

# SHEBANG

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**Count:** 64      **Wall:** 4      **Level:** intermediate

**Choreographer:** Lu Olsen

**Music:** She Bangs (English Edit) by Ricky Martin

## KICKS, STOMP, KICK, ROCK BACKS

**1-4** Kick right forward diagonal over left leg, kick right forward diagonal to right, stomp right beside left foot, kick right forward

**&5-6** Right back, left in place, right beside left

**&7-8** Left back, right in place, left beside right

### Hands:

**&5-6** Place right elbow forward and bend upper arm up while placing left back hand under right elbow

**&7-8** Reverse arms (place left elbow forward and bend upper arm up while placing right back hand under left elbow)

## SHUFFLES WITH TURNS, ROCK FORWARD & BACK

**1&2&3&4** Shuffle forward right-left-right, ½ turn right, shuffle back left-right-left

**&5&6½ turn right, shuffle forward right-left-right**

**7&8** Rock left forward, rock right back, left back

## BACKWARD WALKS, HIP SWAYS

**The next 8 counts involves arm movements. Make the arms stylish/twisting motion (or use your own style) and emphasize hips sways while walking back**

**1-2** Walk back right (extend right arm over head), walk back left (extend left arm over head)

**3** Walk back right (still extended right arm cross right wrist in front of left wrist over head)

**4** Walk back left (twist right hand under left wrist so left hand is now in front, still above head)

**5-6** Walk right slightly back (right hand down on right buttock), walk left slightly back (left hand down on left buttock)

**7-8(Hands remain on buttock) rock right to right sway hips right, rock left to left sway hips left**

## **ROCK BACK, ¼ TURN, SYNCOPATED KICK, ½ TURN KICK, FULL TURN**

- &1-2** Right back, ¼ left turn left foot forward, kick right forward
- 3-4** Right over left to start ½ left turn, complete ½ left turn and kick left forward
- &5** Left back, right forward
- 6-8** Full turn right moving slightly forward stepping left, right, left

## **MOVING FORWARD 4 SASSY STEPS ON BALLS OF FEET, ¼ TURN FLICK LEG & SHUFFLE FORWARD**

- 1** Right over left (left hand covers front of tummy while right palm facing front out to right side)
- 2** Left over right (right hand covers front of tummy while left palm facing front out to left side)
- 3-4** Repeat sassy steps 1-2
- 5-6** Right over left, ¼ turn right on right foot - flick left leg back (bent at knee) and flick head back (chin raised)
- 7&8** Shuffle forward left-right-left

**At the end of wall 3, restart from here facing to front**

**At the end of wall 7, add a pair of 4 count right hip rolls, then restart the dance from the top**

## **SAMBA STEPS, TAP, CROSS SHUFFLE & ½ TURN**

- &-1-2** Right foot slightly back right diagonal, left to center, right forward
- &3-4** Left foot slightly back left diagonal, right to center, tap left to left side
- 5&6** Left over right, right to right, left over right
- 7-8** Step back on right ¼ turn left, ¼ turn left and step left to left

## **MOVING FORWARD 4 SASSY STEPS ON BALLS OF FEET, ¼ TURN FLICK LEG & SHUFFLE FORWARD**

- 1** Right over left (left hand covers front of tummy while right palm facing front out to right side)
- 2** Left over right (right hand covers front of tummy while left palm facing front out to left side)
- 3-4** Repeat sassy steps 1-2
- 5-6** Right over left, ¼ turn right on right foot - flick left leg back (bent at knee) and flick head back (chin raised)

**7&8** Shuffle forward left-right-left

**DIAGONAL SLIDE KNEE ROLLS, KICK BALL CHANGE, STEP DRAG TO FINISH!**

**Left hand over tummy while right hand extended above head and circles above head for counts 1, 2, 3, 4**

**1-4** Right forward diagonal and roll right knee, slide left foot forward to right foot, right forward diagonal and roll right knee, tap left beside right foot

**5&6** Kick left forward, left beside right, right in place

**7-8** Large left step to left, drag right to left (weight on left) (place right arm around body while left arm curls above head. "ole!")

**REPEAT**

**RESTARTS**

**Dance 3rd wall to count 40, then start again on wall 4 to front**

**Dance 7th wall to count 40, then add 4 count, two right hip rolls. Then start again on wall 8 to the right.**