

SEXY OLD MAN

LINEDANCE.COM

Count: 48

Wall: 4

Level: beginner/intermediate nightclub

Choreographer: Bobby Joe Meadows & Barbara Brown

Music: Trying So Hard by William Clarke

LINDY RIGHT, ROCK BACK, RECOVER, LINDY LEFT, ROCK BACK, RECOVER

- 1&2** Step right foot to right side, step together with left foot, step right foot to right side
- 3-4** Rock back with ball of left foot, replace weight forward to right foot
- 5&6** Step left foot to left side, step together with right foot, step left foot to left side
- 7-8** Rock back with ball of right foot, replace weight forward to left foot

LINDY RIGHT, ROCK BACK, RECOVER, LINDY LEFT, ROCK BACK, RECOVER

- 1&2** Step right foot to right side, step together with left foot, step right foot to right side
- 3-4** Rock back with ball of left foot, replace weight forward to right foot
- 5&6** Step left foot to left side, step together with right foot, step left foot to left side
- 7-8** Rock back with ball of right foot, replace weight forward to left foot

FORWARD SHUFFLES-ROCK-RECOVER

- 1&2** Shuffle forward right-left-right
- 3** Rock forward left
- 4** Rock back right
- 5&6** Shuffle back left-right-left
- 7** Rock back right
- 8** Rock forward left

FORWARD SHUFFLES-ROCK ¼ TURN LEFT STEP

- 1&2** Shuffle forward right-left-right
- 3** Rock forward left
- 4** Rock back right
- 5&6** Shuffle back left-right-left
- 7** Rock back right
- 8** Turn ¼ turn left step forward left

SHUFFLE FORWARD RIGHT, LEFT, RIGHT, LEFT RIGHT LEFT (2 TIMES):

1&2 Right, left, right

3&4 Left, right, left

5&6 Right, left, right

7&8 Left, right, left

SAILOR SHUFFLES

1&2 Step right crossed behind left, step left to left side, step right to right side

3&4 Step left crossed behind right, step right to right side, step left to left side

5&6 Step right crossed behind left, step left to left side, step right to right side

7&8 Step left crossed behind right, step right to right side, step left to left side

REPEAT