

# YESTERDAY ONCE MORE (AKA MARY'S DANCE)

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**Count:** 32      **Wall:** 2      **Level:** Beginner/Intermediate level

**Choreographer:** Jan Wyllie

**Music:** Yesterday Once More by The Carpenters [83 bpm / Greatest Hits (69-83)]

## SIDE ROCK/RETURN, & STEP ACROSS STEP RIGHT, & CROSS/SHUFFLE, ½ TURN

- 1-2**      Rock/step right to right, rock/return weight sideways onto left
- &3-4**      Step right beside left, step left across right, step right to right
- &5&6**      Step left beside right, cross/shuffle left stepping right, left, right
- 7-8**      Making ¼ right step back on left, making ¼ right step right to right side

## CROSS SAMBA TWICE, ROCK RETURN, COASTER STEP

- 9&10**      Rock/step left across right, rock back on right, step left to left
- 11&12**      Rock/step right across left, rock back on left, step right to right
- 13-14**      Rock/step forward on left, rock back on right
- 15&16**      Step back on left, step right beside left, step forward on left

## SHUFFLE FORWARD, ROCK RETURN, BACK LOCK STEP, ½ ROCK RETURN

- 17&18**      Shuffle forward right, left, right
- 19-20**      Rock/step forward on left, rock back on right
- 21&22**      Step back on left, lock/step right in front of left, step back on left
- 23-24**      Making ½ left rock/step forward on right, rock back on left

## BACK LOCK STEP, ½ ROCK RETURN, STEP BACK TOUCH, SIDE TOUCH SIDE TOUCH

- 25&26**      Step back on right, lock/step left in front of right, step back on right
- 27-28**      Making ½ left rock/step forward on left, rock back on right
- 29-30**      Step back on left, touch right beside left
- &31**      Step right to right, touch left beside right

## &32 Step left to left, touch right beside left REPEAT

**TAG:** At the END of wall 4

- 1-2-3&4** Rock/step back on right, rock forward on left, shuffle forward right, left, right making  $\frac{1}{2}$  turn left
- 5-6-7&8** Rock/step back on left, rock forward on right, shuffle forward left, right, left making  $\frac{1}{2}$  turn right EMail / Website

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