

# SHORT TRAIN

LINEDANCE.COM

**Count:** 40      **Wall:** 2      **Level:** Beginner level

**Choreographer:** Wanda Heldt (04)

**Music:** Longtrain Running by Bananrama

**Or Music: Achy Breaky Heart by Billy Ray Cyrus & will fit to most music Split Floor: Who Did You Call Darling**

## RIGHT VINES WITH HIPS SWAYS

1-4 Step Right, Left behind Right Left, Step Right, Hold on count 4

5-8 Sway Hips Left, Right, Left, Right - [Weight on Right]

## LEFT VINES WITH HIPS SWAYS

1-4 Step Left, Right behind Left, Step Left, Hold on count 4

5-8 Sways Hips Right, Left, Right, Left - [Weight on Left]

## RIGHT & LEFT SKATES FORWARD, WITH HOLDS

1-2 Step R forward at [2:00] Step Left forward at [11:00]

3-4 Step R forward at [2:00], & Hold - [Wt. on R]

5-6 Step L forward at [11:00], Step Right forward at [2:00]

7-8 Step L forward at [11:00], & Hold - [Wt. on L]

## WALK BACK RIGHT & LEFT, WITH HITCH

1-4 Walk back Right, Left, Right, Hitch Left Knee

5-8 Walk back Left, Right, Left, Touch Right toe next to Left

## 1/4 MONTERYS TO THE RIGHT

1-2 Point Right Toe to side, Step leg in & Pivot 1/4 Right

3-4 Point Left Toe to the side, bring leg back [Wt. on L]

5-6 Point Right Toe to side, Step leg in & Pivot 1/4 Right

**6-8 Point Left Toe to the side, bring leg back in [Wt. on L] RESTART: DANCE WITH ATTITUDE - HAVE FUN**