

# SO EMPTY

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**Count:** 64      **Wall:** 2      **Level:** Intermediate level

**Choreographer:** M T Groove (UK) Sept 06

**Music:** Without Me by Eminem (CD: The Eminem Show)

**Start dance after long intro?.you?ll hear a match strike then start on rapping! We dedicate this dance to our Sunday Class. You are all great friends and we appreciate your never ending support!**

## SHOULDERS, STEP STEP, WALK L,R, SHUFFLE ½ TURN L

**1-2-3** Isolate shoulders R,L,R. (up down up).

**&4-5-6** Step L in place, Step R forward. Walk forward L,R.

**7&8 L shuffle ½ turn L in a semi circle shape**

## ¼ TURN L, HOLD, ¼ TURN R, COASTER STEP, JUMP, HEEL, DIP.

**1-2** Make a ¼ turn L step R to R side- lean/drop into this so R leg bent and L toe raises off floor (put R hand on R knee). Hold for count 2.

**3** Push off R making a ¼ turn R stepping R next to L (weight now on R facing 6 o'clock).

**4&5 L coaster step.**

**6-7-8** Jump onto R, Touch L heel forward, Dip (bend knees slightly).

## ¼ TURN R BACK R, L,R,L, ¼ TURN R STEP SIDE, CROSS. OUT OUT, SIDE ROCK/LEAN.

**1** Push off L heel stepping back on R as you ¼ turn R.(count 1).

**2-3** Walk back L,R.

**4&5** Step back on L, Make ¼ turn R step R to R side, Cross L over R.

**6-7** Step out out R.L (make sure feet not too far apart).

**8** Side lunge step R out to R side. (raise L toe off floor as you lunge). (Facing 12 o'clock). ARMS: (optional) on count 8 throw R arm down to R hip and L arm upto R shoulder with first two fingers on each hand pointing.

## RECOVER, WALK L,R, ROCK ¼ TURN L SIDE HITCH, CROSS BACK BACK, STEP ¼ TURN L, FIGURE 4.

**1** Recover onto L step R next to L (weight on R).

- 2-3 Walk L,R
- 4&5 Rock forward on L, Recover R, Make a ¼ turn L step onto L as you hitch your R to R side.
- 6&7 Cross R over L, Step back L,R.
- &8 Make a ¼ turn L step forward L, Hitch R foot behind L calf (figure 4) Lean upper body to L as you hitch.

**WALK R,L, FULL TURN L, WALK R,L,R TOGETHER,**

- 1-2-3-4 Walk R, L, Make a full turn L stepping R, L (keep full turn tight and bend down a little as you do counts 3-4).
- 5-6-7-8 Walk R,L, Make a large step forward on R (over the wall style) step L next to R.

**TOUCH TOGETHER X2, TAP X2, BUMP BUMP.**

- 1-2-3-4 Touch R heel across L, Step R next to L. Repeat leading L.
- 5-6 Tap L foot next to R twice angled to L diagonal.
- 7-8 Still angled to L diagonal bump hips to L twice.

**ROCK RECOVER, ROCK SLIDE, CROSS SIDE, CROSS SIDE ¼ TURN L.**

- 1-2 Square upto 6 o'clock as you - Rock R to R side, Recover L,
- 3-4 Rock R to R side, Slide L to R taking weight on L and pop R knee forward (angling to R diagonal).
- 5-6 Cross R over L, Step L to L side as you square up to 6 o'clock.
- 7-8 Cross R over L, Make a ¼ turn L stepping forward L (3 o'clock).

**ROCK RECOVER, WALK BACK, R COASTER ¼ TURN CROSS, TRIPLE FULL TURN.**

- 1-2 Rock forward R, Recover L.
- 3-4 Walk back on R (pop L knee forward), Walk back on L (pop R knee).
- 5&6 Step back on R, Close L next to R, ¼ turn R as you cross R over L.

**7&8 Make a full turn L stepping L,R,L . start over and enjoy! Don't Just Move It???Groove It! [www.mtgroove.co.uk](http://www.mtgroove.co.uk)**