

Strobe Lights (□□□□)

LINEDANCE.COM

Count: 64 **Wall:** 2 **Level:** Advanced

Choreographer: Rachael McEnaney , UK (Jun 09)

Music: Strobe Lights by Emmanuel

□□□ **Count In: 32 counts from**

start of track at approx 16 secs 32□□□□

□□□

Step Touch, Step Touch,

Out Out, Hitch Close, Knee Pop, Ball Change, Syncopated Jazz Box

□□ , □□ , □□ , □□ , □□ , □□ , □□□□

&1&2

Step right to right side (&), touch left next to

right (1), step left to left side (&), touch right next to left (2) [12.00]

□□□□ , □□□□ , □□□□ , □□□□ (□□ 12□□)

&3&4

Step right to right side (&), step left to left

side (3), hitch right knee (&), step right next to left (4) [12.00]

□□□□ , □□□□ , □□□□ , □□□□ (□□ 12□□)

&5&6

Push both knees out to sides (&), pop knees

together (5), step back on ball of left foot (&), step in place with

right (6) [12.00]

□□□□ , □□□□ , □□□□ , □□□□ (□□ 12□□)

7&8

Cross left over right (7), step back on right (&),

step left next to right (8) [12.00]

□□□□□□□□ , □□□□ , □□□□ (□□ 12□□)

□□□

Step $\frac{1}{4}$ Pivot, Full 2 Count

Turn Right, Step Right Left, Full Triple Turn To Right (The Turns Are Like

Rolling Vine)

□□ 1/4, 2□□□□ , □□□□ , □□□□□□□□

1-2

Step forward on right (1), make $\frac{1}{4}$ turn left (weight on

left - pull L shoulder back) (2) [9.00]

□□□□ , □□ 90□ (□□□□□□ -□□□□□□) (□□ 9□□)

3-4&

Make $\frac{1}{4}$ turn right stepping forward on right (3), make $\frac{1}{2}$

turn right stepping back on left (4), make $\frac{1}{4}$ turn right (no weight change)

(&) [9.00]

□□ 90□□□□□□ , □□ 180□□□□□□ , □□ 90□□□□□□ (9□□)

5-6

Step right to right side (5), step left to left side

(6) (these are strong steps - push hips forward with each step) [9.00]

□□□□ , □□□□ (□□□□□□□□) (□□ 9□□)

7&8

Make $\frac{1}{4}$ turn right stepping forward right (7), make $\frac{1}{2}$

turn right stepping back left (&), make $\frac{1}{4}$ turn right stepping right to

side (8) [9.00]

□□ 90□□□□ , □□ 180□□□□ , □□ 90□□□□ (9□□)

□□□

Walk Forward L R, L Mambo

$\frac{1}{2}$ Turn, Slide/Glide $\frac{1}{2}$ Turn L With Ball Of R, Close R, Step Forward L (ARMS)

□□ -□ , □□ , □□ 1/2□□ , □□ □ 1/2□□□ , □□ , □□□

1-2

Angle body to diagonal (10.30) step forward on left

(1), step forward on right (2) [10.30]

□□□□ (10:30)□□□□ , □□□□ (□□ 10:30)

3&4

Rock forward on left (3), recover weight onto right

(&), make $\frac{1}{2}$ turn left stepping forward on left (4) [4.40]

□□□□ , □□□□ , □□ 180□□□□ (□□ 4:40)

5&6

Push ball of right foot next to left (5), put weight

into right heel whilst sliding left foot back (start turn) (&), make $\frac{1}{2}$

turn left stepping forward on to left (6) [10.30]

□□□□ , □□□□ (□□□□) , □□ 180□□□□ (□□ 10:30)

7-8

Step right next to left (7), step forward on left

bending both knees (8) [10.30] , (10:30)

Arms

7&8

As you step right next to left leave left arm out to

left side loosely snap fingers of right hand close to eye level (7) With

right hand imagine drawing a circle anti-clockwise without moving elbow

(&) As you step forward left complete arm circle bringing fist close to

head (eye level) (8)

7&8

, ,

¼ Turn (Or 3/8 As Facing Diagonal),

Step Forward, Body Bounce, Hitch Close, Step R L, Full Turn R, Side L

3/8, , , , , , ,

1-2

Make 3/8 turn to right stepping forward onto right

(legs straighten) (1), step forward on left bending both knees dipping down

(2) [3.00]

3/8 (), (3)

Arms

side (8)

□ 90□□□□□□□□ , □□□□

Arm:

as you step left to side swing right arm from bottom to

top as if doing back crawl with a finger snap) [3.00]

□ 8□□□□□□□□□□□□□□ (□□ 3□□)

□□□

Cross R Behind, 1/4 Turn Left, Step R, 1/2

Pivot, Heel Switches With Fingers & Sweep, R Behind Side Cross

□□□□ , □ 1/4,

mso-font-kerning:0pt">□□

mso-font-kerning:0pt">, □ , □□□□ , □□□□

1-2

Cross right behind left (1), make 1/4 turn left stepping

forward on left (2), [12.00]

□□□□□□□□□□ , □□ 90□□□□□□ (□□ 12□□)

3&4

Step forward on right (3), pivot 1/2 turn left (&),

step forward on right (4) [6.00]

□□□□ , □□ 180□ , □□□□ (□□ 6□□)

5&6&

Touch left heel forward pointing both index fingers

down towards left foot (5), step left next to right (&), touch right heel

forward pointing both fingers down towards right foot (6), sweep right heel

round to behind left - no weight change (&) [6.00]

□□□□ (□□□□), □□□, □□□□ (□□□□), □□□□□□□□ (□□ 6□□)

7&8

Cross right behind left (7), step left to left side

(&), cross right in front of left (8) [6.00]

□□□□□□□□, □□□□, □□□□□□□□ (□□ 6□□)

□□□

Big Step Left, Hold, Ball Cross, ¼ Turn

Right, 2 Hip Bumps Forward, ½ Turn Right, 2 Hip Bumps Forward.

□□□, □, □□□, □ 1/4,

mso-font-kerning:0pt">□□□□, □ 1/2,

mso-font-kerning:0pt">□□□□

12&34

Take big step to left side(1), hold(2), step back on

ball of right(&), cross left over right (3), make ¼ turn right stepping

forward right (4) [9.00]

□□□□□□, □, □□□□, □□□□□□□□, □□ 90□□□□ (□□ 9□□)

5&6

Touch left toe forward bumping hips forward (5), bump

hips back (&), bump hips forward taking weight on left (6) [9.00]

□□□□□□□□ , □□□ , □□□□□□□□ (□□ 9□□)

7&8

Make ½ turn right touch right toe forward bumping hips

forward (7), bump hips back (&), bump hips forward stepping forward right

(8) [3.00]

□□ 180□□□□□□□□ , □□□ , □□□□□□□□ (□□ 3□□)

□□□

Walk L, R Mambo, Walk Back L R, L Coaster

Cross, R Cross Walk

□□

mso-font-kerning:0pt">, □□□ , □□ -□ , □ , □□□□ , □□□□

12&34

Step forward on left (1), rock forward on right (2),

recover weight onto left (&), step back on right (3) step back on left

(4) [3.00]

□□□□ , □□□□□□ , □□□□ , □□□□ , □□□□ (□□ 3□□)

56&78

Step back on right (5), step back on left (6), step

right next to left (&), cross left over right travelling slightly forward

(7), step forward on right crossing slightly over left (8) [3.00]

□□□□ , □□□□ , □□□□ , □□□□□□□□ (□□□□□□) , □□□□□□□□ (□□□□□□) (□□ 3□□)

□□□

Left Diagonal Step Touch, Right Diagonal

Step Touch, 3 Walks Making $\frac{3}{4}$ Turn Left, Touch Or Small Jump

□□□□ , □□□□ , □□□□ $\frac{3}{4}$,

mso-font-kerning:0pt">□□

mso-font-kerning:0pt">

1-2

Take big step forward leading with left heel to left

diagonal (1), close right to left (small jump optional) (2) [3.00]

□□□□□□□□ , □□□□ (□□□□)(□□ 3□□)

3-4

Take big step forward leading with right heel to right

diagonal (3), close left to right (small jump optional) (4) [3.00]

□□□□□□□□ , □□□□ (□□□□)(□□ 3□□)

5-8

Make $\frac{3}{4}$ turn left walking in circle - left (5), right

(6), left (7), touch right next to left (or small jump) (8) [6.00]

□□ 270□ -□ , □ , □ , □□□□ (□□□□)(□□ 6□□)