

SWEET ESCAPE

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Count: 96 **Wall:** 2 **Level:** Intermediate level

Choreographer: Alison Carrington & The Crew (UK) March 07

Music: The Sweet Escape by Gwen Stefani, ft. Akon (120 bpm)

INTRO- WAIT FOR 32 COUNTS - DANCE BEGINS WITH THE TAG & ENDS WITH THE TAG SEQUENCE: TAG , SECTION 1 TO 6, TAG, SECTION 1 TO 6, SECTION 1 TO 2, TAG, SECTION 2 TO 6. TAG, TAG, TAG TILL THE SONG FINISHES

TAG Slide right & touch, hip bumps, slide left & touch, hip bumps, full turns right & left

1,2,3&4 Take a big step to right on right & slide left to right, then hip bump left & right

5,6,7&8 Take a big step to left on left & slide right to left, then hip bump right & left

9,10,11,12 Make a full turn to right on right, left, right & touch left beside right & click

13,14,15,16 Make a full turn to left on left, right, left & touch right beside left & click

17 - 32 REPEAT TAG AGAIN

SECTION 1 Step, behind, heel & cross, step, touch & chasse, touch, touch, sailor 1/2, touch, touch, sailor 1/4

1,2,3&4 Step right to right, step left behind right, dig right heel forward, bring right to left & cross left over right

5,6,7&8 Step right to right, touch left beside right, step left to left, step right beside left, step left to left

9,10,11&12 Touch right forward, touch right to right side, make 1/2 sailor turn right on right, left, right

13,14,15&16 Touch left forward, touch left to left side, make 1/4 sailor turn left on left, right, left

SECTION 2 Right kick, ball, change x 2, rock forward, back & shuffle back, walk back & unwind 1/4, kick ball change x 2

1&2, 3&4 Kick right forward, step on ball of right, step on left, kick right forward, step on ball of right, step on left

5,6,7&8 Rock forward on right, rock back on left, shuffle back on right, left, right

9,10,11,12 Walk back on left, walk back right, take left behind right & unwind 1/4 turn left

13&14,15&16 Kick right forward, step on ball of right, step on left, kick right forward, step on ball of right, step on left

SECTION 3 Fwd right, lock,right,lock right,fwd left, lock,left,lock,left, step back & touch & click x 4

- 1,2,3&4** Step forward right, bring left behind right, step right forward, bring left behind right, step forward right
- 5,6,7&8** Step forward left, bring right behind left, step left forward, bring right behind left, step forward left
- 9,10,11,12** Step back on right & touch left to right & click, step back on left & touch right to left & click
- 13,14,15,16** Step back on right & touch left to right & click, step back on left & touch right to left & click

SECTION 4 REPEAT SECTION 3

SECTION 5 Touch, touch, cross shuffle, 4 x hip sways, touch, touch, cross shuffle, 4 x hip sways

- 1,2,3&4** Touch right toe over left, touch right toe to right side, cross shuffle to left on right, left, right
- 5,6,7,8** Hip sway left, right, left, right
- 9,10,11&12** Touch left toe over right, touch left toe to left side, cross shuffle to right on left, right, left
- 13,14,15,16** Hip sway right, left, right, left

SECTION 6 Kick, cross, kick, back & click x 3 alternate, bounce heels x 4 making 1/2 turn to left

- 1,2,3,4** Kick right forward, cross right over left & click, kick right forward, step back on right & click
- 5,6,7,8** Kick left forward, cross left over right & click, kick left forward, step back on left & click
- 9,10,11,12** Kick right forward, cross right over left & click, kick right forward, step back on right & click
- 13,14,15,16** Bounce on both heels x 4 as make 1/2 turn to left (weight on left)