

# The Git Up

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**Count:** 160      **Wall:** 1      **Level:** Phrased Beginner / Improver

**Choreographer:** Blanco Brown, Damon D'Amico, Dave Serfling - October 2019

**Music:** The Git Up - Blanco Brown

**Intro: 32 count - Pattern: A, B, A, C, A, D, A, E, A**

## **PART A: MAIN PATTERN OF THE DANCE**

### **CHARLESTON w/SWIVEL, WEAVE 2, STAMP, SIDE, CROSS, FULL TURN LEFT**

- 1&2**      Rock forward on Rt heel with toe pointed in, turn toe out replace weight to Lt, step back Rt
- 3-6**      Hook Rt behind Lt, step side Rt, stamp Lt next to Rt, step side left with Lt
- 7-8**      Cross Rt over Lt  $\frac{1}{4}$  turn left, continue additional  $\frac{3}{4}$  turn left unwinding with weight on Lt (12:00)

### **HOEDOWNS, TOES IN OUT, BACK ON HEELS, DOWN**

- 1&2&**      Kick Rt to right side, replace, kick Lt to left side, replace
- 3&4&**      Kick Rt to right side, replace, kick Lt to left side, replace
- 5-6**      Lower down bring knees and toes in, turn them out
- 7-8**      Go back on heels with toes up, step side left on Lt

### **HOOK, SIDE, TOGETHER SWEEP, WALK $\frac{3}{4}$ TURN LEFT, TAKE A SIP, BACK, BACK**

- 1-2**      Hook Rt behind Lt, step side left with Lt,
- 3-4**      Step Rt next to Lt with a low hand sweep from right to left, step side left with Lt with a  $\frac{1}{4}$  turn left
- 5-6**      Step Rt Back Turn  $\frac{1}{4}$  left, step Lt back turn  $\frac{1}{4}$  left
- 7-8**      Step Rt back make a hand gesture "take a Sip", step Lt back

### **SHIMMY BACK 4, WALK FORWARD $\frac{1}{4}$ PIVOT LEFT, STEP TOGETHER**

- 1-2**      Step Rt back lean back and shimmy, step Lt back lean back and shimmy
- 3-4**      Step Rt back lean back and shimmy, step Lt beside Rt
- 5-6**      Step Rt forward, step Lt forward
- 7-8**      Step Rt forward turn  $\frac{1}{4}$  Lt, step Lt beside Rt (12:00)

### **PART B: GRAPEVINES, HAND ON YOUR SIDE, ROLL YOUR SHOULDERS, SLIDE**

## **GRAPEVINE LEFT, GRAPEVINE RIGHT**

**1-4** Step LF to LF, Step RT behind LF, Step LF to LF, Touch RT beside LF

**5-8** Step RT to RT, Step LF behind RT, Step RT to RT, Touch LF beside RT

## **HOLD UP LEFT HAND, PUT IT ON YOUR SIDE, HIP BUMPS**

**1-4** Stomp LF to LF Hold LF hand up in the air, Hold, Hold, Hold

**5-8** Put Left Hand on Lt Hip and bump Hips right, left, right, left

## **ROLL YOUR SHOULDERS, SLIP AND SLIDE**

**1-2** Move Shoulders LF and raise LF Shoulder, Move Shoulders RT and raise RT Shoulder

**3-4** Move Shoulders LF and raise LF Shoulder, Move Shoulders RT and raise RT Shoulder

**5-8** Hold, Step LF beside RT, Lift RT Knee, Step RT to RT and drag Left Beside RT

## **FREESTYLE**

**1-8** Do whatever you want here. Have Fun (12:00)

## **PART C: SLIDE LF & RT, COOL DOWN, SLIDE LF & RT, BUTTERFLY, ROUND & ROUND, FREESTYLE**

### **SLIDE TO THE LF, SLIDE TO THE RT, NOW COOL DOWN**

**1-4** Step LF to LF, Drag RT to LF, Step RT to RT, Drag LF to RT

**5-8** Step in place left, right, left, right and Fan Face with RT Hand,

### **SLIDE TO THE LF AND RT, DO THE BUTTERFLY**

**1-4** Step LF to LF, Drag RT to LF, Step RT to RT, Drag LF to RT

**5-6** Step LF to LF Turning Toes, Knees and Hands inward, Turn Toes, Knees and Hands out

**7-8** Turn Toes, Knees and Hands in, Turn Toes, Knees and Hands out

## **GRADUALLY ROTATE 360 DEGREES COUNTER-CW WHILE MAKING A LASSO MOTION ABOVE HEAD WITH RIGHT HAND**

**&1&----&7&8:16 steps starting with Lt foot**

## **FREESTYLE**

**1-8** Do whatever you want here. Have Fun (12:00)

## **PART D: DOUBLE GRAPEVINE LF AND RT, CRISS CROSS**

### **GRAPEVINE LF, CHASE' LF**

- 1-4** Step LF to LF, Step RT Behind LF, Step LF to LF, Step RT Beside LF
- 5-8** Get Low and Step LF to LF, Step RT Beside LF, Stay Low and Step LF to LF, Touch RT Beside LF

### **GRAPEVINE RT, CHASE' RT**

- 1-4** Step RT to RT, Step LF Behind Rt, Step RT to RT, Step LF Beside RT
- 5-8** Get Low and Step RT to RT, Step LF Beside RT, Stay Low and Step RT to RT, Step LF Beside RT

### **TAKE IT DOWN AND CRISS CROSS, BRING IT UP AND CRISS CROSS**

- 1-4** Step RT forward, Step LF forward and apart, get Low Bees Knees
- 5-8** Step RT forward, Step LF forward and apart, stand Tall Bees Knees

### **IT BACK AND FREESTYLE**

- 1-4** Step Back RT, Step Back LF, step Back RT, Step LF Beside Rt
- 5-8** Freestyle (12:00)

### **PART E: FREESTYLE**

#### **ROLLING VINE TO THE LEFT AND RIGHT**

- 1-4** Turn  $\frac{1}{4}$  left with LF step forward, turn  $\frac{1}{2}$  turn left step back RF, turn  $\frac{1}{4}$  left step side w/LF, touch LF
- 5-8** Turn  $\frac{1}{4}$  right with RF step forward, turn  $\frac{1}{2}$  turn right step back LF, turn  $\frac{1}{4}$  left step side w/RF, touch RF

#### **SLAP LEATHER OR SLAPPING LEATHER**

- 1-2** Step side left LF, kick RF behind and slap with left hand
- 3-4** Step side right RF, kick LF behind and slap with right hand
- 5-6** Step side left LF, kick RF in front and slap with left hand
- 7-8** Step side right RF, kick LF in front and slap with right hand

#### **STEP SLIDE STEP FORWARD AND BACK**

- 1-2** Step diagonally forward towards 10:30 with LF, step RF next to LF
- 3-4** Step diagonally forward towards 10:30 with LF, touch RF next to LF

**5-6** Step diagonally back towards 4:30 with RF, step LF next to RF

**7-8** Step diagonally back towards 4:30 with RF, touch LF next to RF

### **FREESTYLE**

**1-8** Do whatever you want here. Have Fun (12:00)

**Contact: Dave Serfling or the Rockin' Horse Dance Barn**

**11820 150th Ave SE, Renton, WA 98059 • 425-255-9211 [www.learn2dance4fun.com](http://www.learn2dance4fun.com)**

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