

# Fit for a Queen

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Lucy Cooper - July 2020

**Music:** 'Kings and Queens' — Ava Max

**Note: This is actually a 2 wall dance, however due to the restarts it turns to the other 2 walls briefly, which is why it is classed as a 4 wall dance.**

**Intro: 32 Counts**

**Side, Together, Chasse Right, Cross, Full Unwind R, Chasse Left**

**1 2** [5]8HIK:J< [2020/07/22 19:04:33] [67?94;<477<479] Step right to side, bring left together

**3&4** [5]8HIK:J< [2020/07/22 19:04:33] [67?94;<477<479] Step right to side, step left together, step right to side

**5 6** [5]8HIK:J< [2020/07/22 19:04:33] [67?94;<477<479] Cross left over right, unwind full turn right (ending with weight on right)

**7&8** [5]8HIK:J< [2020/07/22 19:04:33] [67?94;<477<479] Step left side, step right together, step left side

**Back with knee pop, Recover, Side Rock, Recover, Cross, Back 1/8 R, Kick-ball-cross turning 1/8 R**

**1 2** [5]8HIK:J< [2020/07/22 19:04:33] [67?94;<477<479] (Facing right diagonal) Rock back on the right popping the left knee, recover onto left

**3 4** [5]8HIK:J< [2020/07/22 19:04:33] [67?94;<477<479] Rock right to right side, (straightening up to 12.00) recover onto left

**5 6** [5]8HIK:J< [2020/07/22 19:04:33] [67?94;<477<479] Cross right over left, step left back turning 1/8 right (1.30)

**7&8** [5]8HIK:J< [2020/07/22 19:04:33] [67?94;<477<479] Kick right forward, ball step right slightly to side turning 1/8 right, cross left over right (3.00)

**Restart here on wall 3, starting the dance again at 3.00**

**Side Rock, Recover, Cross, Point, Cross, Point, Forward Rock, Recover**

1 2[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Rock right to right side, recover onto left

3 4[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Cross right over left, point left out to left side

5 6[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Cross left over right, point right out to right side

7 8[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Rock forward on right, recover onto left

### **Full Turn R, Back, Hook, Forward, Touch, Side, Touch, Side, Touch**

1 2[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Step right forward turning  $\frac{1}{2}$  right, step left back turning  $\frac{1}{2}$  right (3.00)

3 4[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Step right back, hook left across right

5 6&[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Step left slightly forward, touch right beside left, step right to side

7&8[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Touch left beside right, step left to side, touch right beside left

### **TAG: 4 count tag, then restart here on wall 5**

### **Side, Together, Forward mambo, Left Out, Heel tap, Side Rock, Flick**

1 2[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Step right to side, bring left together,

3&4[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Rock right forward, recover onto left, step right together,

5 6[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Step left to side (keeping weight on right), tap left heel (placing weight onto left after)

7 8[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Rock right to right side, recover onto left flicking right

### **Cross, Side, Sailor Step, Cross, Hinge Turn $\frac{1}{2}$ L, Side, Touch**

1 2[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Cross right over left, step left to side

3 4[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Cross right behind left, step left to side, step right to side

5 6[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Cross left over right, step right back turning  $\frac{1}{4}$  left,

7 8[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Step left to side turning  $\frac{1}{4}$  left, touch beside left (9.00)

### **Side rock, Sailor Step, Back Rock, $\frac{3}{4}$ Turn R**

1 2[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Rock right to right side, recover onto left

3&4[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Cross right behind left, step left to side, step right to side

5 6[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Rock back on left, recover onto right

7 8[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Step left to side turning  $\frac{1}{4}$  right, step right to side turning  $\frac{1}{2}$  right (6.00)

### **Cross, Hold, Side Rock Cross, Side Rock, Behind Side Cross**

1 2[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Cross left over right, hold

3&4[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Rock right to side, recover onto left, cross right over left

5 6[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Rock left to side, recover onto right

7&8[5]8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Cross left behind right, step right to side, cross left over right

### **Restarts and Tag**

**Wall 3 (12:00) — Dance first 16 counts. Restart dance facing 3.00**

**Wall 5 (9.00) — Dance first 32 counts, 4 count tag, then restart at 12.00**

**TAG: 4 Count Tag: V step**

**1 2**[5J8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Step right out to right diagonal, step left out to left diagonal,

**3 4**[5J8HIK:J<][2020/07/22 19:04:33][67?94;<477<479]Bring right back in, bring left back in

### **Optional ending**

**Instead of the 'Behind Side Cross' at the end, step left to side turning ½ left and strike your finishing pose!**