

# Redneck Life

LINEDANCE.COM

**Count:** 60      **Wall:** 4      **Level:** —

**Choreographer:** Kim McCloughan – Mudgee, NSW, Australia - September 2017

**Music:** Redneck Life by: Chris Janson. Album: Everybody

**Original position: Feet together weight on left foot**

**THIS DANCE IS DONE IN 4 DIRECTIONS**

**INTRODUCTION:- 16 BEATS**

**S1: HEEL, TOGETHER, HEEL, HEEL, TOGETHER, HEEL TOGETHER, HEEL TOGETHER, DOUBLE KICK**

- 1-2      Tap R Heel Forward, Tap R Toe Together.
- 3-4&    Tap R Heel Forward, Tap R Heel Forward, Step R Together.
- 5&6&    Tap L Heel Forward, Step L Together, Tap R Heel Forward, Step R Foot Together.
- 7-8      Kick L Foot Forward, Kick L Foot Forward.

**S2: BACK, FORWARD, STEP TURN 360deg, V STEP**

- 1-2      Step L Back Lifting R Foot Off The Ground, Step R Forward.
- 3-4      Turn 360deg R Step L Forward Hitch R Knee Up.
- 5-6“V” Step, Step R Forward At 45deg Right, Step L Forward At 45deg Left.**
- 7-8      Step R Back To The Centre, Step L Together

**S3: SIDE, BEHIND ¼ R, ¼ JUMP, TWISTS**

- 1-2      Step R To The Side, Step L Foot Behind Right.
- 3-4      Turn 90deg R Stepping R Forward, Turn 90deg R Jump Both Feet Together

**(Alt: Step L Foot Beside R)**

- 5-6      Twist Both Heels To The Left, Twist Both Toes To The Left.
- 7-8      Twist Both Heels To The Left, Twist Both Toes To The Left.

**S4: ¼ BOX STEP, TOE STRUTS**

- 1-2      Box Step Turning 90deg R, Step R Across Left, Step L Back.
- 3-4      Turn 90deg R Stepping R Forward, Step L Foot Forward.

5-6 Toe Strut- Touch Ball Of R Foot Forward, Drop R Heel.

7-8 Toe Strut- Touch Ball Of L Foot Forward, Drop L Heel.

### **S5: HEEL, TOE, HEEL, SIDE, FLICK BEHIND, POINT, FLICK INFRONT, ¼ R FLICK TO THE SIDE**

1-2 Tap R Heel Forward, Tap R Toe Back

3-4 Tap R Heel Forward, Tap R Toe To The Right Side.

5-6 Flick R Foot Up Behind Left Leg Tap R Foot With L Hand, Tap R Toe To The Side.

7-8 Flick R Foot In front Of Left Leg Tap R Foot With L Hand, Turn 90degL Flick R Foot To The R Side Tap R Outside Of The Foot With R Hand.

### **S6: VINE ¼ TURN R ½ HITCH, BACK, ½ TURN HITCH, STEP FORWARD HITCH**

1-2 Step R To The Side, Step L Foot Behind Right.

3-4 Turn 90degR Step R Foot Forward, Turn 180degR Hitching Left Knee Up.

5-6 Step Back On L Foot, Turn 180degR Hitching R Knee Up.

7-8 Step R Foot Forward, Hitch L Knee Up.

### **S7: PIVOT ¼ R, CROSS, TURN L ¾ STEP, QUICK ROCKING CHAIR, PIVOT ½, PIVOT ½**

1&2 Step L Forward Pivot Turn 90degR, Step R To The Side, Cross L Foot Over R.

3&4 Turn 90degL Step R Foot Back, Turn 180degL Step L Foot Forward, Step R Foot Forward.

5&6& Quick Rocking Chair, Step Forward On L, Step Back On R, Step Back On L, Step Forward On R.

7&8& Step Forward L Pivot 180degR Step R Forward, Step Forward L Pivot 180degR Step R Forward.

### **S8: FORWARD, HOLD, AND STEP AND STEP**

1-2& Step L Forward, Hold, Step R Together

3&4 Step L Forward, Step R Together, Step L Forward.

### **[60] REPEAT DANCE IN NEW DIRECTION**

### **TAG: AT THE END OF WALL 4 ADD THE FOLLOWING TAG**

1-2 Kick R Foot Forward, Kick Right Foot Forward

3-4 Tap R Toe Beside Left, Tap R Toe Beside L

## **ALTERNATIVE BITS FOR EXTRA FUN**

**ALT: FOR THE FIRST 8 COUNTS YOU CAN JUMP THE WHOLE SECTION EG:**

- 1-2** Kick R Foot Forward Step R Beside L, Kick L Foot Forward Step L Together
- 3-4** Kick R Foot Forward, Kick R Foot Forward (While Bouncing On L Foot)
- 5-6** Step R Together Kick L Forward, Step It Together Kick R Foot Forward Step R Together
- 7-8** Kick L Foot Forward, Kick L Foot Forward(While Bouncing On R Foot)

**Then Into The Dance As Normal**

**ADD JUMPS IN THE SECTION WITH THE TURNS AND HITCHES JUST MAKES IT MORE FUN**

**HAVE LOADS OF FUN WITH IT I SAY.....**

**Contact: [emma1979lou@gmail.com](mailto:emma1979lou@gmail.com)**