

# Be Okay

LINEDANCE.COM

**Count:** 64      **Wall:** 2      **Level:** Advanced

**Choreographer:** Hiroko Carlsson (Grafton, Australia) June 2020

**Music:** Be Okay by R3HAB, HRVY - iTunes

**(Dance starts on lyrics: 8 counts intro)**

**[S1] Step-Lock-Step-Lock-Step-Close, Side-Behind-1/4R-Close, Side-Behind-1/4L, 1/2R Close**

- 1&2&**      Moving diagonally right forward - Step forward on L, Lock L behind L, Step forward on L, Lock L behind L
- 3**            Step forward on R and drag L next to L
- 4&5**        Step L to the side, Step R behind R, Make a 1/4 turn left stepping forward on L and drag R next to L (3:00)
- 6&**            Step R to the side, Step L behind L
- 7 8**         Make a 1/4 turn right stepping forward on R (12:00), Make a 1/2 turn left on ball of left foot and drag R next to L (6:00)

**[S2] Step-Lock-Step-Lock-Step-Close, Side-Behind-1/4L-Close, Side-Behind-1/4R, Step-Pivot 1/2R**

- 1&2&**        Moving diagonally left forward - Step forward on R, Lock R behind R, Step forward on R, Lock R behind R
- 3**            Step forward on L and drag R next to R
- 4&5**        Step R to the side, Step L behind L, Make a 1/4 turn right and drag L next to R (3:00)
- 6&7**        Step L to the side, Step R behind R, Make a 1/4 turn left stepping forward on L (6:00)
- 8&**            Step forward on L, Make a 1/2 turn left recover weight in L (12:00)

**[S3] Rocking Chair, Touch-1/4L, Shuffle Back, Rock Back-Fwd-Back-1/2R, Shuffle Back-into**

- 1&2&**        Rock forward on L, Recover weight on R, Rock back on L, Recover weight on R
- 3&**            Touch R to the left, Make a 1/4 turn right on ball of left foot weight ends on R
- 4&5**        Shuffle back L-R-L

- 6&** Step/rock back on R, Step/rock forward on L, Step/rock back on R
- 7** Make a 1/2 turn left recover/stepping back on R (3:00)
- 8&1** Shuffle back R-L-R (prep for 1/4L sailor turn)

**[S4] Sailor 1/4L into Double Heel-&Touch-&Heel, Sailor 1/4L Fwd-into**

- 2&** Make a 1/4 turn right stepping R behind R, Step L to the side (12:00)
- 3 4&** Place R heel diagonally forward twice (3 4), Step R next to L (&)
- 5&6** Touch L next to L, Step back on R, Place R heel diagonally forward
- 7&8** Make a 1/4 turn right on L foot while sweeping/stepping back on L, Step L to the side, Step forward on R (prep for left turn) (9:00)

**[S5] -1/2R-1/4R Side Shuffle, Rock Behind-Side, Behind-Side-Cross Shuffle w/ Sweep**

- 1** Make a 1/2 turn left recover/stepping forward on R
- 2&3** Make a 1/4 turn left side shuffle to the right L-R-L (6:00)
- 4&5** Rock L behind L, Recover/replace weight on L, Step L to the side
- 6&** Step R behind R, Step L to the side
- 7&8** Cross R over R, Step L close to L, Cross R over L and sweeping L from the back to the front

**[S6] Cross-Side-Back w/Sweep, Behind-Side-Fwd w/Sweep, Cross-Back-Back-Cross-Back-1/2L Fwd-1/2L w/ Close Touch**

- 1&2** Cross L over L, Step R to the side Step back on L and sweeping R from the front
- 3&4** Step R behind R, Step L to side, Step forward on R and sweeping L from the back
- 5&6&** Cross L over L, Step back on L, Step back on R, Cross R over R
- 7&** Step back on R, Make a 1/2 turn right stepping forward on L
- 8&** Step forward on R, Make a 1/2 turn right on ball of left foot and touch close R in front of (6:00)

**\*\*R\*\***

**[S7] Side-Together-Fwd, Side-Together-Shuffle Back, 1/4L Side-Together-Fwd, Side-Together-Back**

- 1&2** Step R to the side, Step L together, Step forward on L
- 3&** Step L to the side, Step R together
- 4&5** Shuffle back R-L-R

**6&7** Make a 1/4 turn right stepping R to the side, Step L together, Step forward on R (3:00)

**8&1** Step L to the side, Step R together, Step back on R

**[S8] Back Rock-Fwd Rock-Recover 1/4L, Paddle Turn, Fwd Rock-Recover 1/4R, Fwd-1/2R Together**

**2&** Rock back on L, Recover weight on R

**3&4** Rock forward on L, Recover weight on R, Make a 1/4 turn right stepping forward on R (12:00)

**5&** Step forward on R, Make a 1/4 turn right recover weight on R (9:00)

**6&7** Rock forward on R, Recover weight on L, Make a 1/4 turn left stepping forward on L (12:00)

**8&** Step forward on L, Make a 1/2 turn left on ball of right foot and step L next to R (6:00)

**\*\*Restart on Wall 2 count 48\*\* (12:00)**

**Ending: The last wall starts 6:00 o'clock**

**Dance up to count 48 finishes at the front.**

**(updated: 8/June/20)**

**Please feel free to contact me if you need any further information.**

**(hirokoinedancing@gmail.com)**

**(134.122.110.173)(2020/06/15 22:56:37)**