

# TREATED BAD

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**Count:** 32      **Wall:** 4      **Level:** Intermediate level

**Choreographer:** Bracken Ellis

**Music:** Who's Been Sleeping In My Bed by Bro'Sis

**Shut Up, Black Eyed Peas, CD: Elephunk**

**Version Notes: Using the Bro'Sis track, start the dance on the vocals and do the tag after the 1st wall**

**Using the Black Eyed Peas track, start the dance on 'We try to take it slow?' and do the tag after the 9th wall.**

## CROSS, SIDE, AND POINT, 1/2 TURN, ROCK AND CROSS, SIDE, POINT, 1/4 TURN

- 1, 2      Step R across (in front of) L, Step L to L side
- & 3      Step R next to L, Point L to L side
- 4      Bring L foot in as you spin 1/2 turn to L, weight ends on L (monterey style turn)
- 5&6      Rock R to R side, Recover weight to L, Step R across (in front of) L
- &7      Step L to L side, Point R to R side
- 8      Keeping weight on L, turn 1/4 R ending w/ R toe touched forward (R knee bent and slightly leaning back)

## STEP, 1/4 SKATE, SKATE, CROSS AND HEEL, SYNCOPATED WEAVE LEFT W/ TOUCH

- 1      Step slightly forward putting weight on R
- 2      Making 1/4 turn L, skate L forward
- 3      Skate R forward
- 4&5      Step L across (in front of) R, Step R back to R diagonal, Touch L heel forward on L diagonal
- &6&7&8      Step L to L side, Step R across (in front of) L, Step L to L side, Step R behind L, Step L to L side, Touch R next to L

## ROLLING 1 1/4 TURN RIGHT W/ ARMS\*, TOUCH BACK, TWIST 1/2 TURN, STEP

- 1      Making 1/4 turn R, step R forward
- 2      Making 1/2 turn R, step L back
- 3      Making 1/2 turn R, step R forward

- 4 Touch L next to R bending both knees slightly
- 5 Touch L toe back
- 6&7 Making 1/2 turn L, twist both heels RLR ending with weight on R and L toe forward with L knee bent
- 8 Step L forward

**\*Arms for counts 1-4: Count 1 ? R arm straight to R side (parallel to floor) and L arm bent with L hand near middle of chest and L elbow parallel to floor. Count 2 ? Slide L arm straight out to L side and R arm in to chest with elbow bent (opposite of Count 1). Count 3 ? Keeping arms parallel to floor, make a 1/2 circle in front of your body (straightening R arm to L diagonal first) to end up with arms in the same position as Count 1. Count 4 ? Arms down (relaxed dance position).**

### **WALK, WALK, SHUFFLE FORWARD, PIVOT AND STEP, 1/4 PADDLE, 3/4 PADDLE**

- 1,2 Walk forward R, L
- 3&4 Shuffle forward RLR
- 5&6 Step L forward, Pivot 1/2 to R, Step L forward
- 7 Making 1/4 turn L, point R to R side
- 8 Making 3/4 turn L, point R to R side

### **TAG (See Version Notes above)**

- 1,2 Step R across (in front of) L, Step L back
- &3 Step R to R side, Step L across (in front of) R
- 4 Tap R next to L