

# SUPERKING TWIST AND STOMP

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**Count:** 64

**Wall:** 4

**Level:** intermediate

**Choreographer:** Ros Brander-Stephenson

**Music:** Wastin' Time With You by Carlene Carter

- 1-4** Step right foot out to right side, slide left foot in next top right, cross right over front of left and pause (while clapping hands once)
- 5-8** Step left foot out to left side, slide foot right next to left, cross left over front of right and pause (while clapping hands once)
- 9-12** Step right to right side, step left behind right, step right to right side, touch left next to right
- 13-16** Step left to left side, step right behind left, step left to left side, touch right next to left
- 17-18** Place right toe to floor and snap right heel to floor
- 19-20** Place left toe to floor and snap left heel to floor. (these steps should be done traveling backwards.)
- 21-24** Touch right foot out to right side, touch right foot next to left, with weight on left make a half turn right, touch left foot out to right side, then touch left next to right.(steps 21 to 24 are a Monterey turn.)
- 25-32** Repeat steps 17-24
- Steps 33-48 should be done traveling forward.**
- 33-36** Place right toe to floor towards the left instep, place right heel to floor, stomp whole foot on floor and pause
- 37-40** Place left toe to floor towards the right instep, place left heel to floor, stomp whole foot on floor and pause
- 41-48** Repeat steps 33-40

**49-52** With weight on left side, stomp right foot twice to floor, kick right foot forward twice

**53-56** Repeats steps 49 -52

**57-60** Step back on right, step back on left foot, step forward on right foot and hold

**61-64** As you keep both knees like bent, swivel on the balls of both feet making quarter turn left, straighten knees on last count

**REPEAT**