

Una Volta Ancora

LINEDANCE.COM

Count: 96

Wall: 2

Level: Phrased Advanced

Choreographer: Francisca Pons, Coloma Ávila, Isabel Payeras, Francisco Rueda, Juana María Gutiérrez y Ángela Ribot - November 2019

Music: Una volta ancora de Fred de Palma (feat. Ana Mena)

Counts: 32 counts A, 32 counts B, 32 counts C, 16 counts TAG, 16 counts B+, 16 counts (bridge B)

Sequence: A A B TAG B+ C A B TAG B+ C B (BRIDGE 17 - 32) TAG B+

PARTE A

(1 - 8) ROCK - COASTER STEP - WALK X2 - OUT OUT IN IN

1 - 2RF rock forward - recover on LF

3 & 4step RF back - close LF next to RF - step RF forward

5 - 6walk forward L - R

& 7step out to L with LF - step out to R with RF & 8 bring in LB with bring in RB

(9-16) ROCK - CHASE 1/2 - PIVOT TURN 1/2 - SLIDE 1/4 TOGETHER - POINT

1 - 2LF rock forward - recover on RF

3 & 4step L side 1/2 - close R behind L - step L side

5 - 6step RF forward - pivot 1/2 turn placing L weight on RF

7slide 1/4

& 8behind L - point R

(17 - 24)TOUCH X2 - SAILOR 1/2 R - TOUCH X2 - SAILOR 1/4 L

1touch forward RF

2touch side RF

3 & 4cross RF behind LF - step LF to L side - step RF to R side 1/2

5 touch forward LF

6 touch side LF

7 & 8 cross LF behind RF - step RF to R side - step LF to L side 1/4

(25 - 32) KICK BALL POINT X2 - PIVOT TURN 1/2 - TOGETHER - POINT X2

1 & 2 RF kick forward - RF ball on floor - LF point side

3 & 4 LF kick forward - LF ball on floor - RF point side

5 - 6 step RF forward - pivot 1/2 turn placing L weight on RF

& 7 behind RF - point LF

& 8 behind LF - point RF

PARTE B

(1 - 8) STEP CROSS DIAGONALLY BACK WARD - SIDE DRAG

1 - 2 step RF over L - step LF diagonal back

3 - 4 step RF diagonal back to R - step LF over R

5 - 6 step RF diagonal back - step LF back diagonal to L

7 - 8 drag RF to L - touch RF with bumps

(9 - 16) DIAGONAL GRAPEVINE - PIVOT TURN X2

1 - 2 step RF diagonal forward to R - step LF over R

3 - 4 step RF diagonal forward to R - LF point side

5 - 6 step LF forward - pivot 1/2 turn left with hitch RF knee

7 - 8 step RF forward - pivot 1/2 turn left with hitch LF knee

(17 - 24) STEP FORWARD X2 - TOUCH X2 - STEP BACK X2 - TOUCH X2

1 - 2 step LF forward - RF touch L

3 - 4step LF forward - RF touch L

5 - 6step RF back - LF touch R

7 - 8step RF back - LF touch R

(25 - 32)STEP FORWARD - TOUCH - STEP BACK - TOUCH - TURN LEFT 1/4 RONDE WITH 1/4 - COASTER STEP

&1 &2step LF forward - RF touch L - step RF backward - LF touch R

&3 &4step LF forward - RF touch L - step RF backward - LF touch R

5 - 6step LF pivot turn 1/4 (9:00h) - ronde with toe LF with 1/4 turn (12:00h)

7 & 8step LF back - step RF next to L - step LF forward (12:00h)

PARTE B (BRIDGE 17 - 32)

(17 - 24)STEP FORWARD X2 - TOUCH X2 - STEP BACK X2 - TOUCH X2

1 - 2step LF forward - RF touch L

3 - 4step LF forward - RF touch L

5 - 6step RF back - LF touch R

7 - 8step RF back - LF touch R

(25 - 32)STEP FORWARD - TOUCH - STEP BACK - TOUCH - TURN LEFT 1/4 RONDE WITH 1/4 - COASTER STEP

&1 &2step LF forward - RF touch L - step RF backward - LF touch R

&3 &4step LF forward - RF touch L - step RF backward - LF touch R

5 - 6step LF pivot turn 1/4 (9:00h) - ronde with toe LF with 1/4 turn (12:00h)

7 & 8step LF back - step RF next to L - step LF forward (12:00h)

PARTE B+

(1 - 8) JAZZ BOX 1/4 - STEP 1/4 PIVOT 1/2 TURN L - BACK TOUCH

1 - 4step RF over LF - step LF back R - step RF back L - touch LF beside R with 1/4 (3:00h)

5 - 6step LF with 1/4 (12:00) - pivot 1/2 turn L (6:00h)

7 - 8step LF back - touch RF next to L

(9 - 16) JAZZ BOX 1/4 - STEP 1/4 PIVOT 1/2 TURN L - BACK TOUCH

1 - 4step RF over LF - step LF back R - step RF back L - touch LF beside R with 1/8 (1:30)

5 - 6step RF over LF - step LF back R - step RF back L - touch LF beside R with 1/4 (9:00h)

7 - 8step LF back - touch RF next to L

TAG

(1 - 8) ON ON IN IN - LOW HIP - RISE HIP

1 - 4step RF forward on R - diagonal - step LF forward on L - diagonal - step RF back to centre - step LF touch next to R

5 - 8low hip - rise hip - low hip - rise hip

(9 - 16) ON ON IN IN - LOW HIP - RISE HIP

1 - 4step RF forward on R - diagonal - step LF forward on L - diagonal - step RF back to centre - step LF touch next to R

5 - 8low hip - rise hip - low hip - rise hip

PARTE C

(1 - 8) STEP SIDE WITH PUSHING ARMS - HOLD (X2)

1 - 2step side RF to R with push arms (x2)

3behind RF to LF

4hold

5 - 6step side LF to L with push arms (x2)

7behind LF to RF

8hold

(9 - 16) SWITCHES X2 - TOE HIPS WITH BUMP X2 (X2)

1 - 2switch RF - switch LF

3 - 4toe in RF with bump x2

5 - 6switch LF - switch RF

7 - 8toe in LF with bump x2

(17 - 24)ROCK FLICK - ROCK HOOK - BACK SHUFFLE X2 - SLIDE TOGETHER

1&rock forward RF - flick LF

2&rock back LF - hook RF

3 & 4shuffle RF

5 & 6shuffle LF 7 slide RF back

8together LF to RF

(25 - 32)BEND KNEE MOVING SIDES ON PLACE (X2)

1 - 2 Bend Knee moving L - Bend Knee moving R

3 - 4 Bend Knee moving L x2

5 - 6 Bend Knee moving R - Bend Knee moving L

7 - 8 Bend Knee moving R x2

WHILE THERE IS MUSIC WE WILL CONTINUE DANCING

STEPSHEET TAKEN FROM COPPERKNOB (144.217.101.242)