R, 1/2 TURN R, R SAILOR, L ¼ BACK SHUFFLE

1-2& Stomp R to R, Hold, Step L behind R

3-4 1/4 R step R forward, 1/4 R step L to L

5&6 Step R behind L, Step L to L, step R to R

7&8 1/4 turn L step back, LF lock in front of RF, LF step back

Section 4 - RONDE JUMP BACK SWEEP R-L, R COASTER, STEP-LOCK-STEP, STEP, 1/2 TURN LEFT

1-2 Ronde jump sweep R from front to back, Ronde sweep L from front to back

3&4 Step back R, Step L next to R, Step forward R

5&6LF step forward, RF lock behind LF, LF step forward

7-8 Step forward on R, Pivot 1/2 turn L

Enjoy the dance & Have Fun !!!

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