

SEVEN YEAR ITCH

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Count: 32 **Wall:** — **Level:** —

Choreographer: Trent & Mary Cummings

Music: Seven Year Ache by Trisha Yearwood

Position: Right Open Promenade, lady on right, hands joined in single hand hold position, opposite footwork

STEP, LOCK, STEP, TOUCH, STEP, LOCK, STEP, TOUCH

1-2MAN: Step left foot at 45 degree angle (left), lock right foot behind left

LADY: Step right foot at 45 degree angle (right), lock left foot behind right

3-4MAN: Step left foot at 45 degree angle (left), touch right foot next to left

LADY: Step right foot at 45 degree angle (right), touch left foot next to right

5-6MAN: Step right foot at 45 degree angle (right), lock left foot behind right

LADY: Step left foot at 45 degree angle (left), lock right foot behind left

7-8MAN: Step right foot at 45 degree angle (right), touch left foot next to right

LADY: Step left foot at 45 degree angle (left), touch right foot next to left

VINE APART, CLAP, VINE TOGETHER WITH $\frac{1}{4}$ TURN

Release hands on vine, turn to face each other, and rejoin in the Closed Position Optional rolling turn for Steps 9-12: Man turns one full turn left, lady turns one full turn right

9-10MAN: Step left with left foot, step behind with right foot

LADY: Step right with right foot, step behind with left foot

11-12MAN: Step left with left foot, touch right foot next to left and clap

LADY: Step right with right foot, touch left foot next to right and clap

Optional rolling turn for Steps 13-16: Man turns one full turn right, lady turns one full turn left

13-14MAN: Step right with right foot, step behind with left foot

LADY: Step left with left foot, step behind with right foot

15-16MAN: Turn $\frac{1}{4}$ right and step down on right foot, touch left foot next to right

LADY: Turn $\frac{1}{4}$ left and step down on left foot, touch right foot next to left

Rejoined in the Closed Position

STEP SLIDES TOWARD LOD, WALK TOWARD CENTER OF CIRCLE

Man's left and lady's right hands joined - lady turns under man's left arm Lady's optional rolling full turn to the right for Steps 17-20:

17-18MAN: Step left foot to the left, slide right foot next to left

LADY: Step right foot to the right, slide left foot next to right

19-20MAN: Step left foot to the left, touch right foot next to left

LADY: Step right foot to the right, touch left foot next to right

21-24MAN: Walk backward (towards center of circle), right-left-right, touch left

LADY: Walk forward (towards center of circle), left-right-left, touch right

TURN TOWARDS LOD, AND WALK ON A 45 DEGREE ANGLE TOWARDS OLOD, KICK AS YOU TURN, REJOIN HANDS IN RIGHT OPEN PROMENADE POSITION, SINGLE HAND HOLD

25-28MAN: Turn $\frac{1}{4}$ left (toward LOD) and step down on the left foot, then angling 45 degrees toward OLOD, step right, left, and kick right foot forward

LADY: Turn $\frac{1}{4}$ right (toward LOD) and step down on the right foot, then angling 45 degrees toward OLOD, step left, right, and kick left foot forward

WALK BACK, HOOK

As you begin to walk back, straighten up to face LOD squarely

29-32MAN: Walk back right, left, right, hook left foot in front of right

LADY: Walk back left, right, left, hook right foot in front of left

REPEAT