

# TRIPLE THREAT

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**Count:** 64

**Wall:** 2

**Level:** intermediate

**Choreographer:** Michael Barr

**Music:** Triple Threat by Rick Tippe

**Being asked by Rick Tippe to choreograph a dance to this, his new song, has been a pleasure. This dude knows how to phrase a song!!! Thanks, Rick!!! The dance has a theme of "triples" having most 4 count step/phrases repeating 3 times. This will make for a pretty quick teach. Have fun out there!!!**

## **TAP RIGHT HEEL-BALL-CHANGE, TAP, STEP-TAP LEFT HEEL-BALL-CHANGE, TAP STEP**

- 1&2** Tap right heel next to left toe, quickly step ball of right foot next to left instep, step left foot slightly forward
- 3-4** Tap right heel next to left toe, step right foot slightly forward
- 5&6** Tap left heel next to right toe, quickly step ball of left foot next to right instep, step right foot slightly forward
- 7-8** Tap left heel next to right toe, step left foot slightly forward

## **TAP RIGHT HEEL-BALL-CHANGE, TAP, STEP-HEEL SWITCHES, HOLD, CLAP**

- 1&2** Tap right heel next to left toe, quickly step ball of right foot next to left instep, step left foot slightly forward
- 3-4** Tap right heel next to left toe, step right foot slightly forward
- 5&6** Touch left heel forward at 45 degree left angle, quickly step left foot home next to right foot, touch right heel forward on 45 degree right angle
- &7-8** Quickly step right foot home next to left foot, touch left heel forward on 45 degree left angle, hold position and clap

## **TURNING HEEL SWITCHES, HOLD, CLAP-TURNING HEEL SWITCHES, HOLD, CLAP**

- &1** Quickly step left foot home next to right foot, touch right heel forward on 45 degree right angle
- &2** Quickly step right foot home,  $\frac{1}{4}$  turning to the left on ball of right foot, touch left heel forward on 45 degree left angle
- &3-4** Quickly step left foot home next to right foot, touch right heel forward on 45 degree right angle, hold position and clap

- &5** Quickly step right foot home,  $\frac{1}{4}$  turning to the left on ball of right foot, touch left heel forward on 45 degree left angle
- &6** Quickly step left foot home next to right foot, touch right heel forward on 45 degree right angle
- &7-8** Quickly step right foot home next to left foot, touch left heel forward on 45 degree left angle, hold position and clap

### **SHIMMIES LEFT, TOUCH, HOLD-SHIMMIES RIGHT, TOUCH, HOLD**

- 1-2** Side step left on left foot and shimmy shoulders. Continue to shimmy shoulders
- 3-4** Touch ball of right foot next to left foot, hold position
- 5-6** Side step right on right foot and shimmy shoulders, continue to shimmy shoulders
- 7-8** Touch ball of left foot next to right foot, hold position

### **SHIMMIES LEFT, TOUCH, HOLD-RIGHT VINE WITH $\frac{1}{4}$ , $\frac{1}{4}$ BRUSH**

- 1-2** Side step left on left foot and shimmy shoulders, continue to shimmy shoulders
- 3-4** Touch ball of right foot next to left foot, hold position
- 5-6** Side step right on right foot, cross and step left foot behind right foot
- 7-8** Step  $\frac{1}{4}$  turn right on right foot, brush left foot forward as you pivot  $\frac{1}{4}$  turn to the right on ball of right foot -total of  $\frac{1}{2}$  turn right

### **LEFT VINE WITH A BRUSH-RIGHT VINE WITH SYNCOPATED $\frac{1}{4}$ , $\frac{1}{4}$ BRUSH**

- 1-2** Side step left on left foot, cross and step right foot behind left foot
- 3-4** Side step left on left foot, brush right foot forward
- 5-6** Side step right on right foot, cross and step left foot behind right foot
- &7-8** Quickly step ball of right foot forward and  $\frac{1}{4}$  turn to the right, step left foot forward into  $\frac{1}{4}$  turn to the right, brush right foot forward hitching right knee

### **Easier variation for counts &7-8 (leaving out the & count for &7)**

- 7** Step right foot forward into  $\frac{1}{4}$  turn to the right
- 8** Step left foot forward into another  $\frac{1}{4}$  turn to the right

### **CROSS TOE TAPS, STEP, SIDE TOE TAPS, STEP-REPEAT**

- 1-2** Cross right over left and tap right toe up off floor, step right foot down in place (legs are in crossed position)

- 3-4** Tap left toe side left up off floor, step left foot down in place (legs are uncrossed)
- 5-6** Cross right over left and tap right toe up off floor, step right foot down in place (legs are in crossed position)
- 7-8** Tap left toe side left up off floor, step left foot down in place (legs are uncrossed)

**KICK-BALL-CHANGE, KICK-BALL-CHANGE, KICK-BALL-CROSS, SIDE STEP, STEP TOGETHER**

- 1&2** Kick right foot forward at slight left angle, small side step to the right on ball of right foot, step left foot beside right foot
- 3&4** Kick right foot forward at slight left angle, small side step to the right on ball of right foot, step left foot beside right foot
- 5&6** Kick right foot forward at slight left angle, small side step to the right on ball of right foot, cross and step left foot over right foot
- 7-8** Long side step to the right on right foot, slide and step left foot next to right foot

**REPEAT**