

If I'm Lucky

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Count: 144

Wall: 2

Level: Phrased Advanced

Choreographer: Stina-Eliza Sild - August 2018

Music: Jason Derulo - If I'm Lucky

Dance pattern: A,B,A,B,C,B,C

Intro 10 sec, start with words TO SAY

Part A: 64 c.

A1: R cross rocking chair, R cross shuffle, L cross rocking chair, L cross shuffle

1&2&cross rock fwd on R, recover on L, rock back on R, recover on L

3&4cross R over L, step L to left, cross R over L

5&6&cross rock fwd on L, recover on R, rock back on L, recover on R

7&8cross L over R, step R to right , cross L over R

A2: Step to R, step to L, step back R, step to L and hold

1,2step R right (bend your R knee out) step L next to R

3,4step L to left (bend your L knee out) step R next to L

5,6step R back (bend your knee out) step L next to R

7,8step L to left, hold

A3: R cross rock, R shuffle, L cross rock, L shuffle

1,2cross rock R over L, recover on L

3&4step R to right, step L beside R, step R to right

5,6cross rock L over R, recover on R

7&8step L to left, step R beside L, step L to left

A4: R cross rock, R shuffle 1/4, 3/4 turn right, L hand fwd showing STOP

1,2cross rock R over L, recover on R

3&4step R to right, step L next to R, step R fwd 1/4 to right

5,6step L fwd, turn 3/4 right

7,8step L next to R rising to the toes stretch out of L hand and show STOP, hold

A5: Side steps to right, side steps to left

1,2step R to right (bend your R knee out) step L next to R

3&4step R to right (bend your R knee out) step L next to R, step R to right

5,6step L to left (bend your L knee out) step R next to L

7&8step L to left (bend your L knee out) step R next to L, step L to left

A6: R rock fwd, R coaster step, steps fwd L R L

1,2rock fwd on R, recover on L

3&4step back on R, step L next to R, step R fwd

5step fwd on L with bending your knees down

6step fwd on R rising to the toes with straighten your legs

7step fwd on Lwith bending your knees down

8straighten your both knees

A7: Out out, R knee pop, R shuffle, L cross rock, L shuffle 1/4 left

&1step R to right , step L to left

2pop R knee towards L

3&4step R to right, step L next to R, step R to right

5,6cross rock L over R

7&8step L to left , step R next to L, step L 1/4 to left

A8: Pivot 1/2 left, pivot 1/4 left, step fwd R and L, hold

1,2step R fwd, make 1/2 turn left

3,4step R fwd, make 1/4 turn left

5,6step R fwd with little bodyroll, step L next to R

7,8hold

Part B: 64c.

B1: Side step to R, side step to L, R shuffle, L shuffle, R shuffle

1step R to right side, hands bent from elbow, palms facing down, fingers pointing outside

2step L to left side, hands bent from elbow, palms facing down, fingers pointing outside

3&4step R fwd, step L beside R, step R fwd

5&6step L fwd, step R beside L, step L fwd, arms crossed on the chest, while bending your body down

7&8bring your body up, step R fwd, step L beside R, step R fwd

B2: L rock, shuffle with 1/2 pivot, shuffle with 1/4 turn, sailorstep

1-2L rock forward, recover on L

3&41/2 turn with L shuffle over L shoulder

5&61/4 turn with R shuffle

7&8sailrostep with 3/4 turn

B3: Side step to R, side step to L, R shuffle, L shuffle, R shuffle

1step R to right side, hands bent from elbow, palms facing down, fingers pointing outside

2step L to left side, hands bent from elbow, palms facing down, fingers pointing outside

3&4step R fwd, step L beside R, step R fwd

5&6step L fwd, step R beside L, step L fwd, arms crossed on the chest, while bending your body down

7&8bring your body up, step R fwd, step L beside R, step R fwd

B4: L rock, shuffle with 1/2 pivot, shuffle with 1/4 turn, sailorstep

1-2L rock forward, recover on L

3&41/2 turn with L shuffle over L shoulder

5&61/4 turn with R shuffle

7&8sailorstep with 3/4 turn

B5: R Dorothy step, L Dorothy step, R rocking chair, R shuffle

1,2&step R to right diagonal, lock L behind, step R to right diagonal

3,4&step L to left diagonal, lock R behind, step L to left diagonal

5&6&rock fwd R, recover weight L, rock back R, recover weight L

7&8step R fwd, step L next to R, step R fwd

B6: L Dorothy step, R Dorothy step, L rocking chair, L shuffle

1,2&step L to left diagonal, lock R behind, step L to left diagonal

3,4&step R to right diagonal, lock L behind, step R to right diagonal

5&6&rock fwd L, recover weight R, rock back L, recover weight R

7&8step L fwd, step R next to left, step L fwd

B7: R step fwd 3/8, L step 1/4 left, R step 1/4 right, L step to left

All steps with bending your knees out

1,2step R 3/8 fwd, step L next to R

3,4step L 1/4 left, step R next to L

5,6step R 1/4 right, step L next to R

7,8step L to left, step R next to L

B8: 4 diagonal steps on R , with every step on R foot bent your arms at the elbow to the right side, fingers pointing outside

1,2step R to right diagonal, step L next to R

3,4step R to right diagonal, step L next to R

5,6step R to right diagonal, step L next to R

7,8step R to right diagonal, step L next to R

Part C 16c.

C1: Raise and drop legs

1raise your RF

2drop your RF down to right side

3raise your LF

4drop your LF down to the left side

5raise your RF and turn 1/4 to left

6drop your RF next to L

7raise your both arms from behind to front

8put your arms cross onto your chest

C2: Raise and drop legs

1raise your RF (drop your hands while raising foot)

2drop your RF down to right side

3raise your LF

4drop your LF down to the left side

5raise your RF and turn 1/4 to left (6:00)

6 drop your RF next to L

7 raise your both arms from behind to front

8 put your arms cross onto your chest

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