

# Sugar

LINEDANCE.COM

**Count:** 64

**Wall:** 2

**Level:** Improver / Intermediate

**Choreographer:** Lam Lam (HK - Feb2015)

**Music:** Sugar by Maroon 5

## **Intro: start on vocals**

**Restart : On wall 5, restart after 48 counts. Make a 1/4L, step L beside R on count 48, restart the dance facing 6:00**

**Ending : On wall 8, end at 16 counts.**

## **(1-8) R side rock, sailor cross, L side rock, sailor cross**

- 1 2 3&4** Rock R to side(1), recover back on L(2), step R behind L(3), step L to side(&), cross R over L (4)
- 5 6 7&8** Rock L to side(5), recover back on R(6), step L behind R(7), step R to side(&), cross L over R(8) 12:00

## **(9-16) Toe & Heel switches, pivot 1/2, kick ball change**

- 1&2&** Touch R toe to side(1), step R beside L(&), touch L toe to side(2), step L beside R(&)
- 3&4&** Touch R heel fwd(3), step R beside L(&), touch L heel fwd(4), step L beside R(&)
- 5 6 7&8** Step R fwd(5), pivot 1/2L(6), kick R fwd(7), step R down on ball(&), step L slightly fwd(8) 6:00

## **(17-24) Side, behind, back, heel & cross X 2**

- 1 2&3&4** Step R to side(1), step L behind R(2), step R slightly back with L heel touch diagonally fwd left(&3), step L in place(&), cross R over L(4)
- 5 6&7&8** Step L to side(5), step R behind L(6), step L slightly back with R heel touch diagonally fwd right(&7), step R in place(&), cross L over R(8)

## **(25-32) Mambo fwd on R, mambo back on L, paddle 1/4L X2**

- 1&2** Rock fwd on R(1), recover back on L(&), step back on R(2)
- 3&4** Rock back on L(3), recover weight fwd on R(&), step L fwd(4)
- 5 6 7 8** Step R fwd(5), pivot 1/4L(6), step R fwd(7), pivot 1/4L(8)12:00

## **(33-40) Shuffle fwd, pivot 1/2, X 2**

**1&2 3 4** Step R fwd(1), step L beside R(&), step R fwd(2), step L fwd(3), pivot 1/2R(4)

**5&6 7 8** Step L fwd(5), step R beside L(&), step L fwd(6), step R fwd, (7), pivot 1/2L (7) 12:00

**(41-48) 1/4L Hip bumps R L, sway RLR, touch L beside R**

**1&2** Make a 1/4 turn L step R to side bumping hip to RLR (1&2)

**3&4** Step L to side bumping hip LRL (3&4)

**5 6 7 8** Sway R, L, R, touch L beside R (5,6,7,8) 9:00

**(49-56) Side, behind, chasse 1/4L, Paddle 1/4L, cross shuffle**

**1 2 3&4** Step L to side(1), step R behind L(2), step L to side(3), step R beside L(&), 1/4L step L fwd (4)6:00

**5 6 7&8** Step R fwd(5), pivot 1/4L(6), cross R over L(7), step L to side(&), cross R over L(8) 3:00

**(57-64) Step, 1/2L, 1/4L side shuffle, jazz box, cross, touch**

**1 2 3&4** Step L fwd(1), 1/2L step back on R(2), 1/4L step L to side(3), step R beside L(&), step L to side (4) 6:00

**5 6&7 8** Cross R over L(5), step back on L(6), step R to side(&), cross L over R (7), touch R beside L(8) 6:00

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