

# SHAKE A LEG

LINEDANCE.COM

**Count:** 40

**Wall:** 4

**Level:** —

**Choreographer:** Greg Underwood

**Music:** Cat Walk by Lee Roy Parnell

## SIDE CROSS, CHANEE' TURN (SPIN) AND SIDE SHUFFLE WITH ROCK

- 1-2 Step side right, cross behind left
- 3-4 Step to right with right making  $\frac{1}{4}$  turn right, turn  $\frac{3}{4}$  to right as you pull left foot to right
- 5&6 Side shuffle to right (right, left, right)
- 7-8 Rock step back, step in place (left, right)

## SIDE CROSS, CHANEE' TURN (SPIN) AND SIDE SHUFFLE WITH ROCK

- 1-2 Step side left, cross behind with right
- 3-4 Step to left with left making  $\frac{1}{4}$  turn left, turn  $\frac{3}{4}$  to left as you pull right foot to left
- 5&6 Side shuffle to left (left, right, left)
- 7-8 Rock step back, step in place (right, left)

## MONTEREY TURNS RIGHT & LEFT, "SHAKE A LEG"

- 1-2 Touch right toe side, pull right to left as you turn  $\frac{1}{2}$  to the right
- 3-4 Touch left toe side, pull left to right as you turn  $\frac{1}{2}$  left
- 5-6 Touch right toe side, turn  $\frac{1}{4}$  right as you kick forward right, (weight on left foot)
- 7-8 Turn  $\frac{1}{4}$  right as you kick right, turn an additional  $\frac{1}{4}$  right as you kick right

## BACK THREE, HITCH, FORWARD THREE, SCUFF

- 1-4 Step back, back, back, hitch (right, left, right, left)
- 5-8 Step forward, slide together, step forward, scuff (left, right, left, right)

## MARCH IN PLACE, JAZZ JUMP BACK, JUMP TOGETHER, JUMP FORWARD

- 1-2 Step together, step in place (right, left)

- &3-4** Step back & slightly side, step back & slightly side, clap (jazz jump back) (this looks like a jump back with feet apart)
- 5-6** Jump as you bring feet together, jump forward both feet
- 7** Hold
- &8** Step in place right, step in place left

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=37799](https://www.linedance.com/index.php?f=dance_view&id=37799)