

# THE BEST LOVE

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**Count:** 50      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Jan Wyllie , Hervey Bay, Qld., Australia

**Music:** I've Been Loved By The Best by Adam Harvey (92bpm)

**\*Choreographed by request from Ross Atkinson from Arthurton, S.A. who just loves this song!**

**Intro: 16 count intro (Choreo April 09)**

**Side Behind, &Walk Fwd LR, Mambo Fwd, Coaster Back**

- 1,2&3,4**      Step R to right, Step L behind R, Step R beside L, Walk fwd L,R
- 5&6**      Rock/step fwd on L, Rock/return wt back onto R, Step back on L (mambo step)
- 7&8**      Step back on R, Step L beside R, Step fwd on R (coaster step)

**Fwd 1/2 Together, Shuffle Fwd, 1/2 Touch Unwind 1/2, 1/2 Touch Unwind 1/4**

- 9,10,11&12**      Step fwd on L, Step R beside L while making 1/2 right, Shuffle fwd L,R,L
- &13,14**      Making 1/2 left step back on R, Touch L back, Unwind 1/2 left taking wt on L
- &15,16**      Making 1/2 left step back on R, Touch L back, Unwind 1/4 left taking wt on L

**Cross Rock Return&, Across Side Behind Side, Cross Rock Return&, Heel& Heel&**

- 17,18&**      Cross rock R over L, Rock back on L, Step R beside L
- 19&,20&**      Step L over R, Step R to right, Step L behind R, Step R to right
- 21,22&**      Cross rock L over R, Rock back on R, Step L beside R
- 23&,24&**      Touch R heel fwd, Step R beside L, Touch L heel fwd, Step L beside R

**Fwd Back, 1/4 Coaster, Fwd Back&, Back Fwd&**

- 25,26**      Rock/step fwd on R, Rock back on L
- 27&28**      Step back on R, Making 1/4 right step L beside R, Step fwd on R
- 29,30&**      Rock/step fwd on L, Rock back on R, Step L beside R
- 31,32**      Rock/step back on R, Rock fwd on L \*restart here on wall 5
- &**      Step R beside L

**Step Pivot 1/4, Shuffle Fwd, Side& Side&, Heel Hook Heel Together**

**33,34,35&36** Step fwd on L, Pivot 1/4 right transferring wt to R, Shuffle fwd L,R,L

**37&, 38&** Touch R toe to right, Step R beside L, Touch L toe to left, Step L beside

**39&40&** Touch R heel fwd, Hook R across L, Touch R heel fwd, Step R beside L

**Step Pivot 1/2, Shuffle Fwd, Step Pivot 1/4, Behind &Across, &Touch Behind Click**

**41,42,43&44 Step fwd on L, Pivot 1/2 right transferring wt to R, Shuffle fwd L,R,L**

**\*restart wall 4 (see below)**

**45,46** Step fwd on R, Pivot 1/4 left transferring wt to L

**47&48** Step R behind L, Step L to left, Step R across L

**&49,50** Step L to left, Touch R toe across behind L, Click fingers of R hand

**\*There is a 2 count tag at the end of wall 2**

**Please repeat counts &49,50**

**\*There is a restart on wall 4 after count 44**

**Please make the pivot turn at count 42 a 1/4 instead of 1/2 and cross shuffle instead of shuffling fwd - then start dance again**

**\*There is a restart on wall 5 after count 32**

**\*Finish of dance**

**Dance finishes facing the back wall - and there are 3 counts to go.**

**&1,2** Step R to right, Touch L toe back, Unwind 1/2 left to face front

**3** Big step fwd on R with a flourish

**Hope you enjoy this dance Ross....**

**Is the song the story of your life?????**

**See you on the floor sometime... Jan**