

# I'm Torn

LINEDANCE.COM

**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Keith Stewart (Northern Ireland) & Imelda McDaid (Ireland) 1st March 2020

**Music:** Torn by James TW

## SECTION 1 - FULL TURN WITH 4 DIAMOND STEPS

- 1** Step right foot to right side, sweeping left foot across in front of right.
- 2&3** Step left foot across right, step right foot to right side, step back on left to right diagonal (to 4:30), making a 1/8 turn left.
- 4&5** Step right foot behind left, step left foot to left side making a 1/8 turn left (straightening up to 9:00), step forward on right foot to right diagonal (to 7:30), making a further 1/8 turn left.
- 6&7** Step left foot across right, step right foot to right side, straightening up to 6:00 making a 1/8 turn left, step left foot back to right diagonal (to 10:30) making a further 1/8 turn left.
- 8&9** Step right foot behind left, step left foot to side making a 1/8 turn left (straightening up to 3:00), make a 1/4 turn left stepping right foot forward (to face 12:00).

## SECTION 2 - LEFT MAMBO STEP WITH TOUCHES RIGHT AND LEFT, LEFT COASTER STEP, RIGHT LOCK STEP.

- 10&11** Step left foot forward, recover weight onto right foot, step left foot back beside right.
- 12&13** Touch right toe beside left, step right foot back, touch left toe beside right.
- 14&15** Step left foot back, step right foot beside left, step left foot forward.
- 16&17** Step forward on right foot, step left foot in behind right, step right foot forward.

## SECTION 3 - FULL TURN RIGHT, LEFT CROSS ROCK SIDE STEP, TOGETHER AND SIDE RIGHT AND LEFT.

- 18,19** Make a full turn over the right shoulder travelling forward stepping left, right.
- 20&21** Rock left foot across right, recover weight onto right foot in place, step left foot to left side.
- 22&23** Step right foot beside left, step left foot in place, step right foot to right side.
- 24&25** Step left foot beside right, step right foot in place, step left foot to left side.

## SECTION 4 - SWAYS WITH A 1/4 TURN LEFT, LEFT SHUFFLE FORWARD, RIGHT STEP PIVOT 1/2 TURN LEFT.

- 26-28** Sway right then left, sway right again, making a  $\frac{1}{4}$  turn left, taking the weight onto right foot.
- 29&30** Step left foot forward, step right foot beside left, step left foot forward.
- 31,32** Step forward on right foot, make a pivot  $\frac{1}{2}$  turn over left shoulder, taking weight onto left foot.

**SECTION 5 - RIGHT SHUFFLE FORWARD, FULL TURN RIGHT, LEFT MAMBO DRAG, RIGHT BALL CHANGE.**

- 33&34** Step forward on right foot, step left foot beside right, step forward on right foot.
- 35,36** Make a full turn right travelling forward stepping left, right.
- 37&38,39** Rock weight forward onto left foot, recover in place onto right, step left foot back a large step, drag right foot to left over one full count (39).

**&40step right foot beside left, step left foot slightly forward.**

**SECTION 6 - SYNCOPATED CROSS AND SIDE ROCKS WITH A TOUCH, RIGHT SIDE SHUFFLE, LEFT SAILOR  $\frac{3}{4}$  TURN LEFT.**

- 41&42&** Rock right foot across left, recover weight onto left foot in place, rock right foot to right side, recover weight onto left foot in place.
- 43&44** Rock right foot across left, recover weight onto left foot in place, touch right toe beside left.

**(RESTART HERE ON WALL 4, MAKING A  $\frac{1}{4}$  TURN RIGHT TO FACE 12:00 TO START THE DANCE AGAIN)**

- 45&46** Step right foot to right side, step left foot beside right, step right foot to right side.
- 47&48** Step left foot behind right, make a  $\frac{1}{4}$  turn left stepping back on right foot, make a further  $\frac{1}{2}$  turn stepping left foot forward. (RESTART HERE ON WALL 2)

**SECTION 7 - RIGHT POINT CROSS, LEFT KICK  $\frac{1}{2}$  TURN TOUCH, RIGHT CROSS POINT, LEFT EXTENDED  $\frac{1}{2}$  TURN LOCK STEP.**

- 49,50** Point right toe to right side, step right foot across left.
- 51&52** Kick left foot forward, make a  $\frac{1}{2}$  turn right stepping down on left foot, touch right toe forward.
- 53,54** Step right foot across left, point left toe to left side.
- 55&56&57** Making a  $\frac{1}{4}$  turn left, step forward on left, step right foot in behind left, making a further  $\frac{1}{4}$  turn left step forward on left, step right foot in behind left, step forward on left.

## **SECTION 8 - RIGHT BACK ROCK RECOVER, RIGHT & LEFT TOE SWITCHES, CROSS FULL TURN UNWIND, SIDE TOGETHER.**

- 58,59** Rock back on right foot in place, recover onto left foot.
- 60&61** Point right toe to right side, step right foot beside left, point left toe to left side.
- 62,63** Cross left foot over right, unwind a full turn right, transferring weight onto left foot, allowing right foot to lift off the ground.
- 64&** Step right foot to right side, step left foot beside right (this will become a shuffle to the right when you begin the dance again)

### **Note - 2 Restarts**

**Wall 2 - You Will Dance As Far As Count 48, Finishing Your Sailor  $\frac{3}{4}$  Turn, And Will Be Facing 12:00, Simply Start The Dance Again, Stepping Right Foot To Right Side.**

**Wall 4 - You Will Finish Your Syncopated Rock Steps With The Final Touch, Facing 9:00, At Which Point You Make A Quarter Turn To Bring You Back To 12:00 And Restart The Dance Stepping Right Foot To Right Side.**

**Music is absolutely beautiful, and hopefully you will enjoy the dance as much as we enjoyed choreographing it!!**

**Any queries, please don't hesitate to contact myself on [kaystew@hotmail.com](mailto:kaystew@hotmail.com) or look for me on facebook.**

**Last Update - 4 March 2020**