

# Shake Shake Shake

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Ross Brown (UK)

**Music:** Shake Up The Party by Glennis Grace, CD; My Impossible Dream - 126 BPM

**Intro: 8 Counts (Start On Main Vocals)**

**MAMBO FORWARD. MAMBO BACK. MAMBO ½ TURN. TRIPLE FULL TURN.**

**1&2:** Rock forward with right, recover onto left, step right next to left.

**3&4:** Rock back with left, recover onto right, step left next to right.

**5&6:** Rock forward with right, recover onto left, make a ½ turn right stepping forward with right. (6 o'clock)

**7&8:** Make a full turn right stepping; left, right, left. (6 o'clock)

**MAMBO FORWARD. MAMBO BACK. MAMBO ½ TURN. TRIPLE FULL TURN.**

**1-8** Repeat 1&2, 3&4, 5&6, 7&8 of Section 1. (12 o'clock)

**RIGHT & LEFT VAUDEVILLES. TOGETHER, CROSS, BACK. TOGETHER, CROSS SHUFFLE.**

**1&2:** Cross step right over left, step left to the left, tap right heel forward to right diagonal.

**&3&4:** Step right next to left, cross step left over right, step right to the right, tap left heel forward to left diagonal.

**&5-6:** Step left next to right, cross step right over left, step back with left.

**&7&8:** Step right next to left, cross step left over right, close right up to left, cross step left over right.

**SIDE, CROSS KICK. TOGETHER, CROSS SHUFFLE. TOGETHER, JAZZ BOX.**

**1-2:** Step right to the right, kick left foot across right.

**&3&4:** Step left next to right, cross step right over left, close left up to right, cross step right over left.

**&5-6-7-8: Close left up to right, cross step right over left, step back with left, step right to the right, step left next to right.**

**JUMP; OUT, IN, OUT. HIP BUMPS. JUMP; IN, OUT, IN. KNEE ROLLS.**

**1&2: Jump both feet; apart, together, apart.**

**3&4: Bump hips; left, right, left.**

**5&6: Jump both feet; together, apart, together.**

**7-8: Roll right knee out anticlockwise, roll left knee out clockwise. (Weight ends on left foot)**

**Styling: The following optional styling can be added to this section.**

**1&2: With both hands at head level and palms facing forwards, wave them; apart, together, apart.**

**3&4: Clench both hands; push right hand up and bring left hand down, bring hands back to head level, repeat right hand push up etc.**

**CROSS, SIDE ROCK. CROSS, ¼ STEP, ¼ STEP. CROSS, SIDE ROCK. CROSS SHUFFLE.**

**1&2: Cross step right over left, rock left to the left, recover onto right.**

**3&4: Cross step left over right, make a ¼ turn left stepping back with right, make a ¼ turn left stepping left to the left. (6 o'clock)**

**5&6: Cross step right over left, rock left to the left, recover onto right.**

**7&8: Cross step left over right, close right up to left, cross step left over right.**

**(MODIFIED RUMBA BOX) SIDE, TOGETHER. SHUFFLE FORWARD. SIDE, TOGETHER. SHUFFLE BACK.**

**1-2: Step right to the right, step left next to right.**

**3&4: Step forward with right, close left up to right, step forward with right.**

**5-6: Step left to the left, step right next to left.**

**7&8: Step back with left, close right up to left, step back with left.**

**Styling: On the SIDE, TOGETHERs you could add CUBAN HIPS.**

**½ STEP, ½ STEP. COASTER STEP. STEP FORWARD, ½ STEP. 1 ½ TRIPLE TURN.**

**1-2: (Travelling backwards) Make a full turn right stepping; forward with right, back with left. (6 o'clock)**

**3&4: Step back with right, step left next to right, step forward with right.**

**5-6: Step forward with left, make a ½ turn left stepping back with right. (12 o'clock)**

**7&8: Make a 1 ½ turn left stepping; left, right, left. (6 o'clock)**

**Alternative: The 1 ½ TRIPLE TURN can be replaced by just a HALF TURN.**

**End of Dance. Repeat and Start Again.**