

STEADY AS YOU GO

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Count: 48

Wall: 4

Level: —

Choreographer: Deb Kremsreiter

Music: Riding Alone by The Rednex

SIDE SHUFFLE, ROCK, SIDE SHUFFLE, ROCK

- 1&2** Shuffle to the right, right-left-right
- 3-4** Rock onto left foot behind right, shift weight forward onto right foot
- 5&6** Shuffle to the left, left-right-left
- 7-8** Rock onto right foot behind left, shift weight forward onto left foot

FORWARD SHUFFLE, TURN, TURNING SHUFFLE, ROCK

- 1&2** Shuffle forward right-left-right
- 3-4** Step forward on left foot, pivot $\frac{1}{2}$ turn right (shifting weight to right foot)
- 5&6** Shuffle forward while turning $\frac{1}{2}$ turn right, left-right-left
- 7-8** Rock back onto right foot, shift weight forward onto left foot

KICK, BALL, CHANGE, TURN, WALK

- 1&2** Kick right foot forward, step on ball of right foot, step left foot in place
- 3-4** Step forward on right foot, pivot $\frac{1}{2}$ turn left shifting weight to left foot
- 5-7** Walk forward right-left-right
- 8** Kick left foot forward

WALK, BACK, QUICK-STEP, RIGHT GRAPEVINE

- 1-3** Walk backward, left-right-left
- &4** Step back on right foot and quickly step left foot across in front of right
- 5-7** Step right foot to right, step left foot behind right, step right foot to right
- 8** Kick left foot forward

STEP-KICK, STEP-KICK, ROLLING LEFT GRAPEVINE

- 1-2** Step left foot in place, kick right foot forward
- 3-4** Step right foot in place, kick left foot forward
- 5-6** Step left foot to left turning $\frac{1}{4}$ turn left, step right foot forward turning $\frac{1}{2}$ turn left

7-8 Step left foot back turning $\frac{1}{2}$ turn left, touch right toe beside left foot

You have just completed a 1 & $\frac{1}{4}$ turn left. An alternative is to do a left grapevine w $\frac{1}{4}$ turn left

SYNCOPATED HEEL TOUCHES, HIP BUMPS

&1&2 Step back on right foot, touch left heel forward, step home on left, touch right toe home

&3&4 Step back on right foot, touch left heel forward, step home on left, touch right toe home

5-6 Step onto right foot, bumping hips to right twice

7-8 Step onto left foot, bumping hips to left twice

REPEAT