

She Bangs

LINEDANCE.COM

Count: 64

Wall: 4

Level: intermediate

Choreographer: Hillbilly Rick (USA)

Music: She Bangs by Ricky Martin



(Right) Modified Vine, Side Shuffle,

(Left) Kick-Ball Change

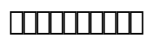
 ,  , 

1

Right - Step To Side 

2

Left - Cross Step Behind Right Foot

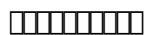


3

Right - Step To Side 




4

Left - Cross Step Behind Right Foot




5&6

Right Step To Side  **Left Step Together**  **Right Step To Side**

 ,  , 

7&8

Left Kick Forward  **Left Land On (Ball Of) Foot, While Slightly Lifting**

Left Foot Off Floor □ Right - Lower Foot Back To Floor

□□□□ , □□□ , □□□

□□□

(Left) Modified Vine, Side Shuffle,

(Right) Kick-Ball Change

□□□□□□ , □□□ , □□□□

1

Left - Step To Side □□□□

2

Right - Cross Step Behind Left Foot

□□□□□□□□

3

Left - Step To Side □□□□

4

Right - Cross Step Behind Left Foot

□□□□□□□□

5&6

Left Step To Side □ Right Step Together □ Left Step To Side

□□□□ , □□□□ , □□□□ (Shuffle)

7&8

Right Kick Forward □ Right - Land On (Ball Of) Foot, While Slightly Lifting

Left Foot Off Floor □ Left Lower Foot Back To Floor

□□□□ , □□□ , □□□

□□□

Walk Forward, Shuffle Forward,

Forward Rock-Recover

□□□ , □□□ , □□□ -□□

1-4

Right - Step Forward□ Left - Step Forward□ Right - Step Forward□ Left - Step Forward

□□□□ , □□□□ , □□□□ , □□□□

5&6

Right Step Forward□ Left Step Together□ Right Step Forward

□□□□ , □□□□ , □□□□ (Shuffle)

7-8

Left - Step (Rock) Forward, While Slightly Lifting Right Foot Off Floor□ Right - Lower Foot

Back To Floor (Recover)

□□□□ (□□□□), □□□□

□□□

Angle Step

Locks Back, Shuffle Back, Back Rock-Recover

□□□□□ , □□□ , □□□ -□□

1

Left - Step Back At An Angle □□□□□

2

Right - Step Back, Bringing Foot Across Left Foot (Ankle Lock)

□□□□ (□□□□□□)

3

Left - Step Back At An Angle □□□□□

4

Right - Step Back, Bringing Foot Across Left Foot (Ankle Lock)

□□□□ (□□□□□□)

5&6

Left Step Backward □ Right Step Together □ Left Step Backward

□□□□ , □□□□ , □□□□ (□ Shuffle)

Note: On Counts 5&6 Shuffle Diagonally Backwards, Towards 7 O'clock

As With The Step Locks Back.

□□ :□ 7□□□□□□□□

7-8

Right - Step (Rock) Backward, While Slightly Lifting Left Foot Off Floor □ Left - Lower Foot

Back To Floor (Recover)

□□□□ (□□□□□□), □□□□

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Side Step, Cross Behind, Side Shuffle (Right), Cross

Rock-Recover, Side Shuffle(Left)

mso-font-kerning:0pt">□□

Right - Stomp Forward □ **Hold For 1 Beat** □□□□ , □

3-4

Pivot On (Balls Of) Both Feet, 1/4 Turn Left (Shifting Weight To Right

Foot) □ **Hold For 1 Beat** □□ **90** □ (□□□□) , □

5&6

Left Cross Step Behind Right Foot □ **Right Step Slightly Out To Side** □ **Left Step Slightly**

Out To Side

□□□□□□□□ , □□□□ , □□□□

7&8

Right - Turning 1/4 Turn Right, Cross Step Behind Left Foot □ **Left Step Slightly Out To Side**

□ **Right Step Slightly**

Out To Side

□□ **90** □□□□□□□□□□ , □□□□ , □□□□

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">**Forward Rock-Recover, Coaster Step (Twice)**

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">-□□ , □□□ (□□)

1-2

Left Step (Rock) Forward, While Slightly Lifting Right Foot Off Floor □ **Right Lower Foot**

Back To Floor (Recover)

□□□□□ (□□□□□) , □□□□

3&4

Left - Step Back On (Ball Of) Foot □ Right - Step Together On (Ball Of) Foot □ Left - Step Forward

□□□□ , □□□□ , □□□□ (□ -□ -□)

5-6

Right - Step (Rock) Forward, While Slightly Lifting Left Foot Off Floor □ Left - Lower Foot Back To Floor (Recover)

□□□□ (□□□□), □□□□

7&8

Right - Step Back On (Ball Of) Foot □ Left - Step Together On (Ball Of) Foot □ Right - Step Forward

□□□□ , □□□□ , □□□□ (□ -□ -□)

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Angle Step Locks Forward, Shuffle Forward,1/4 Turn

(Left), Bump, Bump

mso-font-kerning:0pt">□□□□ , □□□ , □□ 1/4,

mso-font-kerning:0pt">□□

mso-font-kerning:0pt">, □□

1-2

Left - Step At An Angle Forward □ Right - Step Forward, Bringing Foot Behind Left Foot (Ankle Lock)

□□□□□□ , □□□□□□□□

3-4

Left - Step At An Angle Forward □ **Right - Step Forward, Bringing Foot Behind Left Foot**

(Ankle Lock)

□□□□□ , □□□□□□□

5&6

Left - Step Forward □ **Right - Step Together** □ **Left - Step Forward**

□□□□ , □□□□ , □□□□ **(Shuffle)**

Note: On Counts 5&6 Shuffle Diagonally Forward Towards 11 O'clock,

As Well As With The Step Locks Forward

□□ :□□ **11**□□□□□□□

7-8

Right - Turning 1/4 Turn Left, Step To Side While Bumping Right Hip To

Right □ **Left - Shift Weight To Foot And Bump Left Hip To Left**

□□ **90**□□□□□□□ , □□□□□□□