

Story Of My Life

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Count: 96 **Wall:** 1 **Level:** Phrased Intermediate

Choreographer: Giorgia Maritan - November 2019

Music: Story of My Life by One Direction

Sequence: A - A(32) -B - B- A - A(32) -B - B- tag - B - B

Start on Lyrics

PART A: 64 counts

ROCK RIGHT SIDE, $\frac{1}{4}$ TURN RIGHT SUFFLE BACK, $\frac{1}{4}$ TURN LEFT ROCK SIDE, $\frac{1}{4}$ TURN LEFT SHUFFLE BACK

1-2 Rock step right side, recover

3&4turn $\frac{1}{4}$ right shuffle back right, left, right

5-6turn $\frac{1}{4}$ left rock step left side, recover

7&8turn $\frac{1}{4}$ left shuffle back left, right, left

STEP RIGHT SIDE & CROSS LEFT BEHIND, TURN $\frac{1}{4}$ RIGHT & SHUFFLE FORWARD , $\frac{1}{2}$ TURN RIGHT & STEP LEFT FORWARD, FULL TURN

1-2step right to right, cross left behind right

3&4turn $\frac{1}{4}$ right shuffle forward right, left, right

5&6step left forward, $\frac{1}{2}$ pivot right, step left forward

7-8turn $\frac{1}{2}$ left step right back, turn $\frac{1}{2}$ left step left forward

ROCK RIGHT SIDE, $\frac{1}{4}$ TURN RIGHT & SUFFLE BACK, $\frac{1}{4}$ TURN LEFT & ROCK SIDE, $\frac{1}{4}$ TURN LEFT & SHUFFLE BACK

1-2 Rock step right side, recover

3&4turn $\frac{1}{4}$ right shuffle back right, left, right

5-6turn $\frac{1}{4}$ left rock step left side, recover

7&8turn $\frac{1}{4}$ left shuffle back left, right, left

STEP RIGHT SIDE & CROSS LEFT BEHIND, TURN $\frac{1}{4}$ RIGHT & SHUFFLE FORWARD , $\frac{1}{2}$ TURN RIGHT & STEP LEFT FORWARD, FULL TURN

1-2step right to right, cross left behind right

3&4turn $\frac{1}{4}$ right shuffle forward right, left, right

5&6step left forward, $\frac{1}{2}$ pivot right, step left forward

7-8turn $\frac{1}{2}$ left step right back, turn $\frac{1}{2}$ left step left forward

The end of part A(32)

STOMP RIGHT & HOLD, HEEL LEFT & TOUCH RIGHT, HEEL RIGHT & TOUCH LEFT, HEEL RIGHT & TOUCH LEFT

1-2 Stomp right, pause

3&4heel left forward, recover, touch right back

5&6heel right forward, recover, touch left back

7&8heel left forward, recover, touch right back

SHUFFLE RIGHT BACK, ROCK LEFT SIDE & CROSS BEHIND, ROCK RIGHT SIDE & CROSS BEHIND, ROCK LEFT SIDE & TURN $\frac{1}{2}$ LEFT

1-2 Shuffle back right, left, right

3&4 Rock left side, recover, cross left behind right

4&6 Rock right side, recover, cross right behind left

7&8rock left side, recover, turn $\frac{1}{2}$ left close left next to right

LONG STEP RIGHT, CROSS & CROSS, $\frac{1}{4}$ TURN RIGHT & ROCK FORWARD, $\frac{1}{2}$ TURN RIGHT & STEP RIGHT & LEFT

1-2long step right, drag left foot together (weight on right foot)

3&4cross left behind right, step right side, cross left over right

5-6turn $\frac{1}{4}$ right rock right forward, recover

7-8turn $\frac{1}{2}$ right step right forward, step left forward

STEP RIGHT & STEP LEFT, SHUFFLE FORWARD, ROCK FORWARD, ¼ TURN & LEFT LONG STEP LEFT & HOOK

1-2 Step right forward, step left forward

3&4 shuffle forward right, left, right

5-6 rock step left forward, recover

7-8 turn ¼ left long step left, hook left back right

PART B: 32 counts

STEP RIGHT & STEP LEFT, SHUFFLE FORWARD, HOOK LEFT & HOOK RIGHT, HOOK LEFT & SHUFFLE BACK

1-2 Step right forward, step left forward

3&4 shuffle forward right, left, right, hook left behind right

5&6 step left together, hook right over left, step right together, hook left behind right

7&8 shuffle back left, right, left

FULL TURN RIGHT BACK, ½ TURN RIGHT, SHUFFLE RIGHT FORWARD, ½ TURN RIGHT & SHUFFLE LEFT FORWARD

1-2 turn ½ right step right forward, turn ½ right step left back

3&4 turn ½ right shuffle forward right, left, right

5-6 step left forward, turn ½ right

7&8 shuffle forward left, right, left

¼ TURN LEFT STEP RIGHT & HOOK LEFT, ¼ TURN LEFT STEP LEFT & HOOK RIGHT, ¼ TURN LEFT STEP RIGHT & HOOK LEFT, ¼ TURN LEFT STEP LEFT & HOOK RIGHT

1-2 turn ¼ left step right side, hook left behind right

3-4 turn ¼ left step left side, hook right behind left

5-6 turn ¼ left step right side, hook left behind right

7-8turn $\frac{1}{4}$ left step left side, hook right behind left

ROCK RIGHT FORWARD, SHUFFLE BACK, ROCK LEFT BACK, OUT-OUT & IN-IN

1-2 Rock right forward, recover

3&4shuffle back right, left, right

4-6rock left back, recover

7&8&step left diagonally forward, step right diagonally forward, step left back, step right together back

TAG: 64 counts

ROCK RIGHT SIDE, $\frac{1}{4}$ TURN RIGHT, $\frac{1}{4}$ TURN LEFT ROCK SIDE, $\frac{1}{4}$ TURN LEFT

1-2 Rock step right side, recover

3-4turn $\frac{1}{4}$ right step right next to left, pause

5-6turn $\frac{1}{4}$ left rock step left side, recover

7-8turn $\frac{1}{4}$ left step left next to right

STEP RIGHT SIDE & CROSS BEHIND, $\frac{1}{4}$ TURN RIGHT TOE STRUT, $\frac{1}{2}$ PIVOT RIGHT, STEP LEFT

1-2step right side, cross left behind right

3-4touch right to right, turn $\frac{1}{4}$ right down right heel

5-6step left forward, turn $\frac{1}{2}$ right

7-8step left forward, pause

ROCK RIGHT SIDE, $\frac{1}{4}$ TURN RIGHT, $\frac{1}{4}$ TURN LEFT ROCK SIDE, $\frac{1}{4}$ TURN LEFT

1-2 Rock step right side, recover

3-4turn $\frac{1}{4}$ right step right next to left, pause

5-6turn $\frac{1}{4}$ left rock step left side, recover

7-8turn $\frac{1}{4}$ left step left next to right

STEP RIGHT SIDE & CROSS BEHIND, ¼ TURN RIGHT TOE STRUT, ½ PIVOT RIGHT, STEP LEFT

1-2step right side, cross left behind right

3-4touch right to right, turn ¼ right down right heel

5-6step left forward, turn ½ right

7-8step left forward, pause

ROCK RIGHT SIDE, CROSS & HOLD, ROCK LEFT SIDE, CROSS & HOLD

1-2 Rock right side, recover

3-4cross right behind left, pause

5-6rock left side, recover

7-8cross left behind right, pause

ROCK RIGHT SIDE, CROSS & HOLD, ROCK LEFT SIDE, ½ TURN & HOLD

1-2 Rock right side, recover

3-4cross right behind left, pause

5-6rock left side, recover

7-8turn ½ left close left next to right, pause

LONG STEP RIGHT & HOLD, LONG STEP LEFT & HOLD

1-4long step right, drag left foot together (weight on right foot), pause, pause

5-8long step left, drag right foot together (weight on left foot), pause, pause

FULL TURN LEFT

1-8 Cross right over left, unwind

STEPSHEET TAKEN FROM COPPERKNOB (144.217.101.242)