

# Zip It!

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**Count:** 80

**Wall:** 2

**Level:** Phrased High Intermediate

**Choreographer:** Ryan Hunt (July 2010)

**Music:** "Shut Up (Album Version)" by Nick Lachey (109 BPM) [3:25]. From the SouLO Album

**Sequence: AB ABB A(24) ABB**

**Intro: Start after 32 counts (A - 48 Counts, B - 32 Counts)**

## SECTION A

**(The clock directions are the walls that you will be facing when you dance Section A starting on the 12:00 wall)**

**(1-8) STEP FORWARD, MAMBO STEP, TRIPLE FULL TURN, LIFT, RECOVER, ¼ SIDE CROSS**

**1-2&3** Step forward on R foot, Rock forward on L foot, Recover back on R foot, Step back on L foot

**4&5** Make a full turn R on the spot stepping R, L, R (12)

**6-7** Rock forward on L foot lifting R leg behind, Recover back on R foot

**8&** Make ¼ turn L stepping L to L side, Cross R over L (9)

**(9-16) PUSH ¼ TURN, PIVOT ¼ CROSS, SIDE, HINGE 1/8, CROSS BACK TOGETHER**

**1-2** Step L to L side pushing out with the L hip, Recover on R foot as you make ¼ turn R (12)

**3&4** Step forward on L, Pivot ¼ turn R, Cross L over R (3)

**5-6** Step R to R Side, Hinge 1/8 turn L and step L to L side and slightly back (1:30)

**7&8** Cross R over L, Step back on L, Step R next to L (1.30)

**(17-24) & ROCK RECOVER, 3/8 FORWARD, ¼ SIDE, SAILOR STEP, & BEHIND ¼ FORWARD**

**&1-2** Step slightly forward on L, Rock forward on R foot into the diagonal, Recover back on L foot (1:30)

**3-4** Make 3/8 turn R stepping forward on R (6), Make ¼ turn R stepping L to L side (9)

**5&6** Cross R behind L, Step L to L side, Step R to R side

**&7-8** Cross L behind R, Make ¼ turn R stepping forward on R, Step forward on L (12) \*\*\* Restart Point during 3rd A

**(25-32) MAMBO ¼ TURN, DRAG IN & CROSS, SIDE PRESS, RECOVER ¼, SHUFFLE ½ TURN**

- 1&2 Rock forward on R, Recover back on L, Make  $\frac{1}{4}$  turn R stepping R a big step to R side (3)
- 3&4 Drag L in towards R, Step L next to R, Cross R over L
- 5-6 Press out to L side on L foot, Recover back on R foot making  $\frac{1}{4}$  L (12)
- 7&8 Make  $\frac{1}{4}$  turn L stepping L to L side, Close R next to L, Make  $\frac{1}{4}$  turn L stepping forward on L (6)

**(33-40) SIDE, CROSS BEHIND, CHASSE  $\frac{1}{4}$  TURN, MAMBO  $\frac{1}{2}$  TURN, HITCH  $\frac{1}{4}$  PADDLE, HITCH  $\frac{1}{4}$  PADDLE**

- 1-2 Step R to R side, Cross L behind R
- 3&4 Step R to R side, Step L next to R, Make  $\frac{1}{4}$  turn R stepping forward on R (9)
- 5&6 Rock forward on L, Recover back on R, Make  $\frac{1}{2}$  turn L stepping forward on L (3)
- &7&8 Hitch R knee, Make  $\frac{1}{4}$  turn L and point R to R side, Hitch R knee, Make  $\frac{1}{4}$  turn L and point R to R side (9)

**(41-48) CROSS ROCK  $\frac{1}{4}$  TURN, TRIPLE FULL TURN, ROCK RECOVER BACK LOCK STEP,  $\frac{1}{2}$  TURN**

- 1&2 Cross Rock R over L, Recover back on L, Make  $\frac{1}{4}$  turn R stepping forward on R (12)
- 3&4 Make  $\frac{1}{2}$  turn R stepping back on L, Make  $\frac{1}{2}$  turn R stepping forward on R, Step forward on L (12)
- 5& Rock forward on R foot, Recover back on L foot
- 6&7 Step back on R foot, Lock L across R foot, Step back on R foot
- 8 Make  $\frac{1}{2}$  turn L stepping forward on L (6)

**SECTION B**

**(The clock directions are the walls that you will be facing when you dance Section B starting on the 6:00 wall)**

**(1-8) WALK R, WALK L, PIVOT  $\frac{1}{4}$  CROSS,  $\frac{1}{4}$  BACK SIDE CROSS SIDE BEHIND SIDE CROSS**

- 1-2 Walk forward on R, Walk forward on L
- 3&4 Step forward on R, Pivot  $\frac{1}{4}$  turn L, Cross R over L (3)
- 5&6& Make  $\frac{1}{4}$  turn R stepping back on L, Step R to R side, Cross L over R, Step R to R side (6)
- 7&8 Cross L behind R, Step R to R side, Cross L over R

**(9-16) & ROCK CROSS POINT, BEHIND & ¼ DRAG, ROCK BACK SIDE, SAILOR ½ FORWARD**

- &1&2** Rock R out to R side, Recover onto L, Cross R over L, Point L to L side (“When We Touch”)
- 3&4** Cross L behind R, Step R to R Side, Make ¼ turn R stepping L a big step to L side and dragging R in (9)
- 5&6** Cross Rock R behind L, Recover on L, Step R to R side
- 7&8** Cross L behind R, Make ½ turn L stepping R next to L, Step forward on L (3)

**(17-24) PUSH FROM HIPS, DIAGONAL ROCKING CHAIR, CROSS, BACK HESITATE, SIDE, CROSS, ¾ TURN**

- 1-2** Pushing with R hip step forward and to R diagonal, Pushing with L hip step forward and to L diagonal (1:30)
- 3&4&** Still facing L diagonal Rock forward on R, recover back on L, Rock back on R, recover forward on L (1:30)
- 5-6** Cross R over L, Step back on L straightening up to side wall (3)
- 7&8&** Step R to R side, Cross L over R, Make ¼ turn L stepping back on R, Make ½ turn L stepping forward on L (6)

**(25-32) STEP CLOSE POINT, BACK, OUT, OUT, & FORWARD, PIVOT ¼ CROSS, ¼ BACK, ½ FORWARD**

- 1&2** Step forward on R, Step L and close next to R foot, Point R foot forward (“When We Touch”)
- 3&4** Step back on R foot, Step L to L side, Step R to R side
- &5** Step L back to centre, Step forward on R
- 6&7** Step forward on L, Pivot ¼ turn R, Cross L over R (9)
- 8&** Make ¼ turn L stepping back on R (6), Make ½ turn L stepping forward on L (12)

**(You’re now ready to go forward on the R foot for either Section A or Section B)**

**END OF DANCE!**

**Sequence: AB ABB A(24) ABB**

**Restart: During the third A, dance the first 24 counts only and then restart from the beginning of A.**

**Note: This dance is only phrased to the version of the track which can be found on the SoulO album. The single version cannot be used.**

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