

# My Alaska

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**Count:** 128

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Karen Raines (Sydney) Australia. January 2019

**Music:** Alaska by Maggie Rogers - 3.10

## #16 count intro

**S1: Walk forward left right, 1/8 side cross side, back, back, 1/8 side, step forward left sweep right**

**123&4** Walk forward left, forward right, step 1/8 on left 1.30 cross right over left, step left to the side

**56&78** Walk back right, left, step right 1/8 3oclock, step forward on left, sweep right

**S2: Walk forward right left, 1/8 side cross side, back left sweep right behind, step 1/8 on left, forward right spiral, step on left**

**123&4** Walk forward right, forward left, step 1/8 on right 1.30, cross left over right, step right to the side

**56&78** Step back on left sweep right, step right behind left, step 1/8 on left 12oclock, step forward right, spiral, step on left sweeping right

**S3: Cross right over left, step 1/4 back on left, step 1/4 right, cross left over right, point right to the side, drag back next to left, step 1/4 on right, 3/4 pencil turn**

**1234** Cross right over left, step 1/4 back on left 3oclock, step 1/4 on right 6oclock, cross left over right

**5678** Point right to the side, drag right up to left, step 1/4 right 9oclock, 3/4 pencil turn on right 6oclock

**S4: Step left to the side, behind side cross, 1/4 back, 1/2, forward left, tap right beside left**

**1234** Step left to the side, step right behind left, step left to the side, cross right over left

**5678** Step 1/4 back on left 9oclock, step 1/2 on right 3oclock, step forward on left, tap right next to left

**S5: Step back right drag left, step back left drag right, step back right drag left, step back left, step 1/2 on right**

**1234** Step back on right, drag left beside right, step back on left, drag right beside left

**5678** Step back on right, drag left beside right, step back on left, step  $\frac{1}{2}$  on right 9oclock

**S6: Forward left, hold , forward right,  $\frac{1}{2}$  pivot, forward right spiral, step forward left, forward right spiral , step left sweeping right**

**1234** Step forward on left, hold ,step forward on right,  $\frac{1}{2}$  pivot 3oclock

**5678** Step forward on right, full spiral, step left, step forward on right, full spiral, step left sweeping right

**S7: Cross right over left,  $\frac{1}{4}$  back,  $\frac{1}{4}$  side, cross left over right, side rock , replace left, cross right over left,  $\frac{1}{4}$  back**

**1234** Cross right over left, step  $\frac{1}{4}$  back on left 6oclock, step  $\frac{1}{4}$  on right 9oclock, cross left over right

**5678** Side rock on right replace left, cross right over left, step  $\frac{1}{4}$  back on left 12oclock

**S8: Step  $\frac{1}{4}$  right, cross left over right, side rock recover, cross,  $\frac{1}{4}$  back,  $\frac{1}{4}$  side, tap left next to right**

**1234** Step  $\frac{1}{4}$  on right 3oclock, cross left over right, side rock on right, replace left,

**5678** Cross right over left,  $\frac{1}{4}$  back on left 6oclock,  $\frac{1}{4}$  step on right 9oclock, tap left next to right

**S9: Step left to the side, right beside left ,step left back,  $\frac{1}{4}$  rock, recover, behind,  $\frac{1}{4}$  ,forward right, full spiral, step left**

**1234** Step left to the side, step right beside left ,step back on left,  $\frac{1}{4}$  step on right 12oclock

**56&78** Replace left, step right behind left, step  $\frac{1}{4}$  on left 9oclock, step on right full spiral, step on left

**S10: Step forward right, sweep left, forward left, sweep right, forward right, rock forward left, replace right, back left,  $\frac{1}{4}$  right**

**1234** Step forward on right, sweep left, step forward on left, sweep right

**5678&** Step forward on right, rock forward on left, replace right, step back on left, step  $\frac{1}{4}$  on right 12oclock

**S11: Step left to the side, right beside left, step left back,  $\frac{1}{4}$  right, cross left over right, rock right to the side,  $\frac{1}{4}$  step left ,forward right spiral, step left**

**1234** Step left to the side, step right beside left, step left back, step  $\frac{1}{4}$  on right 3oclock

**56&78** Cross left over right, side rock on right,  $\frac{1}{4}$  step on left 12oclock, step forward right, full spiral step on left

**S12: Step forward right, sweep left, forward left, sweep right, forward right, rock forward left, replace right., back left,  $\frac{1}{4}$  right**

**1234** Step forward on right, sweep left, step forward on left, sweep right

**5678&** Step forward on right, rock forward on left, replace right, step back on left, step  $\frac{1}{4}$  on right 3oclock (same steps as S10)

**S13: Step left to the side, right beside left, step left back,  $\frac{1}{4}$  right, cross left over right, point right to the side, replace next to left,  $\frac{1}{2}$  point left to the side (1/2 Monterey)**

**1234** Step left to the side, step right beside left, step left back, step  $\frac{1}{4}$  on right 6oclock

**5678** Cross left over right, point right to the side, drag right next to left,  $\frac{1}{2}$  point left to the side 12oclock

**S14: Cross left over right, step  $\frac{1}{4}$  back on right,  $\frac{1}{2}$  on left,  $\frac{1}{4}$  side rock recover cross,  $\frac{1}{4}$  back on left,  $\frac{1}{2}$  on right**

**1234** Cross left over right, step  $\frac{1}{4}$  back on right 9oclock, step  $\frac{1}{2}$  on left 3oclock,  $\frac{1}{4}$  side rock on right 12oclock

**5678** Replace left, cross right over left,  $\frac{1}{4}$  back on left 3oclock,  $\frac{1}{2}$  on right 9oclock

**# Wall 2 do S13 & S14 3 times then continue dance**

**S15: Step left to the side, step right beside left, step left back,  $\frac{1}{4}$  right, cross left over right, point right to the side, replace next to left,  $\frac{1}{2}$  point left to the side (1/2 monterey )**

**1234** Step left to the side , step right beside left, step left back, step  $\frac{1}{4}$  on right 12oclock

**5678** Cross left over right, point right to the side, drag right next to left,  $\frac{1}{2}$  point left to the side (  $\frac{1}{2}$  monterey) 6oclock

**S16: Cross left over right, step  $\frac{1}{4}$  back on right,  $\frac{1}{2}$  on left,  $\frac{1}{4}$  side rock, recover, cross, step left to the side, step right next to left, restart dance**

**1234** Cross left over right, step  $\frac{1}{4}$  back on right 3oclock, step  $\frac{1}{2}$  on left 9oclock,  $\frac{1}{4}$  side rock on right 6oclock,

**5678** Replace left, cross right over left, step left to the side, step right beside left. Restart dance

**Dance finishes on count 16**

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