

Lost Without Cha

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Gaye Teather (UK) (March 2019)

Music: Missing You by Wade Bowen (119 bpm.) CD: If We Ever Make It Home

Intro - 32 count, 1 Restart,

INTRO (after 16 count from started of music)

ROCKING CHAIR FORWARD RIGHT, WEAVE RIGHT

- 1-2 Rock Forward On Right, Return Onto Left
- 3-4 Rock Back On Right, Return Onto Left
- 5-6 Step Right To Right Side, Cross Left Behind Right
- 7-8 Step Right Diagonally Back To Right, Cross Left Over Right

RIGHT SIDE, STOMP UP, LEFT SIDE, SCUFF, VAUDEVILLE LEFT

- 1-2 Step Right To Right Side, Stomp Up Left Beside Right
- 3-4 Step Left To Left Side, Scuff Right Beside Left
- 5-6 Cross Right Over Left, Step Left Diagonally Back To Left
- 7-8 Touch Right Heel Diagonally Forward To Right, Step Right On Place

ROCKING CHAIR FORWARD LEFT, WEAVE LEFT

- 1-2 Rock Forward On Left, Return Onto Right
- 3-4 Rock Back On Left, Return Onto Right
- 5-6 Step Left To Left Side, Cross Right Behind Left
- 7-8 Step Left Diagonally Back To Left, Cross Right Over Left

LEFT SIDE, STOMP UP, RIGHT SIDE, SCUFF, VAUDEVILLE RIGHT

- 1-2 Step Left To Left Side, Stomp Up Right Beside Left
- 3-4 Step Right To Right Side, Scuff Left Beside Right
- 5-6 Cross Left Over Right, Step Right Diagonally Back To Right
- 7-8 Touch Left Heel Diagonally Forward To Left, Step Left Beside Right

THE DANCE

[S01] JUMPING JACKS WITH FLICK, KICKS (LEFT, RIGHT), CROSS, ROCK BACK LEFT, SCUFF

- 1-2 Jump Landing Feet Apart, Return Right Foot To Centre And Flick Up Back Left
- 3-4 Jumping On Right And Kick Left Forward, Change And Kick Right Forward
- 5-6 Cross Right Over Left, Rock Back On Left And Kick Right Forward
- 7-8 Return Onto Right, Scuff Left Beside Right

[S02] PIVOT 1/2 RIGHT, TURN 1/2 RIGHT, HOLD, ROCK BACK, 2 STOMP RIGHT

- 1-2 Step Left Forward, Pivot 1/2 Turn Right (06:00)
- 3-4 Turn 1/2 Right On Right And Step Left Back, Hold (12:00)
- 5-6 Jumping Rock Back On Right And Kick Left Forward, Return Onto Left
- 7-8 Stomp Up Right Beside Left, Stomp Right Forward

[S03] HEEL SWIVELS, TURN 1/2 LEFT, HOLD, TURN 1/2 LEFT AND ROCK FORWARD LEFT, STEP BACK, HOLD

- 1-2 Swivel Both Heels To Right Side, Return Both Heels To Centre
- 3-4 Swivel Both Heels To Right Side And Turn 1/2 Left, Hold (06:00)
- 5-6 Turn 1/2 Left On Right And Rock Forward Left, Return Onto Right (12:00)
- 7-8 Step Left Back, Hold

[S04] COASTER STEP RIGHT, STOMP UP, KICKS (LEFT, RIGHT), STEP & HOOK, TOUCH TOE

- 1-2 Step Right Back, Step Left Beside Right
- 3-4 Step Right Forward, Stomp Up Left Beside Right
- 5-6 Kick Left Forward, Kick Right Forward

7-8* Step Right On Place And Hook Left Back, Touch Left Toe Crossing Behind The Right Foot

[S05] TURN 1/4 LEFT, HOLD, PIVOT 1/2 LEFT, HEEL SWITCHES RIGHT, STEP AND FLICK, SCUFF

- 1-2 Turn 1/4 Left And Step Left Forward, Hold (09:00)
- 3-4 Step Right Forward, Pivot 1/2 Turn Left (03:00)

5-6 Touch Right Heel Forward, Touch Left Heel Forward

7-8 Step Left On Place And Flick Up Back Right, Scuff Right Beside Left

[S06] GRAPEVINE RIGHT, STOMP UP, POINT LEFT, TURN 1/4 LEFT, TOUCH TOE, SCUFF

1-2 Step Right To Right Side, Cross Left Behind Right

3-4 Step Right To Right Side, Stomp Up Left Beside Right

5-6 Point Left Toe To Left Side, Turn 1/4 Left On Left And Drop Heel Taking Weight (12:00)

7-8 Touch Right Toe Diagonally Back To Right, Scuff Right Beside Left

[S07] JAZZ BOX RIGHT, STOMP UP, TURN 1/4 RIGHT, STOMP UP, TURN 1/4 RIGHT, SCUFF

1-2 Cross Right Over Left, Step Left Back

3-4 Step Right Diagonally Forward To Right, Stomp Up Left Beside Right

5-6 Turn 1/4 Right And Step Left To Left Side, Stomp Up Right Beside Left (03:00)

7-8 Turn 1/4 Right And Step Right Forward, Scuff Left Beside Right (06:00)

[S08] DOUBLE SCOOT, JUMPING CROSS, STEP BACK, ROCK BACK LEFT, STOMP LEFT (TWICE)

1-2 Jump Forward On Right While Hitching Other Knee (Twice)

3-4 Jumping Cross Left Over Right, Step Right Back

5-6 Rock Back On Left And Kick Right Forward, Return Onto Right

7-8 Stomp Up Left Beside Right, Stomp Left Forward

REPEAT

TAG: after 1st and 4th repetition (both in 2nd wall)

TWISTER KICK RIGHT

1-2 Kick Right Forward, Turn 1/2 Left Jumping On Right And Flick Up Back Left (12:00)

3-4 Turn 1/2 Left Jumping On Right And Kick Left Forward, Step Left On Place (06:00)

***RESTART: after 32 count (S04) of the 3rd repetition (1st wall)**

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