

# Reflexion (reflection)

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**Count:** 72      **Wall:** 2      **Level:** Improver

**Choreographer:** Andrés de la Rubia Albertí - July 2018

**Music:** People Get Old (Lori Mckenna)

## [1-8] Rumba box (R&L)

- 1      Rf to the right
- 2      Lf beside Rf
- 3      Rf foward
- 4      Hold
- 5      Lf to the left
- 6      Rf beside Lf
- 7      Lf back
- 8      Hold

## [9-16] step back, right & left , coaster cross

### 9RF back

- 10      Hold
- 11      Lf back
- 12      Hold
- 13      Rf back
- 14      Lf next Rf
- 15      Cross Rf over Lf
- 16      Hold

## [17-24] Side, Touch, Side, Touch, side, together, cross

- 17      Lf to the left
- 18      Touch Rf next Lf
- 19      Rf to the right
- 20      Touch Lf next Rf
- 21      Lf to the left

- 22 Rf next Lf
- 23 Cross Lf over Rf
- 24 Hold

**[25-32] side, hold, behind, hold , shuffle  $\frac{1}{4}$  turn right**

- 25 Rf to the right
- 26 Hold
- 27 Lf behind Rf
- 28 Hold
- 29 Rf to the right
- 30 Lf next Rf
- 31 Rf  $\frac{1}{4}$  turn right
- 32 Hold

**[33-40] step right foward, hold,  $\frac{1}{4}$  turn right, hold,cross shuffle**

- 33 Lf foward
- 34 Hold
- 35 $\frac{1}{4}$  turn right**
- 36 Hold
- 37 Cross Lf over Rf
- 38 Rf to the right
- 39 Cross Lf over Rf
- 40 Hold

**[41-48] step right  $\frac{1}{4}$  turn right, hold, step left  $\frac{1}{2}$  turn right ,hold,coaster step**

- 41 Rf foward  $\frac{1}{4}$  turn right
- 42 Hold
- 43 Lf back  $\frac{1}{2}$  turn right
- 44 Hold
- 45 Rf back
- 46 Lf back

47 Rf foward

48 Hold

**[49-56] steps (L&R),step right, hold, step left, hold**

49 Lf foward

50 Hold

51 Rf foward

52 Hold

53-55 Steps foward, Lf,Rf,Lf

56 Hold

**[57-64] Rock foward,back, Rock foward,1/4 turn right,Hold**

57 Rf foward

58 Recover weight Lf

59 Rf back

60 Recover weight Lf

61 Rf foward

62 Recover weight Lf

63 Rf ¼ turn right

64 Hold

**[65-72] Toe strut,Touch,Side,Touch,Side,Touch**

65 Toe Lf over Rf

66 Strut heel Lf

67 Touch Rf next Lf

68 Hold

**(Restart in 1<sup>a</sup>, 3<sup>a</sup> y 6<sup>a</sup> walls)**

69 Rf to the right

**70touch Lf next Rf**

71 Lf to the left

72 Touch Rf next Lf

**Contact: [andreslinedance@andreslinedance.es](mailto:andreslinedance@andreslinedance.es)**

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