

# Shady Lately

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**Count:** 64

**Wall:** 4

**Level:** Phrased Intermediate / Advanced

**Choreographer:** Sandy Goodman (May 2012)

**Music:** Shady by Adam Lambert

**8 count intro: Start on lyrics. Sequence: A, B, (1st Tag), B, (2nd Tag), A-, B, (3rd Tag), B, (4th Tag), A, B, B with Ending**

**Part A:32 counts. Note:- (A-) = First 16 counts of Part A.**

**Walk Forward (x2), Forward Mambo, Sweep Behind-Side-Cross, Rock Side Right, Recover  $\frac{1}{4}$  Left, Step Forward**

- 1 - 2 Walk forward Right (1), Walk forward Left (2)
- 3 & 4 Rock forward Right (3), Recover on Left (&), Step slightly back on Right (4)
- 5 & 6 Sweep Left (front to back) - Step Left behind right (5), Step Right side right (&), Cross Left over right (6)
- 7 & 8 Rock Right side right (7), Turn  $\frac{1}{4}$  left- Step Left forward (&), Step Right forward (8)

**Walk Forward (x2), Forward Mambo, Sweep Behind-Side-Cross, Rock Side Left, Recover  $\frac{1}{4}$  Right, Step Forward**

- 1 - 2 Walk forward Left (1), Walk forward Right (2)
- 3 & 4 Rock Left forward (3), Recover on Right (&), Step slightly back on Right (4)
- 5 & 6 Sweep Right (front to back) - Step Right behind left (5), Step Left side left (&), Cross Right over left (6)
- 7 & 8 Rock Left side left (7), Turn  $\frac{1}{4}$  right- Step Right forward (&), Step Left forward (8)

**Step Forward, Pivot  $\frac{1}{2}$  Turn Left, Step Forward-Pivot  $\frac{1}{4}$  Left-Cross, Side-Behind-Side, Sway Right-Left**

- 1 - 2 Step forward Right (1), Pivot  $\frac{1}{2}$  turn left- weight on Left (2) 6:00
- 3 & 4 Step forward Right (3), Pivot  $\frac{1}{4}$  turn left (&), Cross Right over left (4) 3:00
- 5 & 6 Step Left side left (5), Step Right behind left (&), Step Left side left (6)
- 7 - 8 Sway Right (7), Sway Left (8)

**Step Forward, Pivot  $\frac{1}{2}$  Turn Left, Step Forward-Pivot  $\frac{1}{4}$  Left-Cross, Side-Behind-Side, Sway Right-Left**

- 1 - 2 Step forward Right (1), Pivot  $\frac{1}{2}$  turn left- weight on Left (2) 9:00
- 3 & 4 Step forward Right (3), Pivot  $\frac{1}{4}$  turn left (&), Cross Right over left (4) 6:00
- 5 & 6 Step Left side left (5), Step Right behind left (&), Step Left side left (6)
- 7 - 8 Sway Right (7), Sway Left (8)

### **Part B: 32 counts**

#### **Step Forward Diagonally Right-Lock, Step-Lock-Step, Step Forward Diagonally Left-Lock, Step-Lock-Step**

- 1 - 2 Step Right diagonally forward right (1), Lock Left behind right (2)
- 3 & 4 Step Right diagonally forward right (3), Lock Left behind right (&), Step Right diagonally forward right (4)
- 5 - 6 Step Left diagonally forward left (5), Lock Right behind left (6)
- 7 & 8 Step Left diagonally forward left (7), Lock Right behind left (&), Step Left diagonally forward left (8) 6:00

#### **Mambo Forward, Coaster Back, Step Pivot $\frac{1}{2}$ Turn Left, Step-Pivot $\frac{1}{4}$ Left-Point Side**

- 1 & 2 Step Right forward (1), Recover on Left (&), Step Right slightly back (2)
- 3 & 4 Step Left back (3), Step Right beside left (&), Step Left forward (4)
- 5 - 6 Step Right forward (5), Pivot  $\frac{1}{2}$  Turn left with weight on Left (6) 12:00
- 7& Step Right fwd. (7), Pivot  $\frac{1}{2}$  Left- weight on Left (&) 6:00
- 8& Step Right fwd.(8), Pivot  $\frac{1}{4}$  left with weight on Left - Point Right Side right (&) 3:00

#### **Sailor Right, Sailor Left, Behind-Side-Cross, Sway-Sway**

- 1 & 2 Step Right behind left (1), Step Left side left (&), Step Right side right (2)
- 3 & 4 Step Left behind right (3), Step Right side right (&), Step Left side left (4)
- 5 & 6 Step Right behind left (5), Step Left side left (&), Cross Right over left (6)
- 7 - 8 Sway body Left (7), Sway body Right (8) 3:00

#### **Sailor Left, Sailor Right, Behind-Side-Cross-Side, Behind-Side-Cross**

- 1 & 2 Step Left behind right (1), Step Right side right (&), Step Left side left (2)
- 3 & 4 Step Right behind left (3), Step Left side left (&), Step Right side right (4)
- 5&6& Step Left behind right (5), Step Right side right (&), Cross Left over right (6), Step Right side right (&)

**7 & 8** Step Left behind right (7), Step Right side right (&), Cross Left over right (8) 3:00

**\*\*1st Tag: (Step/Skate or Sway) Right (1) - Left (2) first time through the dance.**

**\*\*2nd Tag: At the end of B the second time through.**

**\*\*3rd Tag: At the end of B the third time through. (Same tag as #1)**

**\*\*4th Tag: At the end of B the 4th time through. Sway Right (1), Sway Left (2), Sway Right (3) Sway Left (4)**

**1st and 3rd Tag are the same: Happens at the end of B the first and third time it's done.**

**1 - 2** Sway Right (1), Sway Left (2)

**2nd Tag: Happens at the end of B the second time it's done.**

**1 - 2** Sway Right (1), Sway Left (2)

**3 - 4** Step Right Out (3), Step Left Out (4) Or Option: Right Knee In-Out (3&), Left Knee In-Out (4&)

**5 - 6** Step Right In (5), Step Left In (6) Or Option: Right Knee In-Out (5&), Left Knee In-Out (6&)

**&7&8** Push Chest forward (&), back (7), forward (&), back (8) Like you are breathing heavy

**4th Tag: Happens at the end of B the 4th time through.**

**1 - 4** Sway Right (1), Sway Left (2), Sway Right (3), Sway Left (4)

**Ending: You will be facing the 6:00 wall on the last set of 8. Do the following:**

**Sailor Left, Sailor Right, Behind-Side-Cross-Side-Behind-Step  $\frac{1}{4}$  Turn Right, Step Forward-  $\frac{1}{4}$  Turn Right-Cross**

**1 & 2** Step Left behind right (1), Step Right side right (&), Step Left side left (2)

**3 & 4** Step Right behind left (3), Step Left side left (&), Step Right side right (4)

**5&6&** Step Left behind right (5), Step Right side right (&), Cross Left over right (6), Step Right side right (&)

**7&** Step Left behind right (7), Step Right  $\frac{1}{4}$  turn right (7)

**8 & 1** Step Left forward (8), Turn  $\frac{1}{4}$  right- weight on Right (&), Cross Left over right (1)

**you may also cross your arms when you cross Left over right...You'll now be facing 12:00**

**Have Fun !!!!**

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