

Take It To The Heart

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Count: — **Wall:** — **Level:** Phrased Intermediate / Advanced - NC2 / Cha Cha

Choreographer: Max Perry (5/22/08)

Music: "Take It To The Heart" Anthony Callea (iTunes) Australian Idol

Intro Part A The Night Club 2 Section

Nightclub Basic to 1 and ½ Traveling Pivot Right

1,2&3 Step L to left side, Rock R back, Step L in place, Turn ¼ right as you step R forward

4&5 Turn ½ right as you step L back, Turn ½ right and step R forward, Turn ¼ right and step L to left side

(starting another basic on the 6:00 wall)

6& Rock R back, Step L in place

Forward, Side, Cross Behind Turning ½ Right , Point, Cross Side Rock, Cross Side Rock

7&8& Turn ¼ right and step R forward, Turn ¼ right and step L to left side, Cross R behind L, Point L toe to left side (face 12:00)

1,2& Cross L over Right, Rock R to right side, Step L in place

(you may circle right arm under and over as you rock to the side)

3,4& Cross R over L, Rock L to left side, Step R in place

(circle L arm under and over as you rock to the left side)

Cross, Side, Behind, Ronde', Cross Side, In Front Ronde'

5&6& Cross L over R , Step R to right side, Cross L behind R, Circle R to right side

7&8& Cross R behind, Step L to left side, Cross R over L, Circle L to left side

Cross, Back, Forward Turning ¾ Left

1&2 Cross L over R, Step R back Turning left, Step L forward completing ¾ left turn to face the 3:00 wall -

(think of this as a move similar to a jazz box turning ¾ left)

½ Pivot Turn Left, Step Forward, Rock Forward, Step Back, Cross Unwind

3&4 Step R forward & turn ½ left, Step L in place, Step R forward

- 5&6,7** Rock L forward, Step R in place, Step L back, Step R back
- 8&** Cross L behind R, Unwind 1 full turn left with weight ending up on the right foot. (facing 9:00)

Part B The Cha Cha Section - Main Body Of The Dance

Side, Rock Step, Cha Cha Lock Forward, Syncopated Forward And Back Rocks

- 1,2,3** Step L to left side, Rock R back, Step L in place
- 4&5** Step R forward, Cross L up to and behind R, Step R forward
- 6&7&8&** Rock L forward, Step R in place, Rock L back, Step R in place, Rock L forward, Step R in place

Back, Side Cross, Forward Turning ½ Right, Forward Rock

- 1,2&3** Step L back, Turn ¼ right and step R to right side (face 12:00), Cross L over R, Turn ¼ right and step R forward (face 3:00)
- 4&** Rock L forward, Step R in place

Syncopated Sailor Shuffles

- 5,6&7** Step L to left side, Cross R behind L, Step L to left side, Step R in place
- &8&1** Cross L behind R, Step R to right side, Step L in place, Step R next to left (together)
- 4&5** Continue to turn ½ right as you step L,R,L

½ Pivot Turn to ½ Turn Cha Cha Basic Back

- 2,3** Step L forward & turn ½ right, Step Right in place

Moving back slightly on the cha cha cha

- 6,7** Rock R back, Step L in place (still face 3:00)

Cross Over Breaks With Touches

- 8&1** Step R to right side, Step L next to R, Step R to right side (turn toe out)
- &2,3** Quickly cross rock L over R, Touch R up to and behind L, Step R in place
- 4&5** Step L to left side, Step R next to L, Step L to left side (turn out L toe)
- &6,7** Cross rock R over L, Touch L up to and behind R, Step L in place
- 8&** Step R to right side, Step L next to R

Right Walk Around Turn (360), Right Walk Around (3/4)

- 1,2,3** Turn R toe out as you step R to right side, Step L forward and across L turning right, Step R in place continuing to turn - (try to get a full 360 on the 3 steps. If not then use the next 2)
- 4&** Step L to left side, Step R next to L
- 5,6,7** Step L to left side toe turned out, Step R forward and across L turning left, Step L in place continuing to turn but only 3/4
- 8&** Step R forward, Step L forward (6:00)

Basic To Knee Knee, Skate, Skate, Basic Forward & Back

- 1,2,3** Step R forward, Rock L forward, Step R in place
- 4&5** Step L back, Step R back, Step L next to R
- 6,7** Bend R knee over L knee, Bend L knee over R knee
- 8,1** Left Skate (swivel) forward, R Skate (swivel) forward

½ Pivot Turn to ½ Turn Cha Cha Basic Back

- 2,3** Step L forward & turn ½ right, Step Right in place
- 4&5** Continue to turn ½ right as you step L,R,L moving backward slightly on the cha cha cha's
- 6,7** Rock R back, Step L in place

Side Basic To Cross Over Breaks (regular ones)

- 8&** Step R to right side, Step L next to R
- 1,2,3** Step R to right side (toe turned out), Cross Rock L over R, Step R in place
- 4&** Step L to left side, Step R next to L
- 5,6,7** Step L to left side (toe turned out), Cross Rock R over L, Step L in place
- 8** Step R to right side

Cross Unwind

- 1,2,3,4** Cross L over Right, Unwind 360 right, weight on R foot.

End of Dance

How to Put it Together

After a 16 count intro, dance section A (the night club 2 section), then directly into the Cha Cha section.

Start over and do part A, then the Cha Cha part B.

On the bridge in the middle, you will do a shortened version of part A - dance the Nightclub section up to the cross side rocks, then step together.

Dance section B but leave off the Cross Unwind at the end, Dance the B again and Put the cross unwind on the very end of the dance.

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=75676