

Jump

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Count: 64 **Wall:** 2 **Level:** Improver

Choreographer: Karolina Ullerstav (January 2019)

Music: The Pointer Sisters "Jump (For My Love)", length 4:26

Remember your Disco moves for this dance and have Fun everyone!

Intro 48 counts, BPM 134

Restart in wall 3 after 48 counts

Section 1: Vine right ending with points

1RF step right

2LF step behind RF

3RF step right

4LF step in front of RF

5RF point diagonally forward right

6RF point left ending in front of LF

7RF point diagonally forward right

8RF point left ending in front of LF and shift weight onto RF

Section 2: Vine left ending with points

1LF step left

2RF step behind LF

3LF step left

4RF step in front of LF

5LF point diagonally forward left

6LF point right ending in front of RF

7LF point diagonally forward left

8LF point right ending in front of RF and shift weight onto LF

Section 3: Steps forward with kick ball change x 2

1RF step forward

2LF step forward

3RF kick forward

&RF step beside LF

4LF step in place

5RF step forward

6LF step forward

7RF kick forward

&RF step beside LF

8LF step in place

Section 4: Steps diagonally forward right and left and steps back ending with steps right and left with touch beside

1RF step diagonally forward right

2LF step diagonally forward left

3RF step back

4LF step beside RF

5RF step right

6LF touch beside RF

7LF step left

8RF touch beside LF

Section 5: Jump forward, hip sways to the right, point forward with right arm from the left side to the right side while still swaying your hips

1RF jump forward

2LF step beside RF

3 Hip sway to the right

4 Hip sway to the right

5-6-7-8 Right arm point forward from the left side to the right side while still swaying your hips

Section 6: Jump forward, hip sways to the left, point forward with left arm from the right side to the left side while still swaying your hips

1LF jump forward

2RF step beside LF

3 Hip sway to the left

4 Hip sway to the left

5-6-7-8 Left arm point forward from the right side to the left side while still swaying your hips

Section 7: Vine right and full turn left

1RF step right

2LF step behind RF

3RF step right

4LF touch beside RF (facing 12.00)

5 Turn $\frac{1}{4}$ left and step LF forward

6 Step RF forward turning $\frac{1}{2}$ left

7 Turn $\frac{1}{4}$ left stepping LF left (facing 12.00)

8RF touch beside LF

Section 8: Steps forward with touch, rock step forward, recover, turn $\frac{1}{2}$ left and step forward and touch beside

1RF step forward

2LF step forward beside RF

3RF step forward

4LF touch beside RF

5LF rock step forward

6 Recover onto RF (weight on RF)

7 Turn $\frac{1}{2}$ left and step LF forward (facing 06.00)

8RF touch beside LF

Have Fun enjoying the music of the '80:s and don't forget your Disco moves!