

# SHO-ME SHUFFLE

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**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Harold R. & Margaret Glenn

**Music:** Two Good Reasons by Kenny Rogers

## SWIVETS, STEP- PIVOT LEFT, STOMP, CLAP

- 1 On the heel of right foot and ball of left foot, swivel right toe to the right and left heel to the left
- 2 Bring feet back together
- 3-4 Repeat counts 1-2
- 5 Step forward on right foot and pivot  $\frac{1}{2}$  turn to the left on ball of foot
- 6 Shift weight forward to left foot
- 7 Stomp right foot slightly forward
- 8 Clap hands (feet are apart with right foot slightly forward)

## HIP BUMPS, HIP ROLLS, BACKWARD SHUFFLES

- 9-10 Bump right hip forward twice
- 11-12 Bump left hip backward twice
- 13 Roll hips forward and down
- 14 Roll hips backward and up
- 15-16 Repeat counts 13-14 (weight ends up on left foot)
- 17&18 Shuffle backward (right, left, right)
- 19&20 Shuffle backward (left, right, left)

## DIAGONAL STEP-SLIDES, SIDE SHUFFLE

- 21 Step forward and diagonally right on right foot
- 22 Slide left foot up next to right and step
- 23 Step forward and diagonally right on right foot
- 24 Touch left foot next to right instep (left foot brush forward is optional here)
- 25 Step forward and diagonally left on left foot
- 26 Slide right foot up next to left and step

- 27** Step forward and diagonally left on left foot
- 28** Touch right foot next to left instep (right foot brush forward is optional here)
- 29&30** Shuffle sideways to the right (right, left, right)

### **CROSS ROCKS, SIDE SHUFFLE, CROSS HEEL DIGS**

- 31** Cross left foot over in front of right and rock onto left foot
- 32** Rock back on right foot
- 33&34** Shuffle sideways to the left (left, right, left)
- 35** Cross right foot in front of left toe and put weight onto right heel
- 36** Step to the left on left foot (as you step left, your right toe will fan slightly to the right)
- 37-38** Repeat counts 35-36
- 39-40** Repeat counts 35-36

### **KICK-BALL CHANGES, MILITARY TURN LEFT, STOMP, STOMP**

- 41** Kick right foot forward
- &** Step on ball of right foot next to left
- 42** Step left foot next to right
- 43&44** Repeat counts 41&42
- 45** Step forward on right foot and pivot  $\frac{1}{4}$  turn to the left on ball of foot
- 46** Shift weight forward to left foot
- 47** Stomp right foot next to left
- 48** Stomp left foot shoulder width apart begin again

### **REPEAT**