

# Spread It Around

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**Count:** 32      **Wall:** 4      **Level:** Easy Intermediate

**Choreographer:** David Spencer (UK) Sept 2012

**Music:** "Spread A Little Love Around" by Darryl Worley. CD: "I Miss My Friend"

## 16 count intro - Start on vocals

### Mambo 1/2 Turn Right, Lock Step Forward, Step 1/4 L Cross, 1/2 Turn R Cross.

**1 & 2**      Rock forward on R. Recover back on L. 1/2 turn R stepping forward on R.

**3 & 4**      Step forward on L. Lock R behind L. Step forward on L.

**5 & 6**      Step forward on R. Pivot 1/4 turn L. Cross R over L.

**7 & 8 1/4 turn R stepping back on L. 1/4 turn R stepping R to R side. Cross L over R. [9.00]**

### Diagonal Step Touches, Lock Step Back, Back Rock 1/2 Turn R, 3/4 Turn R.

**1 &**      Step forward on R to R diagonal. Touch L next to R.

**2 &**      Step back on L to L diagonal. Touch R next to L.

**3 & 4 (Angling body slightly to R) Step back on R. Lock L over R. Step back on R.**

**5 & 6**      Rock back on L. Recover forward on R. 1/2 turn R stepping back on L.

**7 - 8 1/2 turn R stepping forward on R. 1/4 turn R stepping L to L side. [12.00]**

### Easier option for counts 5 - 6

**5 & 6L Back rock step forward L. 7-8 Step forward R. 1/4 R stepping L to L side.**

### R Sailor, Weave Behind & Cross, 1/2 Turn L Step Forward, L Lock Step (or Triple Full Turn)

**1 & 2**      Cross R behind L. Step L to L side. Step R to R side.

**3 & 4**      Cross L behind R. Step R to R side. Cross L over R.

**5 & 6 1/4 turn L stepping back on R. 1/4 turn L stepping forward on L. Step forward R.**

**7 & 8L Lock step forward (or triple full turn R travelling forward). [6.00]**

### Mambo 1/4 Turn Right. Weave R. R Side Rock & Cross. L Half Rumba Box.

**1 & 2**      Rock forward on R. Recover back on L. 1/4 turn R stepping R to R side.

**3&4&** Cross L over R. Step R to R side. Cross L behind R. Step R to R side.

**5&6&** Cross L over R. Rock out to R on R. Recover on L. Cross R over L.

**7 & 8** Step L to L side. Close R next to L. Step forward L. [9.00]

**TAG: At the end of walls 2 [facing 6.00] and 4 [facing 12.00], a 16 count tag is required.**

**Mambo Step. Cross Back 1/2 Turn L. Step 1/2 L Step Forward. 3 Runs Forward.**

**1 & 2** Rock forward on R. Recover back on L. Step back on R.

**3 & 4** Cross L over R. Step back on R. 1/2 L stepping forward on L.

**5 & 6** Step forward on R. Pivot 1/2 turn L. Step forward on R.

**7 & 8 “Run” forward on L-R-L.**

**Easier option for counts 3 - 6**

**3 & 4** Cross L over R. Step back on R. Step back on L.

**5 & 6** Rock back on R. Recover forward on L. Step forward on R.

**9 - 16** Repeat above 8 Counts.

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