

# MAMMA MIA Here We Go!

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**Count:** 168

**Wall:** 1

**Level:** Phrased Easy Intermediate

**Choreographer:** Michelle & Michael Fong - Sydney. - August 2018

**Music:** Mamma Mia by Meryl Streep

**Intro: 32 Counts - Sequence: A, B, A, B, B**

**Part A (80 Counts)**

**A1: OUT-OUT-IN-IN, FWD, HOLD & BACK & BACK**

**1-2** Step R out to R with R hand out to R shoulder high palm facing up, Step L out to L with L hand out to L shoulder high palm facing up,

**3-4** Step R back with R hand back to chest, Step L back with L hand back to chest

**5-6** Step R FWD & point Index finger FWD hit on lyric "YOU", HOLD

**(opt. style 5: body facing slightly diagonal L, look to front)**

**&7&8** Step L slightly back hitch R, Step R back, Recover L back hitch R, Step R back

**Opt. hand style &7&8: position Like you are playing a guitar. (12.00)**

**A2: & FWD ROCK, 1/2R FWD SHUFFLE, FWD ROCK, 1/2L FWD SHUFFLE**

**&1-2** Recover L back hitch R, Rock R FWD, Recover L back,

**3&4 1/2R shuffle FWD step R-L-R (6.00)**

**5-6-7&8** Rock L FWD, Recover R back, 1/2L shuffle FWD step L-R-L (12.00)

**A3: OUT-OUT-IN-IN, FWD, HOLD & BACK & BACK**

**1-2** Step R out to R with R hand out to R shoulder high palm facing up, Step L out to L with L hand out to L shoulder high palm facing up,

**3-4** Step R back with R hand back to chest, Step L back with L hand back to chest

**5-6** Step R FWD bring R hand FWD with your Palm out as "STOP" sign, HOLD

**(opt. style 5: body facing slightly diagonal L, look to front)**

**&7&8** Step L slightly back hitch R, Step R back, Recover L back hitch R, Step R back

**Opt. hand style &7&8: position Like you are playing a guitar.**

**A4: & FWD ROCK, 1/2R FWD SHUFFLE, FWD ROCK, 1/2L FWD SHUFFLE**

**&1-2** Recover L back hitch R, Rock R FWD, Recover L back,

**3&4 1/2R shuffle FWD step R-L-R (6.00)**

**5-6-7&8** Rock L FWD, Recover R back, 1/2L shuffle FWD step L-R-L (12.00)

**A5: SIDE, DRAG SHIMMY, TOG, HOLD, SIDE, DRAG SHIMMY, TOG, HOLD**

**1-2** Step R to R with knees bend, Drag L toward R (Shimmy shoulders as you drag)

**3-4** Step L together and straighten knees, HOLD (claps on count 3-4)

**5-6** Step R to R with knees bend, Drag L toward R (Shimmy shoulders as you drag)

**7-8** Step L together and straighten knees, HOLD (claps on count 3-4)

**A6: SIDE, BEHIND, SIDE, SCUFF, SIDE, CLICK, BEHIND, CLICK**

**1-2-3-4** Step L to L, Cross R behind L, Step L to L, Scuff R FWD

**5-6-7-8** Step R to R, Click (click fingers shoulder high in front), Cross L behind R, Click (click fingers low and behind yourself)

**A7: SIDE, CLICK, CROSS, CLICK, ROCKING CHAIR**

**1-2** Step R to R, Click (click fingers shoulder high in front)

**3-4** Cross L over R, Click fingers (click fingers low and behind yourself)

**5-6-7-8** Rock R FWD, Recover L back, Rock R back, Recover L FWD

**A8: FWD, 1/2L PIVOT, FWD, 1/2L PIVOT, SIDE HEELS BOUNCE, SIDE HEELS BOUNCE**

**1-2-3-4** Step R FWD, 1/2L pivot, Step R FWD, 1/2L pivot (Lasso hand style) (12.00)

**5-6-7-8** Step R to R heels bounce UP-Down-Up-Down (Lasso style)

**(opt. style 5-8: body facing slightly diagonal L in a sitting position wt on R)**

**A9: CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE**

**1-2-3&4** Cross Rock R over L, Recover L back, Step R to R, Step L together, Step R to R

**5-6-7&8** Cross Rock L over R, Recover R back, Step L to L, Step R together, Step L to L

**A10: POINT CROSS -SIDE, 1/4R SAILOR R, POINT CROSS -SIDE, 1/4L SAILOR L**

**1-2-3&4** Cross touch R over L, Point R to R, 1/4R sailor R (3.00)

5-6-7&8 Cross touch L over R, Point L to L, 1/4L sailor L (12.00)

### **Part B (88 Counts)**

#### **B1: 1/4L SIDE TOE STRUT, CROSS TOE STRUT, SIDE TOE STRUT, CROSS TOE STRUT**

**1-2-3-41/4L touch R toe to R, Drop R heel, Cross touch L toe to R, Drop L heel (look R)(9.00)**

5-6-7-8 Touch R toe to R, Drop R heel, Cross touch L toe to R, Drop L heel (look R)

#### **B2: SWAY R-L-R, CLAP, 1/4L, CROSS, 1/2L UNWIND, HANDS TOUCH CHEST, FLIP HANDS OUT**

1-2-3-4 Sway R-L-R, HOLD & Clap

**5-6-7-81/4L step L FWD, Cross R over L, 1/2L Unwind wt on R hands on chest, Flip hands out (12.00)**

#### **B3: 1/4R SIDE TOE STRUT, CROSS TOE STRUT, SIDE TOE STRUT, CROSS TOE STRUT**

**1-2-3-41/4R touch L toe to L, Drop L heel, Cross touch R toe to R, Drop R heel (look L)(3.00)**

5-6-7-8 Touch L toe to L, Drop L heel, Cross touch R toe to R, Drop R heel (look L)

#### **B4: SWAY L-R-L, CLAP, 1/4R, CROSS, 1/2R UNWIND, HANDS TOUCH CHEST, FLIP HANDS OUT**

1-2-3-4 Sway L-R-L, HOLD & Clap

**5-6-7-81/4R step R FWD, Cross L over R, 1/2R Unwind wt on L closed hands on chest, Flip hands out (12.00)**

#### **B5: OUT-OUT, CROSS R HAND OVER, OVER, UNDER, UNDER, OVER, UNDER, OVER, UNDER**

**&1** Step R to R, Step L to L & cross R hand over L with fist/Palm open like stop sign,

**2-3-4** Cross R hand over L, Cross R hand under L, Cross R hand under L

**5-6-7-8** Cross R hand over L, Cross R hand under L, Cross R hand over L, Cross R hand under L

#### **B6: L ROLLING VINES & CLAP, R ROLLING VINES & CLAP**

**1-2-3-41/4L step L FWD, 1/2L step R back, 1/4L step L to L, Touch R beside L & CLAP (12.00)**

**5-6-7-81/4R step R FWD, 1/2R step L back, 1/4R step R to R, Touch L beside R & CLAP (12.00)**

**B7 - B11: REPEAT SECTION A6 - A10 OF PART A**

**ENDING: At the end of last B, Repeat the Last 16 counts of part B then run around full turn from r to front with FWD toe touches until music ends ###**

**Hope you enjoy the dance**

**This dance is specially dedicated for our Hurstville Senior line dancing Group "Clever Ageing Expo" performance at Westfield Hurstville centre stage, Hurstville NSW Australia.**

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