

TENDER HEART

LINEDANCE.COM

Count: 56

Wall: 4

Level: intermediate

Choreographer: Pauline Hayward

Music: Tender Heart by Lionel Richie

SLOW RUMBA SLIDE, CROSS ROCK, RIGHT AND LEFT

1-4 Step right to side slide left slowly to right cross over left rock back right

5-8 Step left to side slide right slowly to left cross over right rock back left

GRAPEVINE $\frac{1}{4}$ TURN, SHUFFLE, $\frac{1}{2}$ PIVOT, FULL-TURN, LOCK STEP

1-4 Step right to side, cross left behind right, step forward right making $\frac{1}{4}$ turn right, close left to right, step forward right

5-8 Step left forward $\frac{1}{2}$ pivot to right, make full turn right, stepping left & right

9-12 Step left forward lock right behind left step forward left touch right next to left

ROLL HIPS, STEP FORWARD, STEP BACK WITH SLIDE

1-4 Step right to side roll hips right left right left

5-8 Step forward right slide left to right step left & right

9-12 Step back left, body angle left, bring right to left with long slide, step right & left

RONDE RIGHT, $\frac{1}{4}$ TURN, RONDE LEFT, GRAPEVINE RIGHT, TOE TOUCHES, $\frac{1}{4}$ TURN

1-4 Step forward right, making $\frac{1}{4}$ turn left, raise left off floor, cross left behind right, step right

5-8 Step left to side, raise right off floor, cross right behind left, step left

9-12 Step right to side, cross left behind right step right to right side touch left next to right

13-16 Point left to side, touch left next to right, step left forward making $\frac{1}{4}$ left, touch right next to left

ROCK FORWARD AND BACK, WITH $\frac{1}{4}$ TURN, TOE TOUCHES

1-4 Rock right forward, rock back onto left, step right next to left, touch left beside right

5-8 Rock left back, making $\frac{1}{4}$ turn right, rock forward right, step left next to right touch right beside left

REPEAT

TAG

Repeat Section 5 after 2nd, 4th & 7th repetitions

5th repetition, dance counts 1-32 only

6th repetition, add 4 rolling hips right-left-right-left

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=42369